

Infectious Disease Guidance Pack for Educational Settings



Contents

Glossary of Terms	3
Introduction	4
Key contacts	5
Infectious Disease Flow Chart	6
Athletes Foot – Action Card	7
Chickenpox and Shingles – Action Card	8
Cold Sores – Action Card	9
Conjunctivitis – Action Card	10
Cryptosporidiosis – Action Card	11
Diarrhoea and Vomiting – Action Card	12
E-coli (STEC) – Action Card	13
Food Poisoning – Action Card.....	14
Giardiasis – Action Card	15
Glandular Fever – Action Card.....	16
Group A Streptococcus (GAS) – Action Card	17
Hand, Foot and Mouth Disease – Action Card.....	18
Head Lice – Action Card	19
Hepatitis A – Action Card	20
Hepatitis B – Action Card	21
Hepatitis C – Action Card	22
Impetigo – Action Card	23
Influenza– Action Card.....	24
Invasive Group A streptococcus – Action Card.....	25
Measles – Action Card	26
Meningitis – Action Card.....	27
Meningococcal Meningitis and Septicaemia – Action Card.....	28
MRSA – Action Card.....	29
MPOX – Action Card	30
Mumps – Action Card	31
Norovirus – Action Card.....	32
Norovirus – Action Card.....	32
PVL-SA - Action Card.....	33
Respiratory Infections (Inc Covid-19) – Action Card	34
Ringworm - Action Card.....	35
Rotavirus - Action Card	36

Rubella - Action Card	37
Scabies - Action Card	38
Scarlet Fever - Action Card	39
Slapped Cheek Syndrome - Action Card.....	40
Threadworm - Action Card.....	41
Tuberculosis (TB) - Action Card	42
Typhoid and Paratyphoid - Action Card	43
Whooping Cough - Action Card	44
Appendix 1: Contacts.....	45
Appendix 2: Cleaning & disinfecting the school/nursery environment	46
Appendix 3: Further Resources	48
Appendix 4: Gastroenteritis and Norovirus Factsheet	49
Appendix 5: Hand Hygiene.....	50

Version	Updates	Date
V6	- Flowchart moved to the beginning of the document. - Some minor wording changes.	16.05.2025
V6.1	Bi-annual review with some minor wording changes	13.03.2026

Glossary of Terms

Local HPT	Cheshire & Merseyside Health Protection Team
PPE	Personal Protective Equipment
UKHSA	UK Health Security Agency

Introduction

The following guidance pack has been designed to support you to manage infectious diseases within your school, educational, or early years environment. The action cards provided can be used as a tool to support record keeping in the event of an incident. Please note, this document does not override current governance processes within your place of work. This document is owned and managed by your local Public Health Team with the support of the 3 Boroughs Infection Prevention Control Team. Please contact your local Public Health Team for any questions or queries relating to this guidance pack. This is supplementary to [Managing specific infectious diseases: A to Z - GOV.UK](#).

Disclaimer

The developers of this template are not liable for any errors, omissions, or actions taken based on the content provided. This guidance is accurate at the time of writing. Users should ensure that the template aligns with their local policies and procedures before implementation

Key contacts

Additional contact details can be found in Appendix 1.

UKHSA C&M Health Protection Team:

0344 225 0562
candmhpu@ukhsa.gov.uk

Infection Prevention and Control Team:

01925 946976
bchft.3boroughsinfectioncontrol@nhs.net

Local Authority Public Health Departments:

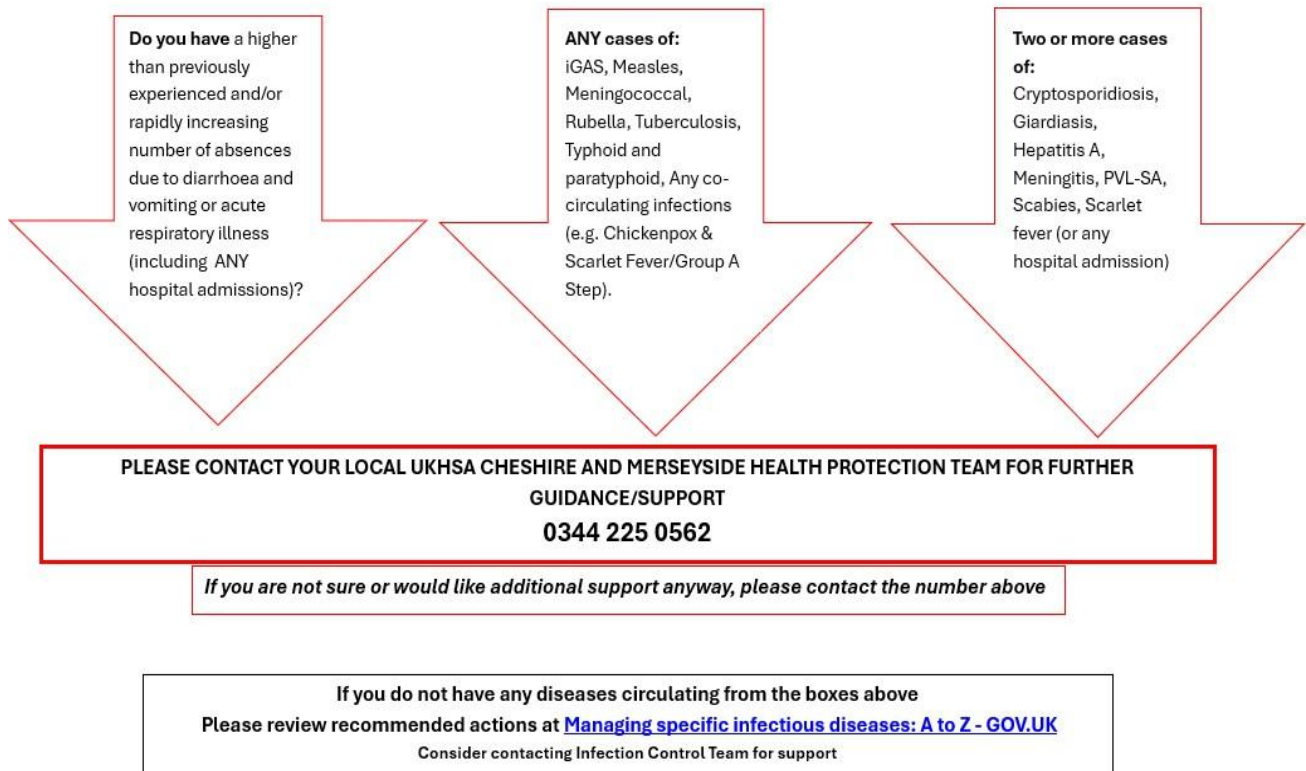
Warrington Public Health Department publichealth@warrington.gov.uk

