

You may like to include some of the songs we use in Collective worship in school.

Youtube has a selection of John Burland songs that the children are familiar with.

The Community Song

It's me, it's me, it's me who builds community (x3) it's me who builds community.

Rolling over the ocean, rolling over the sea, rolling to my heart and build community. (x2)

It's you...

It's us...

It's love...

It's Christ..

Let's keep each other lovingly in our minds and hearts. The Lord will strengthen us with the gifts of his Spirit – Wisdom, Knowledge, Understanding, Good Judgement, Courage, Wonder and Reverence – and we will come together again renewed in faith and love and ready to live our faith more fervently than ever.

May God Bless you and your families

Sacred Spaces ...

You could set up a sacred space somewhere in your home as a focus for prayer.

May the road rise up to meet you.

May the wind always be at your back.

May the sun shine warm upon your face, and rains fall soft upon your fields.

*And until we meet again,
May God hold you in the palm of His hand.*



Information, updates and newsletters for St Wilfrid's Parish Widnes is available on the parish website.
www.catholicchurches-widnes.org.uk

Youtube channel St Wilfrid's Widnes
<https://www.youtube.com/channel/UC52-K27EaYwySzRmeP3f3eA> (Streamed Masses)

Family Prayer Time



During these challenging times ahead, let us become a community of prayer.



Select an area in your home where you can pray in comfort. You may wish to light a candle.

We gather together in our homes to join in prayer with all members of our Parish Community.

St Alphonsus – the founder of the Redemptorists – is famous for promoting the idea of a Spiritual Communion, when we cannot physically go to church and receive Our Lord.

We can begin our prayer time by saying the Lord's prayer.

Our Father

Who art in heaven,

Hallowed be Thy name.

Thy kingdom come.

Thy will be done on earth

as it is in heaven.

Give us this day our daily bread,

And forgive us our trespasses,

As we forgive those who trespass
against us,

And lead us not into temptation,

But deliver us from evil.

Amen

Now we make our Spiritual communion

Dear Jesus,
I believe that you are truly present in
Holy Communion.
I love you and would love to receive
you now, but since this is not
possible, please come to me and fill
me with all the blessings and graces I
need to cope with everything that is
going on. Unite us all and give us the
peace which you promised
only you can give.

Amen.



Individuals are now invited to pray for any special intentions you may have.

Think of the great wave of prayer going up across our parishes as we pray together.

We conclude our prayer by asking our patron saints, and especially Mary, our mother to be with us as we say...

Hail Mary, Full of Grace,

The Lord is with thee

Blessed art Thou amongst women
and

Blessed is the fruit of thy womb,
Jesus.

Holy Mary, Mother of God

Pray for us sinners now,
and at the hour of our death

Amen.

Masses are live streamed daily from Walsingham at 9.30am and at 12noon - see www.walsingham.org.uk
Plans are underway to live stream Masses from Liverpool Metropolitan Cathedral - see www.liverpoolmetrocathedral.org.uk.