



# St Margaret Marys Juniors



Please see your kitchen team for any dietary requirements.

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

Week one	Main 1	Quorn pasta bolognaise served with garlic bread <i>Allergens: Cereals containing Gluten, Egg</i> <i>May contain: Milk, Soya</i>	Crispy southern fried chicken goujons wrap served with oven cooked wedges and salad <i>Allergens: Celery, Milk, Mustard, Cereals containing Gluten</i>	Sausage, scrambled egg, hash brown, mushrooms, beans served with toast / barm <i>Allergens: Eggs, Milk, Cereals containing Gluten, Sulphur Dioxide &amp; Sulphites, Soya</i>	Farm Assured roast chicken, roast potatoes, yorkshire pudding, gravy and seasonal vegetables <i>Allergens: Cereals containing Gluten, Eggs, Milk</i>	Harry Ramsdens Fish Fillet, homestyle cooked chips beans or Spaghetti hoops <i>Allergens: Fish, Cereals containing Gluten</i>
	Main 2 (Veggie)	Creamy tomato and roasted red pepper fusilli <i>Allergens: Cereals containing Gluten, Milk</i>	Halloumi fajita served with oven cooked wedges and salad <i>Allergens: Cereals containing Gluten, Mustard, Milk</i>	Veggie sausage, scrambled egg, hash brown, mushrooms, beans served with toast / barm <i>Allergens: Eggs, Milk, Cereals containing Gluten, Sulphur Dioxide &amp; Sulphites, Soya</i>	Quorn chicken, roast potatoes, yorkshire pudding, gravy & seasonal vegetables <i>Allergens: Egg, Milk, cereals containing Gluten</i>	Freshly made Spanish Omelette served with salad <i>Allergens: Cereals containing Gluten</i>
	Sandwiches	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection <i>Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard</i>	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection <i>Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard</i>	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection <i>Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard</i>	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection <i>Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard</i>	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection <i>Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard</i>
	Jackets	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection <i>Allergens: Fish, Mustard, Milk, Egg</i>	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection <i>Allergens: Fish, Mustard, Milk, Egg</i>	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection <i>Allergens: Fish, Mustard, Milk, Egg</i>	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection <i>Allergens: Fish, Mustard, Milk, Egg</i>	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection <i>Allergens: Fish, Mustard, Milk, Egg</i>
	Desserts	Apple pie served with creamy custard <i>Allergens: Cereals containing Gluten</i>	Fruit / Yoghurt <i>Allergens: Milk</i>	Fruit / Yoghurt <i>Allergens: Milk</i>	Fruit / Yoghurt <i>Allergens: Milk</i>	Cookie with Vanilla Ice cream flavoured milk shake <i>Allergens: Cereals containing Gluten, Eggs, Milk, May Contain: Soya</i>
Week two	Main 1	Ravoli in a tomato sauce served with wedges and crusty bread <i>Allergens: Cereals containing Gluten, Celery</i>	Salmon and broccoli in a creamy sauce served with pasta and salad <i>Allergens: Fish, Cereals containing Gluten</i>	Chicken Tikka Masala Curry & rice served with naan bread <i>Allergens: Contains: Milk, Eggs, Cereals containing Gluten</i>	Farm Assured beef, mash, Yorkshire pudding, gravy and seasonal vegetables <i>Allergens: Cereals containing Gluten, Eggs, Milk</i>	Fish finger sub, homestyle cooked chips, beans or spaghetti hoops <i>Allergens: Fish, Cereals containing Gluten</i>
	Main 2 (Veggie)	Cheese and onion quiche served with salad <i>Allergens: Milk, Eggs</i>	Cauliflower Cheese & jacket potato <i>Allergens: Wheat, Milk</i>	Vegetable Curry served with naan bread <i>Allergens: Soya, Cereals containing Gluten, Milk, Eggs</i>	Quorn beef steak, mash, yorkshire pudding, gravy and seasonal vegetables <i>Allergens: Cereals containing Gluten, Eggs, Milk</i>	Quorn chicken nuggets with chips, beans or spaghetti hoops <i>Allergens: Cereals containing Gluten</i>
