



Wirral Community Health and Care
NHS Foundation Trust



The 0-19 Service (Health visitors and school nurses) offer a course to support parents of children from 1-7 years with potentially emerging additional needs. There is no need for any diagnosis but if you are concerned about a child and would like to understand more about their development and how you can support them then please come along.

We run it over five sessions online via MS teams and there is no pressure to have your camera on or to speak, however if you would like to ask questions you are more than welcome to either by the chat facility or by coming off mute.

We look at your child's communication, understanding their sensory needs, understanding their behaviour, sleep, toilet training and other support available.

It is delivered by our SEND health practitioners Libby Butcher and Nicola Bourne. We offer one evening course and one day time course (held over three weeks) each term as well as one day just for professionals.

If you are interested please just email us on wchc.sendhealthteam@nhs.net with your child's name, date of birth.

Dates for parents in 2026 -

<u>Spring Term</u>	<u>Summer Term</u>	<u>Autumn Term</u>
<u>Evening Course (7.00pm-8.30pm)</u>	<u>Evening Course (7.00pm-8.30pm)</u>	<u>Evening Course (7.00pm-8.30pm)</u>
Wednesday 14 th January	Thursday 23 rd April	Wednesday 23 rd September
Wednesday 21 st January	Thursday 30 th April	Wednesday 30 th September
Wednesday 28 th January	Thursday 7 th May	Wednesday 7 th October
Wednesday 4 th February	Thursday 14 th May	Wednesday 14 th October
Wednesday 11 th February	Thursday 21 st May	Wednesday 21 st October
<u>Daytime Course (9.15am-12.15pm)</u>	<u>Daytime Course (9.15am-12.15pm)</u>	<u>Daytime Courses (9.15am - 12.15)</u>
Friday 6 th March	Wednesday 3 rd June	Thursday 5 th November
Friday 13 th March	Wednesday 10 th June	Thursday 12 th November
Friday 20 th March	Wednesday 17 th June	Thursday 19 th November

Professional only days: - Wednesday 22nd April 9.15-4pm or Thursday 15th October 9.15-4pm.

Please email wchc.sendhealthteam@nhs.net for the link or see your link Pquip/HV