Halton Public Health Department 0151 511 5200
Public.health@halton.gov.uk

St Helens Public Health Department HealthProtectionStHelens@sthelens.gov.uk

Infectious Disease Flow Chart

Managing Specific Disease Flowchart



Key Contacts	
UKHSA C&M Health Protection Team	0344 225 0562
Infection Prevention & Control Team	01925 494976

Athletes Foot – Action Card

YOU DO NOT NEED TO REPORT TO THE UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM

Exclusion is not required.

Advisory Action (includes tick boxes)

1. **Contact:** You do not need to contact the UK Health Security Agency Cheshire and Merseyside health protection team (HPT). **Action Complete:** ☐
2. **Exclude:** You do not need to exclude individuals from the setting. **Action Complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads. **Action Complete:** ☐
4. **Implement:** Implement actions as outlined in the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)). **Action Complete:** ☐

Chickenpox and Shingles – Action Card

REPORT TO THE UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM IF YOU HAVE CASES OF CHICKENPOX AND CASES OF SCARLET FEVER ALSO CIRCULATING

Exclusion is recommended.

Advisory Action (includes tick boxes)

1. **Contact:** Contact the UKHSA Cheshire and Merseyside Health Protection Team (see Appendix 1 for contact details) if there are cases of Scarlet Fever also circulating. **Action Complete:** ☐
2. **Exclude:** Send any individual with chickenpox home. Keep the individual away from the setting for at least 5 days from the onset of the rash and until all blisters have crusted over (if chickenpox) or can be covered (shingles). **Action Complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads. **Action Complete:** ☐
4. **Implement:** Implement actions as advised by UKHSA Cheshire and Merseyside Health Protection Team or 3 boroughs IPC team (refer to appendices where appropriate). **Action Complete:** ☐

Cold Sores – Action Card

YOU DO NOT NEED TO REPORT TO THE UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM

Exclusion is not required.

Advisory Action (includes tick boxes)

1. **Contact:** You do not need to contact the UK Health Security Agency Cheshire and Merseyside health protection team (HPT). **Action Complete:** ☐
2. **Exclude:** You do not need to exclude individuals from the setting. **Action Complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads. **Action Complete:** ☐
4. **Implement:** Implement actions as outlined in the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)). **Action Complete:** ☐

Conjunctivitis – Action Card

YOU DO NOT NEED TO REPORT TO THE UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM

Exclusion is not required.

Advisory Action (includes tick boxes)

1. **Contact:** You do not need to contact the UK Health Security Agency Cheshire and Merseyside health protection team (HPT). **Action Complete:** ☐
2. **Exclude:** You do not need to exclude individuals from the setting. **Action Complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads. **Action Complete:** ☐
4. **Implement:** Implement actions as outlined in the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)). **Action Complete:** ☐

Cryptosporidiosis – Action Card

ONLY REPORT TO THE UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM IF THERE ARE 2 OR MORE CASES WITH CRYPTOSPORIDIOSIS

Exclusion is recommended.

Advisory Action (includes tick boxes)

1. **Contact:** Contact the UKHSA Cheshire and Merseyside Health Protection Team (see Appendix 1 for contact details) if there are 2 or more cases of Cryptosporidiosis in your setting. **Action Complete:** ☐
2. **Exclude:** Exclude the infected individual until 48 hours after symptoms have stopped and they are well enough to return. **Action Complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads. **Action Complete:** ☐
4. **Implement:** Implement actions as advised by UKHSA Cheshire and Merseyside Health Protection Team or 3 boroughs IPC team (refer to appendices where appropriate). **Action Complete:** ☐

Diarrhoea and Vomiting – Action Card

ONLY REPORT TO THE UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM IF THERE ARE RAPIDLY INCREASING ABSENCES DUE TO DIARRHOEA AND VOMITING

Exclusion is recommended.

Advisory Action (includes tick boxes)

1. **Contact:** Contact the UKHSA Cheshire and Merseyside Health Protection Team (see Appendix 1 for contact details) if there are rapidly increasing absences due to diarrhoea and vomiting in your setting. **Action Complete:** ☐
2. **Exclude:** Exclude the infected individual until 48 hours after symptoms have stopped and they are well enough to return. **Action Complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads. **Action Complete:** ☐
4. **Implement:** Implement actions as advised by UKHSA Cheshire and Merseyside Health Protection Team or 3 boroughs IPC team (refer to appendices where appropriate). **Action Complete:** ☐

E-coli (STEC) – Action Card

REPORT TO THE UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM IF THERE ARE A HIGHER THAN PREVIOUSLY EXPERIENCED OR RAPIDLY INCREASING NUMBER OF ABSENCES DUE TO DIARRHOEA AND VOMITING.

Exclusion is recommended.

