

Curriculum Map Overview

Academic Year: 2026-2027



Year Group	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Foundation	Locomotion Walking Learning through Play Playing through games	Dance Ourselves Hands 1 Ball Skills Hands 1	Gymnastics High, Low, Over, Under Dance Nursery Rhymes	Hands 2 Ball Skills Hands 2 Gymnastics Moving	Locomotion Jumping Feet Ball Skills Feet	Attack v Defence Games For Understanding Rackets, Bats and Balls Rackets, Bats, Balls and Balloons
Year 1	Learning through Play Playing Games Running Running	Dance Heroes Hands 1 Ball Skills Hands 1	Feet Ball Skills Feet Gymnastics Wide, Narrow, Curled	Health and Wellbeing Health and Wellbeing Hands 2 Ball Skills Hands 2	Jumping Jumping Rackets, Bats and Balls Rackets, Bats and Balls	Attack v Defence Games For Understanding Dance Growing
Year 2	Hands 1 Ball Skills Hands 1 Gymnastics Linking	Attack v Defence Games For Understanding Dance Water	Gymnastics Pathways Rackets, Bats and Balls Rackets, Bats and Balls	Locomotion Jumping Feet Ball Skills Feet	Sticks Ball Skills Sticks Hands 2 Ball Skills Hands 2	Locomotion Dodging Team Building Team Building

Year Group	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 3	Multi Discipline Sports Triathlon Swimming Swimming	Swimming Swimming Invasion Hockey	Gymnastics Canon and Unison Invasion Basketball	Gymnastics Symmetry & Asymmetry Invasion Tag Rugby	Athletics Athletics Athletics Athletics: Throwing & Jumping Dance Wild Animals	Custom Custom Net/Wall Tennis
Year 4	Health and Wellbeing Mindfulness Game Sense Game Sense Invasion	Invasion Netball Swimming Swimming	Invasion Basketball Swimming Swimming	Dance Space Striking Golf	Athletics Athletics: Throwing & Jumping Net/Wall Tennis	Striking & Fielding Cricket Athletics Athletics
Year 5	Dance The Circus Invasion Tag Rugby	Outdoor Adventure Activities Challenging Collaboration	Health and Wellbeing Health Related Exercise Gymnastics Flight	Dance Street Art Invasion Dodgeball	Striking Golf Multi Discipline Sports Triathlon	Athletics Athletics Striking & Fielding Rounders
Year 6	Game Sense Game Sense Invasion Outdoor Adventure Activities Leadership	Invasion Tag Rugby Gymnastics Creating Sequences	Invasion Basketball Athletics Running	Swimming Swimming Invasion Football	Outdoor Adventure Activities Orienteering Health Related Exercise Health Related Exercise	Athletics Athletics Striking & Fielding Cricket