

AT RISK RIGHT HERE RIGHT NOW!

Every day,
vulnerable
children are at risk
at UK rail stations.

Each year thousands of vulnerable children and young people use the UK's transport network. Most are teenagers, but some are as young as 11. They're not always easy to spot, but they urgently need our help.

They may be suicidal, running away or being groomed or coerced into working for criminal gangs. For many, the journey they are making exposes them to harm they might not even be aware of...



Be a safety net for young people **AT RISK**

We need your help to identify young people at risk before the dangers they face change their lives forever...

**Every year, British Transport Police
find around 10,000 young people
at risk on the UK rail network.**

THAT'S WHY WE NEED YOUR HELP.

Together, we can identify young people at a potentially dangerous crossroads in their life and get them the help they need. When you're next at this station, please look out for young people **AT RISK** using these signs:

R

Relationships:
Is there something that doesn't feel right about their relationship with the person they're travelling with or are they young and alone?

I

Instinct:
Is there something telling you that the young person may be scared or intimidated?

A

Attitude:

Do they seem unsure of themselves and their surroundings?

T

Time of day:

Are they travelling during school hours or late at night?

S

Safety:

Are they putting themselves at risk in any way?

K

Keeping a low profile:

Are they lurking in station corners or toilets or avoiding ticket barriers?



HOW WE HELP

We are an international children's charity, dedicated to supporting vulnerable young people on the streets and in and around transport hubs around the world. We work with local authorities, including the British Transport Police in the UK, to identify those in need of our help.

The children we meet are often at crisis point. So we work with them to find long-lasting solutions to the challenges they face.

We help them build their resilience and self-belief so they can look forward to a brighter future and change their story for good.

If you see a child you think could be **AT RISK**, alert the nearest **police officer**, call **0800 40 50 40**, or text **61016**.

If you're ever concerned for the immediate safety of a young person always call **999**.



“We’re seeing more and more young people at risk on the UK rail network. It’s a growing and critical problem. Spotting and helping them can, in the most extreme cases, be life saving.

The work that Railway Children does is crucial. Without the meaningful welfare support they provide, those children we discover at real risk, would have no hope of reducing their vulnerability.”

Inspector at British Transport Police

FOUR WAYS YOU CAN HELP

If you want to help change a young person's life, there are several ways you can support our work:

- 1 Help us identify young people **AT RISK** when you're travelling on the UK's transport network
- 2 Spread the word amongst your friends, family and colleagues, so that they can join the network spotting children **AT RISK**
- 3 Donate today at **www.railwaychildren.org.uk/donate**. Just £25 can help fund our first meeting with a young person at a critical moment in their lives
- 4 Find out the many ways your company can get involved by contacting us at: **hello@railwaychildren.org.uk** or on **01270 757 596**

CASE STUDY

MEET ALICIA

13-year-old Alicia was referred to Railway Children following an argument at a train station with her older sister, which resulted in Alicia going missing.

Following a visit from Youth Practitioner, Eliza, it was clear that Alicia was struggling.

In a busy household, Alicia felt she wasn't listened to. She was unhappy in school and found it difficult to concentrate, often leading to detentions and isolation. All of this was affecting her mood, with Alicia spending a lot of time in her room and not engaging with the rest of her family.

Looking for positives

With all the negative messaging she was receiving, Eliza helped Alicia recognise her strengths and achievements. This simple act had a huge impact on Alicia's self-esteem and, coupled with moving schools, Alicia's confidence began to improve.



Being happier in school has also meant Alicia is less agitated at home, and her mum reports that Alicia is joining in with family life again.

As Alicia waits for an ADHD assessment, Eliza is continuing to build Alicia's confidence, ensuring she feels heard and has support in place to help her thrive.

**ELIZA HELPED ALICIA
RECOGNISE HER STRENGTHS
AND CELEBRATE HER
ACHIEVEMENTS**

* Name changed.

For more information visit:
www.railwaychildren.org.uk



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SPOT A CHILD AT RISK AND HELP THEM CHANGE THEIR STORY TODAY

Registered Charity Number 1058991