Advisory Action (includes tick boxes)

1. **Contact:** Contact the UKHSA Cheshire and Merseyside Health Protection Team (see Appendix 1 for contact details) if there are rapidly increasing absences due to diarrhoea and vomiting in your setting. **Action Complete:** ☐
2. **Exclude:** Exclude the infected individual until 48 hours after symptoms have stopped and they are well enough to return. **Action Complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads. **Action Complete:** ☐
4. **Implement:** Implement actions as advised by UKHSA Cheshire and Merseyside Health Protection Team or 3 boroughs IPC team (refer to appendices where appropriate). **Action Complete:** ☐

Food Poisoning – Action Card

ONLY REPORT TO THE UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM IF THERE ARE 2 OR MORE CASES WITH SIMILAR SYMPTOMS LINKED IN TIME OR PLACE

Exclusion is recommended.

Advisory Action (includes tick boxes)

1. **Contact:** Contact the UKHSA Cheshire and Merseyside Health Protection Team (see Appendix 1 for contact details) if there are rapidly increasing absences due to diarrhea and vomiting in your setting. **Action Complete:** ☐
2. **Exclude:** Exclude the infected individual until 48 hours after symptoms have stopped and they are well enough to return. **Action Complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads. **Action Complete:** ☐
4. **Implement:** Implement actions as advised by UKHSA Cheshire and Merseyside Health Protection Team or 3 boroughs IPC team (refer to appendices where appropriate). **Action Complete:** ☐

All outbreaks of food poisoning should be investigated. The UKHSA Cheshire and Merseyside health protection team will work with the setting and Environmental health officers from the local authority.

Giardiasis – Action Card

ONLY REPORT TO THE UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM IF THERE ARE 2 OR MORE CASES WITH SIMILAR SYMPTOMS LINKED IN TIME OR PLACE

Exclusion is recommended.

Advisory Action (includes tick boxes)

1. **Contact:** Contact UKHSA Cheshire and Merseyside Health Protection Team (see Appendix 1 for contact details) if there are 2 or more cases with similar symptoms linked in time or place or a greater than expected rate of infection compared with the usual background rate. **Action Complete:** ☐
2. **Exclude:** Exclude the infected individual until 48 hours after symptoms have stopped and they are well enough to return. **Action Complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads. **Action Complete:** ☐
4. **Implement:** Implement actions as advised by UKHSA Cheshire and Merseyside Health Protection Team or 3 boroughs IPC team (refer to appendices where appropriate). **Action Complete:** ☐

Glandular Fever – Action Card

YOU DO NOT NEED TO REPORT TO THE UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM

Exclusion is not required.

Advisory Action (includes tick boxes)

1. **Contact:** You do not need to contact the UK Health Security Agency Cheshire and Merseyside health protection team (HPT). **Action Complete:** ☐
2. **Exclude:** You do not need to exclude individuals from the setting. **Action Complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads. **Action Complete:** ☐
4. **Implement:** Implement actions as outlined in the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)). **Action Complete:** ☐

Group A Streptococcus (GAS) – Action Card

YOU DO NOT NEED TO REPORT TO THE UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM

Exclusion is not required.

Advisory Action (includes tick boxes)

1. **Contact:** You do not need to contact the UK Health Security Agency Cheshire and Merseyside health protection team (HPT). **Action Complete:** ☐
2. **Exclude:** Exclude the individual with a strep A infection from the setting for 24 hours after they start taking antibiotics. **Action Complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads. **Action Complete:** ☐
4. **Implement:** Implement actions as outlined in the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)). **Action Complete:** ☐

Hand, Foot and Mouth Disease – Action Card

YOU DO NOT NEED TO REPORT TO THE UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM

Exclusion is not required.

Advisory Action (includes tick boxes)

1. **Contact:** You do not need to contact the UK Health Security Agency Cheshire and Merseyside health protection team (HPT). **Action Complete:** ☐
2. **Exclude:** You do not need to exclude individuals from the setting. **Action Complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads. **Action Complete:** ☐
4. **Implement:** Implement actions as outlined in the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)). **Action Complete:** ☐

Head Lice – Action Card

YOU DO NOT NEED TO REPORT TO THE UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM

Exclusion is not required.

Advisory Action (includes tick boxes)

1. **Contact:** You do not need to contact the UK Health Security Agency Cheshire and Merseyside health protection team (HPT). **Action Complete:** ☐
2. **Exclude:** You do not need to exclude individuals from the setting. **Action Complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads. **Action Complete:** ☐
4. **Implement:** Implement actions as outlined in the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)). **Action Complete:** ☐

Hepatitis A – Action Card

ONLY REPORT TO THE UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM IF THERE ARE 2 OR MORE CASES WITH SIMILAR SYMPTOMS LINKED IN TIME OR PLACE

Exclusion is recommended.

Advisory Action (includes tick boxes)

1. **Contact:** Contact UKHSA Cheshire and Merseyside Health Protection Team (see Appendix 1 for contact details) if there are 2 or more cases with similar symptoms linked in time or place **Action Complete:** ☐
2. **Exclude:** Exclude the infected individual for 7 days after the onset of jaundice or from the onset of symptoms if no jaundice is present. **Action Complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads. **Action Complete:** ☐
4. **Implement:** Implement actions as advised by UKHSA Cheshire and Merseyside Health Protection Team or 3 boroughs IPC team (refer to appendices where appropriate). **Action Complete:** ☐

Hepatitis B – Action Card

YOU DO NOT NEED TO REPORT TO UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM

Exclusion is not required.

Advisory Action (includes tick boxes)

1. **Contact:** You do not need to contact the UK Health Security Agency Cheshire and Merseyside health protection team (HPT). **Action Complete:** ☐
2. **Exclude:** You do not need to exclude individuals from the setting. **Action Complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads. **Action Complete:** ☐
4. **Implement:** Implement actions as outlined in the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)). **Action Complete:** ☐

Hepatitis C – Action Card

YOU DO NOT NEED TO REPORT TO THE UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM

Exclusion is not required.

