



St. Wilfrid's CE Primary Academy Curriculum Overview 2026-2027



PSHE and RSE

Year	Autumn Term		Spring Term		Summer Term	
All Year Groups:	PSHE and RSE supports children to develop the knowledge, skills and attributes they need to live healthy, safe and fulfilling lives and prepare for life in modern Britain. Through age-appropriate, inclusive and engaging lessons, children explore relationships, health and wellbeing, personal safety, online safety, and the changes they experience as they grow. Children develop their ability to communicate effectively, make informed and responsible choices, recognise and manage emotions, set boundaries and respect themselves and others. The curriculum also supports children to understand risk, develop resilience and navigate the opportunities and challenges of everyday life, both online and offline. Relationships Education and Health Education are statutory, with age-appropriate RSE supporting children’s understanding of themselves, their relationships and growing up.					
1	Living and Working Together: Understanding Ourselves and Others	Our Feelings, Our Friends	Working Together in Our Community	Keeping Safe: At Home, Online, and in Our Community	Caring for People, Places, and Our Planet	Growing Healthy and Happy: Taking Care of Me and Others
2	Being Me and Building Friendships	Keeping Safe and Being Kind: Understanding Myself and Others	Understanding Ourselves, Our Families, and Our Feelings	Taking Care of Me: Staying Healthy and Safe	Using the Internet Safely and Respectfully	Everyday Choices: Caring, Money, and Staying Safe Online
3	Relationships: Families, Friends, and Feeling Safe	Staying Healthy and Happy	Rights, Responsibilities, and Caring for Our World	Keeping Safe and Respecting Privacy: Staying Safe Online and Offline	Healthy Minds, Happy Hearts	Growing My Future: Learning About Me and My Dreams
4	Friendships and Belonging: Building Positive Relationships In-Person and Online	Staying Safe and Healthy	My Body, My Choice: Understanding Boundaries and Respect	Careers without Limits: Exploring Choices and Challenging Stereotypes	Looking After Our Feelings and Wellbeing	Money Matters: Making Smart Choices
5	Friendships - How to Make Them, Keep Them, and Stay Safe	Discovering Me- Identity, Strengths, and Growth	Understanding Bullying, Keeping Safe, and Standing Up for Others	Using the Internet and Social Media Safely and Smartly	Staying Safe with Medicines and Everyday Drugs	Making Money Choices - Spending, Saving and Staying Safe
6	Love, Commitment, and Family Diversity	Understanding Puberty and Growing Up	Respecting Others, Respecting Ourselves	Celebrating Our Community- Respecting Differences and Working Together	Respecting Everyone- Challenging Stereotypes and Discrimination	Safety First- Smart Choices Everywhere