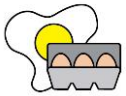
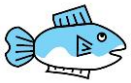
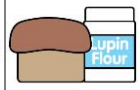
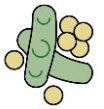
DISHES AND THEIR ALLERGEN CONTENT – SEFTON CATERING SERVICES

DISHES														
	Celery	**Cereals containing gluten**	**Crustaceans**	**Eggs**	**Fish**	**Lupin**	**Milk**	**Mollusc**	**Mustard**	**Nuts**	**Peanuts**	**Sesame seeds**	**Soya**	**Sulphur Dioxide**
Week 2														
Veggie Sausage, Mixed Veg, Mashed Potato & Gravy		May √ Wheat					√						√	
Chicken Nuggets, Mixed Veg Rice with Curry or BBQ Sauce		√ Wheat/Spelt/Kamut May Barley/Rye/Oats					√						May ✓	
Beefburger in Bun, Onions, Ketchup & Seasoned Potato Wedges		√ Wheat Spelt Kamut										May √	√	
Vegetable Dippers, Baked Beans & seasoned Potato Wedges		√ Wheat Spelt Kamut												
Roast Turkey, Roast Potatoes, Carrots, Sweetcorn & Gravy		May √ Gluten											√	√
Quorn & Veg Pie, Roast Potatoes, Carrots & Sweetcorn & Gravy		√ Wheat Spelt Kamut		√									√	√
Chicken Korma, Basmati Rice and Naan Bread		√ Wheat		√			√						May √	
Veggie Meatballs in Tomato sauce with Pasta Spirals & Garlic Bread		√ Wheat Barley/Spelt/Kamut		√			√						May √	

Review date:

Reviewed by:



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