Advisory Action (includes tick boxes)

1. **Contact:** You do not need to contact the UK Health Security Agency Cheshire and Merseyside health protection team (HPT). **Action Complete:** ☐
2. **Exclude:** You do not need to exclude individuals from the setting. **Action Complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads. **Action Complete:** ☐
4. **Implement:** Implement actions as outlined in the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)). **Action Complete:** ☐

Impetigo – Action Card

YOU DO NOT NEED TO REPORT TO THE UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM

Exclusion is recommended.

Advisory Action (includes tick boxes)

1. **Contact:** You do not need to contact the UK Health Security Agency Cheshire and Merseyside health protection team (HPT). **Action Complete:** ☐
2. **Exclude:** Exclude the individual from the setting until all lesions (sores or blisters) are crusted over or until 48 hours after commencing [treatment](#) (antibiotics and/or hydrogen peroxide cream). **Action Complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads. **Action Complete:** ☐
4. **Implement:** Implement actions as outlined in the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)). **Action Complete:** ☐

Influenza– Action Card

YOU DO NOT NEED TO REPORT TO THE UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM

Exclusion is recommended.

Advisory Action (includes tick boxes)

1. **Contact:** You do not need to contact the UK Health Security Agency Cheshire and Merseyside health protection team (HPT). **Action Complete:** ☐
2. **Exclude:** Exclude individuals with symptoms of the flu, until they have recovered. However, do not exclude individuals with only mild symptoms of a respiratory illness, such as a runny nose, sore throat, or mild cough, but who are otherwise well. **Action complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads. **Action Complete:** ☐
4. **Implement:** Implement actions as outlined in the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)). **Action Complete:** ☐

Invasive Group A streptococcus – Action Card

REPORT TO THE UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM IF YOU HAVE AN iGAS CASE IN YOUR SETTING

Exclusion is recommended.

Advisory Action (includes tick boxes)

1. **Contact:** Contact UKHSA Cheshire and Merseyside Health Protection Team (see Appendix 1 for contact details) if there is an iGAS case in your setting.
Action Complete: ☐
2. **Exclude:** UKHSA Cheshire and Merseyside Health Protection team will advise you on any exclusions required. **Action Complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads.
Action Complete: ☐
4. **Implement:** Implement actions as advised by UKHSA Cheshire and Merseyside Health Protection Team or 3 boroughs IPC team (refer to appendices where appropriate). **Action Complete:** ☐

Measles – Action Card

REPORT TO THE UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM IF YOU HAVE A CASE OF MEASLES IN YOUR SETTING

Exclusion is recommended.

Advisory Action (includes tick boxes)

- Contact:** Contact UKHSA Cheshire and Merseyside Health Protection Team (see Appendix 1 for contact details) if there is a measles case in your setting.
Action Complete: ☐
- Exclude:** Exclude any infected individuals from the setting, on public health grounds, while they are likely to be infectious (from 4 days before rash onset and for a further 4 full days). Cases should only return to the setting when they have fully recovered. **Action Complete:** ☐
- Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads.
Action Complete: ☐
- Implement:** Implement actions as advised by UKHSA Cheshire and Merseyside Health Protection Team or 3 boroughs IPC team (refer to appendices where appropriate). **Action Complete:** ☐

Meningitis – Action Card

ONLY REPORT TO THE UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM IF YOU HAVE HAD 2 CASES OF MENINGITIS IN YOUR SETTING WITHIN 4 WEEKS

Exclusion is recommended

Advisory Action (includes tick boxes)

1. **Contact:** Contact UKHSA Cheshire and Merseyside Health Protection Team (see Appendix 1 for contact details) if 2 or more cases of meningitis occur in your setting within 4 weeks. **Action Complete:** ☐
2. **Exclude:** Exclude the infected individual until they have recovered. **Action Complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads. **Action Complete:** ☐
4. **Implement:** Implement actions as advised by UKHSA Cheshire and Merseyside Health Protection Team or 3 boroughs IPC team (refer to appendices where appropriate). **Action Complete:** ☐

Meningococcal Meningitis and Septicaemia – Action Card

REPORT TO THE UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM IF YOU HAVE A CASE OF MENINGOCOCCAL DISEASE IN YOUR SETTING

Exclusion is recommended

Advisory Action (includes tick boxes)

1. **Contact:** Contact UKHSA Cheshire and Merseyside Health Protection Team (see Appendix 1 for contact details) if there is a case of meningococcal disease in your setting. **Action Complete:** ☐
2. **Exclude:** Exclude the infected individual until they have been treated with antibiotics and recovered. Do not exclude household and close contacts unless they have symptoms suggestive of meningococcal infection. **Action complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads. **Action Complete:** ☐
4. **Implement:** Implement actions as advised by UKHSA Cheshire and Merseyside Health Protection Team or 3 boroughs IPC team (refer to appendices where appropriate). **Action Complete:** ☐

MRSA – Action Card

YOU DO NOT NEED TO REPORT TO THE UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM

Exclusion is not required.

Advisory Action (includes tick boxes)

1. **Contact:** You do not need to contact the UK Health Security Agency Cheshire and Merseyside health protection team (HPT). **Action Complete:** ☐
2. **Exclude:** You do not need to exclude individuals from the setting. **Action Complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads. **Action Complete:** ☐
4. **Implement:** Implement actions as outlined in the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)). **Action Complete:** ☐

MPOX – Action Card

REPORT TO THE UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM FOR FURTHER ADVICE ON MANAGEMENT AND SUPPORT FOR ANYONE CONSIDERED A CLOSE CONTACT OF A CONFIRMED CASE

Exclusion is recommended

Advisory Action (includes tick boxes)

1. **Contact:** Contact UKHSA Cheshire and Merseyside Health Protection Team (see Appendix 1 for contact details) for further advice on management and support for anyone considered a close contact of the confirmed case. **Action complete:** ☐
2. **Exclude:** UKHSA Cheshire and Merseyside Health Protection team will advise you on any exclusions required. **Action complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads. **Action Complete:** ☐
4. **Implement:** Implement actions as advised by UKHSA Cheshire and Merseyside Health Protection Team or 3 boroughs IPC team (refer to appendices where appropriate). **Action Complete:** ☐

Mumps – Action Card

YOU DO NOT NEED TO REPORT TO THE UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM

Exclusion is recommended

Advisory Action (includes tick boxes)

1. **Contact:** You do not need to contact the UK Health Security Agency Cheshire and Merseyside health protection team (HPT). **Action Complete:** ☐
2. **Exclude:** Exclude the affected individual until 5 days after the onset of swelling and well enough to return. **Action Complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads. **Action Complete:** ☐
4. **Implement:** Implement actions as outlined in the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)). **Action Complete:** ☐

Norovirus – Action Card

ONLY REPORT TO UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM IF THERE ARE A HIGHER THAN PREVIOUSLY EXPERIENCED OR RAPIDLY INCREASING NUMBER OF ABSENCES DUE TO DIARRHOEA AND VOMITING.

