



St. Wilfrid's CE Primary Academy Curriculum Overview 2026-2027



Physical Education

Year	Autumn Term		Spring Term		Summer Term	
All Year Groups:	Physical Education develops children’s physical competence, confidence and enjoyment through a broad range of activities and sports. Children from Year 2 to Year 6 are taught by a specialist PE teacher, developing skills in games, athletics, gymnastics, dance and outdoor and adventurous activities. Children learn to apply, develop and evaluate their physical skills, working individually and collaboratively and taking part in intra-school and inter-school competitive sports and events. PE promotes teamwork, fairness, respect and resilience, while encouraging children to remain physically active and lead healthy, active lives.					
1	Fundamental Movement Skills Dance	Fundamental Movement Skills Dance	Gymnastics Dance	Gymnastics Dance	Racket and ball games Creating games with others	Sending and Receiving Games Athletics
2	Fundamental Movement Skills Dance Swimming	Invasion Games Dance Swimming	Athletics Swimming	Gymnastics Swimming	Racket and ball games Swimming	Striking and fielding Swimming
3	Invasion Games Swimming	Net Games Tennis Swimming	Sportshall Athletics Swimming	Gymnastics Swimming	Striking and Fielding Games Rounders Swimming	Outdoor Adventurous Activities Swimming
4	Invasion Games Swimming	Net Games Tennis Swimming	Sportshall Athletics Swimming	Gymnastics Swimming	Striking and Fielding Games Rounders Swimming	Outdoor Adventurous Activities Swimming
5	Invasion Games Swimming	Net Games Volleyball Swimming	Sportshall Athletics Swimming	Gymnastics Swimming	Striking and Fielding Games Cricket Swimming	Outdoor Adventurous Activity Swimming
6	Invasion Games Swimming	Net Games Volleyball Swimming	Sports hall Athletics Swimming	Gymnastics Swimming Safe Self-Rescue	Striking and Fielding Games Cricket Swimming	Outdoor Adventurous Activity Swimming

* As part of the Physical Education curriculum, a focussed term of dance, is planned every two years. In KS1, children perform dances using simple movement patterns. In KS2, children perform dances using a range of movement patterns.

A biennial dance festival takes place for the whole school, which gives the children at all levels an opportunity to work on specialist choreography, create, practise and perform onstage in front of an audience in a professional environment with costumes, lighting and sound.