	Sandwiches	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection <i>Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard</i>	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection <i>Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard</i>	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection <i>Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard</i>	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection <i>Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard</i>	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection <i>Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard</i>
	Jackets	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection <i>Allergens: Fish, Mustard, Milk, Egg</i>	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection <i>Allergens: Fish, Mustard, Milk, Egg</i>	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection <i>Allergens: Fish, Mustard, Milk, Egg</i>	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection <i>Allergens: Fish, Mustard, Milk, Eggs</i>	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection <i>Allergens: Fish, Mustard, Milk, Egg</i>
	Desserts	Apple flavoured flapjack <i>Allergens: Cereals containing Gluten, May Contain: Eggs, Milk, Soya</i>	Fruit / Yoghurt <i>Allergens: Milk</i>	Fruit / Yoghurt <i>Allergens: Milk</i>	Fruit / Yoghurt <i>Allergens: Milk</i>	Rice pudding served with fruit <i>Allergens: Milk</i>
Week three	Main 1	Veggie Meatballs in a rich creamy and herb sauce with Spaghetti and garlic bread <i>Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard</i>	Chicken enchiladas with peppers, sweetcorn, onion in a mild chilli sauce served with rice, nachos & salad <i>Allergens: Cereals containing Gluten</i>	Homemade lasagne served with garlic bread and salad <i>Allergens: Cereals containing Gluten, Eggs, Milk, Mustard, Soya</i> <i>May contain: Celery</i>	Roast chicken served with roast potatoes, Yorkshire pudding, gravy and seasonal vegetables <i>Allergens: Cereals containing Gluten, Eggs, Milk</i>	Harry Ramsden's fish fillet served with oven cooked chunky chips and beans <i>Allergens: Cereals containing Gluten, Fish</i>
	Main 2 (Veggie)	Cheese and onion pie <i>Allergens: Cereals containing Gluten</i> <i>May contain: Eggs, Milk, Soya</i>	Veggie enchiladas served with rice, nachos and salad <i>Allergens: Cereals containing Gluten</i>	Vegetable lasagne served with garlic bread and salad <i>Allergens: Eggs, Milk, Cereals containing Gluten, Soya</i>	Macaroni cheese <i>Allergens: Cereals containing Gluten, Milk</i>	Cheese and pepper quiche served with jacket potato & salad <i>Allergens: Eggs, Milk</i>
	Sandwiches	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection <i>Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard</i>	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection <i>Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard</i>	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection <i>Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard</i>	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection <i>Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard</i>	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection <i>Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard</i>
	Jackets	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection <i>Allergens: Fish, Mustard, Milk, Egg</i>	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection <i>Allergens: Fish, Mustard, Milk, Egg</i>	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection <i>Allergens: Fish, Mustard, Milk, Egg</i>	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection <i>Allergens: Fish, Mustard, Milk, Egg</i>	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection <i>Allergens: Fish, Mustard, Milk, Egg</i>
	Desserts	Banana flavoured Cheesecake <i>Allergens: Cereals containing gluten, Milk, May contain: Soya</i>	Fruit / Yoghurt <i>Allergens: Milk</i>	Fruit / Yoghurt <i>Allergens: Milk</i>	Fruit / Yoghurt <i>Allergens: Milk</i>	Sticky toffee pudding served with ice cream <i>Allergens: Milk</i>

Available daily: Fresh Fruit, Yoghurt, Water and Milk.

denotes a healthy choice meal (all sandwich and jacket potato options are healthy choice).

### November 2025

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

### December 2025

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

### January 2026

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

### February 2026

M	T	W	T	F	S	S
					1	
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

### March 2026

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

### April 2026

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

Week One Week Two Week Three