Exclusion is recommended

Advisory Action (includes tick boxes)

1. **Contact:** Contact the UKHSA Cheshire and Merseyside Health Protection Team (see Appendix 1 for contact details) if there are rapidly increasing absences due to diarrhea and vomiting in your setting. **Action Complete:** ☐
2. **Exclude:** Exclude the infected individual until 48 hours after symptoms have stopped and they are well enough to return. **Action Complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads. **Action Complete:** ☐
4. **Implement:** Implement actions as advised by UKHSA Cheshire and Merseyside Health Protection Team or 3 boroughs IPC team (refer to appendices where appropriate). **Action Complete:** ☐

PVL-SA - Action Card

REPORT TO THE UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM IF YOU HAVE 2 OR MORE CASES IN YOUR SETTING

Exclusion is recommended

Advisory Action (includes tick boxes)

1. **Contact:** Contact UKHSA Cheshire and Merseyside Health Protection Team (see Appendix 1 for contact details) if there are 2 or more cases within your setting. **Action Complete:** ☐
2. **Exclude:** Exclude the infected individual if there is a lesion or wound that cannot be covered. **Action Complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads. **Action Complete:** ☐
4. **Implement:** Implement actions as advised by UKHSA Cheshire and Merseyside Health Protection Team or 3 boroughs IPC team (refer to appendices where appropriate). **Action Complete:** ☐

Respiratory Infections (Inc Covid-19) – Action Card

ONLY REPORT TO THE UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM IF THERE ARE A HIGHER THAN PREVIOUSLY EXPERIENCED OR RAPIDLY INCREASING NUMBER OF ABSENCES DUE TO ACUTE RESPIRATORY INFECTION

Exclusion is recommended

Advisory Action (includes tick boxes)

It is not recommended that children and young people are tested for COVID-19 unless directed to by a health professional.

1. **Contact:** Contact UKHSA Cheshire and Merseyside Health Protection Team (see Appendix 1 for contact details) if there is a higher than previously experienced and/or rapidly increasing number of staff or student absences due to acute respiratory infection or evidence of severe disease due to respiratory infection, for example if a child, young person or staff member is admitted to hospital. **Action Complete:** ☐
2. **Exclude:** Exclude any affected individual who has a high temperature and are unwell until they no longer have a high temperature and are well enough to attend the setting. **Action complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads. **Action Complete:** ☐
4. **Implement:** Implement actions as advised by UKHSA Cheshire and Merseyside Health Protection Team or 3 boroughs IPC team (refer to appendices where appropriate). **Action Complete:** ☐

Ringworm - Action Card

YOU DO NOT NEED TO REPORT TO THE UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM

Exclusion is recommended

Advisory Action (includes tick boxes)

1. **Contact:** You do not need to contact the UK Health Security Agency Cheshire and Merseyside health protection team (HPT). **Action Complete:** ☐
2. **Exclude:** Exclude the affected individual. Once treatment has started, individuals can return to their setting. **Action Complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads. **Action Complete:** ☐
4. **Implement:** Implement actions as outlined in the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)). **Action Complete:** ☐

Rotavirus - Action Card

YOU DO NOT NEED TO REPORT TO THE UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM

Exclusion is recommended

Advisory Action (includes tick boxes)

1. **Contact:** You do not need to contact the UK Health Security Agency Cheshire and Merseyside health protection team (HPT). **Action Complete:** ☐
2. **Exclude:** Exclude the infected individual until 48 hours after the diarrhoea and vomiting symptoms have stopped. **Action Complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads. **Action Complete:** ☐
4. **Implement:** Implement actions as outlined in the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)). **Action Complete:** ☐

Rubella - Action Card

REPORT TO THE UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM IF YOU HAVE A CONFIRMED CASES OF RUBELLA IN YOUR SETTING

Exclusion is recommended

Advisory Action (includes tick boxes)

1. **Contact:** Contact UKHSA Cheshire and Merseyside Health Protection Team (see Appendix 1 for contact details) if you have a confirmed case of rubella within your setting. **Action Complete:** ☐
2. **Exclude:** Exclude the infected individual for 5 days from the appearance of the rash. **Action Complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads. **Action Complete:** ☐
4. **Implement:** Implement actions as advised by UKHSA Cheshire and Merseyside Health Protection Team or 3 boroughs IPC team (refer to appendices where appropriate). **Action Complete:** ☐

Scabies - Action Card

REPORT TO THE UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM IF YOU HAVE 2 OR MORE CASES IN YOUR SETTING

Exclusion is recommended in specific circumstances

Advisory Action (includes tick boxes)

1. **Contact:** Contact UKHSA Cheshire and Merseyside Health Protection Team (see Appendix 1 for contact details) if there are 2 or more cases of scabies within your setting. **Action Complete:** ☐
2. **Exclude:** Affected individuals can attend the setting with advice to avoid close physical contact with others until 24 hours after the first dose of chosen treatment. **Action Complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads. **Action Complete:** ☐
4. **Implement:** Implement actions as advised by UKHSA Cheshire and Merseyside Health Protection Team or 3 boroughs IPC team (refer to appendices where appropriate). **Action Complete:** ☐

Scarlet Fever - Action Card

REPORT TO THE UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM IF CASES OF CHICKENPOX ARE ALSO CIRCULATING OR THERE IS AN OUTBREAK OF 2 OR MORE CASES OF SCARLET FEVER WITHIN 10 DAYS OF EACH OTHER.

Exclusion is recommended

Advisory Action (includes tick boxes)

1. **Contact:** Contact UKHSA Cheshire and Merseyside Health Protection Team (see Appendix 1 for contact details) if cases of chickenpox are also circulating or there is an outbreak of 2 or more cases of scarlet fever within 10 days of each other. **Action Complete:** ☐
2. **Exclude:** Exclude the affected individual from the setting until 24 hours after commencing appropriate antibiotic treatment. Individuals who decline treatment with antibiotics should be excluded until resolution of symptoms. **Action Complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads. **Action Complete:** ☐
4. **Implement:** Implement actions as advised by UKHSA Cheshire and Merseyside Health Protection Team or 3 boroughs IPC team (refer to appendices where appropriate). **Action Complete:** ☐

Slapped Cheek Syndrome - Action Card

YOU DO NOT NEED TO REPORT TO THE UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM

Exclusion is not required.

Advisory Action (includes tick boxes)

1. **Contact:** You do not need to contact the UK Health Security Agency Cheshire and Merseyside health protection team (HPT). **Action Complete:** ☐
2. **Exclude:** You do not need to exclude individuals from the setting. **Action Complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads. **Action Complete:** ☐
4. **Implement:** Implement actions as outlined in the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)). **Action Complete:** ☐

Threadworm - Action Card

YOU DO NOT NEED TO REPORT TO THE UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM

Exclusion is not required.

Advisory Action (includes tick boxes)

1. **Contact:** You do not need to contact the UK Health Security Agency Cheshire and Merseyside health protection team (HPT). **Action Complete:** ☐
2. **Exclude:** You do not need to exclude individuals from the setting. **Action Complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads. **Action Complete:** ☐
4. **Implement:** Implement actions as outlined in the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)). **Action Complete:** ☐

Tuberculosis (TB) - Action Card

REPORT TO THE UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM IF YOU ARE INFORMED OF A SUSPECTED CASE OF TB IN YOUR SETTING

Exclusion is recommended for infectious TB only

Advisory Action (includes tick boxes)

1. **Contact:** Contact UKHSA Cheshire and Merseyside Health Protection Team (see Appendix 1 for contact details) if you are informed of a suspected case of TB and before taking any action. **Action Complete:** ☐
2. **Exclude:** Exclude individuals whilst they are infectious, following advice from TB nurses or UKHSA Cheshire and Merseyside Health protection team. **Action Complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads. **Action Complete:** ☐
4. **Implement:** Implement actions as advised by UKHSA Cheshire and Merseyside Health Protection Team or 3 boroughs IPC team (refer to appendices where appropriate). **Action Complete:** ☐

Typhoid and Paratyphoid - Action Card

REPORT TO THE UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM IF YOU HAVE A CONFIRMED CASE IN YOUR SETTING

Exclusion is recommended

Advisory Action (includes tick boxes)

1. **Contact:** Contact UKHSA Cheshire and Merseyside Health Protection Team (see Appendix 1 for contact details) if you are informed of a case. **Action Complete:** ☐
2. **Exclude:** Exclude the affected individual until 48 hours after the diarrhoea and vomiting symptoms have stopped. **Action Complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads. **Action Complete:** ☐
4. **Implement:** Implement actions as advised by UKHSA Cheshire and Merseyside Health Protection Team or 3 boroughs IPC team (refer to appendices where appropriate). **Action Complete:** ☐

Whooping Cough - Action Card

REPORT TO THE UKHSA CHESHIRE AND MERSEYSIDE HEALTH PROTECTION TEAM IF YOU HAVE A CONFIRMED CASE IN YOUR SETTING

Exclusion is recommended

Advisory Action (includes tick boxes)

1. **Contact:** Contact UKHSA Cheshire and Merseyside Health Protection Team (see Appendix 1 for contact details) if you are informed of a case. **Action Complete:** ☐
2. **Exclude:** Exclude the infectious individual until they have had at least 48 hours of the appropriate antibiotic or until 14 days from the onset of coughing if no antibiotics have been taken and they feel well enough to return. **Action complete:** ☐
3. **Read:** Read the UKHSA's A to Z guidance ([Managing specific infectious diseases: A to Z - GOV.UK](#)) to understand the disease and how it spreads. **Action Complete:** ☐
4. **Implement:** Implement actions as advised by UKHSA Cheshire and Merseyside Health Protection Team or 3 boroughs IPC team (refer to appendices where appropriate). **Action Complete:** ☐

Appendix 1: Contacts

UKHSA C&M Health Protection Team:

0344 225 0562

candmhpu@ukhsa.gov.uk

Local Authority Public Health Departments and IPC Team

Warrington Public Health Department publichealth@warrington.gov.uk

Halton Public Health Department 0151 511 5200
Public.health@halton.gov.uk

St Helens Public Health HealthProtectionStHelens@sthelens.gov.uk

Infection Prevention and Control Team 01925 946976
bchft.3boroughsinfectioncontrol@nhs.net

School Nursing Teams

Halton	
Runcorn Team bchft.runcornschoollnursingteam@nhs.net 01928 593056	Widnes Team bchft.widnesschoollnursingteam@nhs.net 0151 4955200
Warrington	
01925 946803 bchft.0to19@nhs.net	
St Helens	
01744 411277	

Environmental Health Departments

Halton Borough Council 0151 907 8308

Warrington Borough Council 01925 443322

St-Helens Borough Council 01744 676789

Appendix 2: Cleaning & disinfecting the school/nursery environment

Germs that cause illness, particularly diarrhoea & vomiting, will survive in the environment, so to stop the infection spreading it is important that the areas are maintained in a clean condition. Decontamination (cleaning and disinfecting) the areas thoroughly on a frequent basis is necessary.

<u>Detergent:</u> A cleaning agent that helps to remove dirt and grease from surfaces	<u>Disinfectant:</u> A chemical that destroys bacteria. <u>Recommended Disinfectant:</u> Chlorine-releasing agent/hypochlorite solution (e.g. bleach or 'Milton' solution 0.1% at 1000ppm)
<u>Routine cleaning:</u> A process that physically removes contamination, which is done on a regular/daily basis. Warm water and detergent should be used to clean.	<u>Disinfection:</u> A process that reduces the number of germs to a level at which they are not harmful, but is only effective if the surfaces and equipment are cleaned thoroughly with detergent and water beforehand.
<u>Enhanced cleaning:</u> During an outbreak cleaning and disinfection should be done twice daily as a minimum (plus as necessary). Particular attention should be given to frequently touched surfaces, e.g. door handles, flushes, taps, contact points, switches, mirrors, bins, furniture, stair rails, etc.	<u>Deep cleaning:</u> Intense and enhanced thorough cleaning process. Usually planned ahead e.g. during holiday periods.
<u>Terminal cleaning:</u> Cleaning that takes place at the end of an outbreak to ensure the area has been thoroughly cleaned and disinfected. This includes the steam cleaning of carpets and soft furnishings.	

Equipment

Clean, disposable, single-use cloths, dedicated mop & mop bucket (different coloured equipment for different areas is a useful tool), dustpan and brush, clinical waste bags (yellow), spillage kit, paper towels, Personal Protective Equipment (PPE), steam cleaner.

Cleaning equipment used by the kitchen staff **must** be kept separate and used solely for kitchen.

Chemicals

Detergent (see above)

Disinfectant (see above)

Sanitiser – this is a commercial purchased combination of a detergent with disinfectant properties.

You must always ensure that you follow your health and safety guidelines when handling chemicals including the use of appropriate PPE

- During an outbreak cleaning and disinfection should be done as a minimum of twice daily.
- Warm water and detergent should be used to clean hard surfaces followed by disinfection with a 0.1% hypochlorite solution. Bleach or hypo chloride are the recommended disinfectants (please see bottle), as they will kill both bacteria and viruses. If these are unsuitable, a disinfectant that has **both** antibacterial and antiviral properties **must** be used.
- Particular attention should be paid to cleaning and disinfecting toilet seats, toilet flush handles, door handles, washbasin taps, push-plates on doors, light switches, stair handrails and other frequently touched areas.
- Spillages of vomit or diarrhoea should be cordoned off and the area cleared immediately:
 - Apply disposable gloves and apron.
 - Consider eye protection.
 - Use a spill kit or paper towels to soak up the spillage. Transfer these and any solid matter directly into a domestic waste bag and seal.
 - Clean the soiled area with detergent and hot water, using a disposable cloth. A two-metre area around the spillage should be cleaned.
 - The same area should then be disinfected with the freshly made hypochlorite solution.
DO NOT USE HYPOCHLORITE (BLEACH) DIRECTLY ON URINE SPILLAGES
 - Dispose of gloves, apron, cloths, and any other material used into a domestic waste bag and seal.
 - Carefully remove gloves, then the apron, then eye protection (if applicable and disposable) into a domestic waste bag.
 - If non disposable- eye protection should be cleaned as above
 - Wash hands thoroughly using soap and water and dry them with paper towels. Alcohol hand-rub is not a substitute for hand washing after cleaning up a spillage.
- **Vacuum cleaning carpets and floor buffing are not recommended during an outbreak.**
- Do-not use bleach on carpets or soft furnishings - a steam cleaner must be used to remove the bacterial or viral particles.
- Clothing contaminated with body fluids should be placed in a sealed plastic bag and taken home by the child/parent. Do not wash/sluice or soak the contaminated items on behalf of the child/parent.
- Carpets and soft furnishings should be steam-cleaned where possible.

Further Information can be found in the guidance: Health Protection in children and young people settings, including education <https://www.gov.uk/government/publications/health-protection-in-schools-and-other-childcare-facilities/preventing-and-controlling-infections>

Appendix 3: Further Resources

National guidance is available on GOV.UK website entitled 'Health protection in children and young people settings, including education'. The following are links to the individual chapters for ease of reading.

1.	What infections are, how they are transmitted and those at higher risk of infection	https://www.gov.uk/government/publications/health-protection-in-schools-and-other-childcare-facilities/what-infections-are-how-they-are-transmitted-and-those-at-higher-risk-of-infection
2.	Prevention and Controlling infections	https://www.gov.uk/government/publications/health-protection-in-schools-and-other-childcare-facilities/preventing-and-controlling-infections
3.	Supporting immunisation programmes	https://www.gov.uk/government/publications/health-protection-in-schools-and-other-childcare-facilities/supporting-immunisation-programmes
4.	Managing outbreaks and incidents	https://www.gov.uk/government/publications/health-protection-in-schools-and-other-childcare-facilities/managing-outbreaks-and-incidents
5.	Managing specific infectious diseases: A to Z	https://www.gov.uk/government/publications/health-protection-in-schools-and-other-childcare-facilities/managing-specific-infectious-diseases-a-to-z
6.	Specific settings and populations: additional health protection considerations	https://www.gov.uk/government/publications/health-protection-in-schools-and-other-childcare-facilities/specific-educational-settings-and-populations-additional-health-protection-considerations
7.	Children and young people settings: tools and resources (including exclusion table, posters, checklists)	https://www.gov.uk/government/publications/health-protection-in-schools-and-other-childcare-facilities/children-and-young-people-settings-tools-and-resources
8.	Respiratory and Cough Hygiene	Preventing and controlling infections - GOV.UK

Appendix 4: Gastroenteritis and Norovirus Factsheet

Gastroenteritis

Gastroenteritis refers to a condition in which a stomach bug, usually a virus, infects the gut and gives rise to symptoms such as diarrhoea and vomiting.

Norovirus

- Norovirus, also known as the 'winter vomiting bug' is the most common cause of gastroenteritis in England and Wales.
- Norovirus affects people of all ages and spreads easily from person to person.
- The virus is transmitted by direct contact with an infected person, consuming contaminated food or water or by coming into contact with contaminated surfaces or objects.

Symptoms

Sudden onset nausea, vomiting and diarrhoea, usually 1-2 days after becoming infected. Other symptoms may include fever, a headache and body aches.

Stay at Home

Stay off school or work until you have not been sick or had diarrhoea for at least 48 hours.

Recovery

- There is no specific treatment for norovirus and most people will make a full recovery in 2-3 days without needing medical assessment or medication.
- Some people (usually the very young or elderly) may become very dehydrated and require hospital admission. It is therefore important to drink plenty of fluids during the illness to avoid dehydration.
- If they require any additional support they can contact 111 or their GP surgery who will advise them accordingly.

Prevention

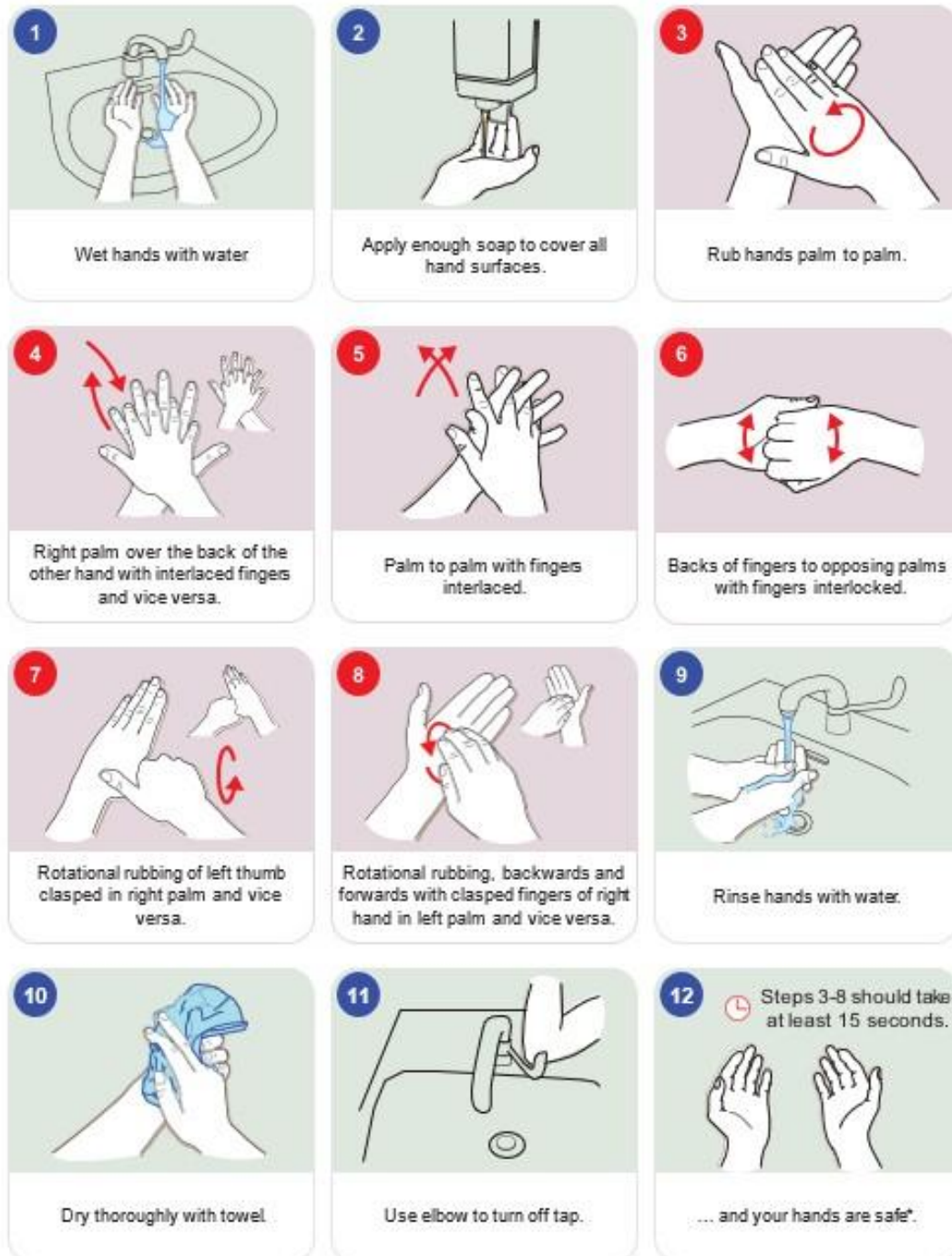
- Good hand hygiene is essential to preventing Norovirus from spreading.
- Hands should be washed thoroughly using soap and water (not alcohol gel) after using the toilet, before preparing and eating food and after contact with a sick person. Alcohol gel is not effective against norovirus, but it can be used in addition to soap and water.
- Children should be encouraged to wash their hands after using the toilet, after play, before eating and on arrival and departure from school (to ensure they do not bring the infection to school or take it home).
- For younger children handwashing should take place under supervision to ensure proper technique.
- Any contaminated clothing or bedding should be washed with detergent at 60°C.
- Surfaces and touch points (taps, toilet flush handle, door handles) should be cleaned and disinfected with a bleach-based cleaner.
- Stay off school or work until you have not been sick or had diarrhoea for at least 48 hours.

Appendix 5: Hand Hygiene



Best Practice: How to hand wash step by step images

Steps 3-8 should take at least 15 seconds.



Adapted from the World Health Organization/Health Protection Scotland
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*Any skin complaints should be referred to local occupational health or GP.