

What's on in St Helens Autumn 2 2025

ADDvanced Solutions Community Network



ADDvanced Solutions
Community Network
Supporting you to find the answers

ADDvanced Solutions Community Network is an open access offer that supports the emotional health and wellbeing of neurodivergent children and young people, their families and the professionals that work with them. **No diagnosis or referral is needed to access the offer.**

St Helens Community Network Group

The face-to-face St Helens Community Network Group is an informal, open access learning opportunity to seek advice and support around challenges at all stages of your journey. **No need to book, just come along**, to meet the team and visiting professionals.

Day: Tuesday

Time: 12:30pm – 2:30pm

Venue: **Wonderland Community Centre**,
Reflection Court, Canal Street, WA10 3JQ



Tuesday Afternoons

12:30pm–2:30pm

No need to book –
just come along!

4th November	Autism with Demand Avoidance
11th November	Autism, ADHD and Masking
18th November	Preparing for Christmas
25th November	Barnardos Resilience Team
2nd December	The Zones of Regulation
9th December	The Graduated Approach/Response

Online Community Network Groups

An informal, online opportunity to seek advice and get support around challenges at all stages of your journey.

Monday mornings
9.30am – 11.00am

[Click here to register](#)

3rd November	ADHD and Rejection Sensitive Dysphoria
10th November	Foetal Alcohol Spectrum Disorders
17th November	Preparing for a Meeting
24th November	Preparing for Christmas
1st December	Supporting Organisational Skills
8th December	Autism, ADHD and Masking

Wednesday afternoons
5.00pm–6.30pm

[Click here to register](#)

5th November	Preparing for the Future
12th November	Autism with Demand Avoidance
19th November	Foetal Alcohol Spectrum Disorders
26th November	Preparing for Christmas
3rd December	The Graduated Approach/Response
10th December	Theory of Mind

Neurodevelopmental Conditions Learning Programme

This three session programme will run during the daytime. The sessions equip parents and carers with:

- **A greater understanding of Neurodevelopmental Conditions – including Autism, ADHD, Sensory Processing Difficulties, Specific Learning Difficulties.**
- **Practical strategies to manage everyday challenges and behaviours – including sleep, toileting and eating.**
- **Knowledge around your Local Offer, disability welfare rights and SEND, Early Help and EHCPs.**

Neurodevelopmental Conditions Learning Programme – Face-to-Face

Day: Fridays
Time: 9:30am – 2:45pm
Venue: WA10, St Helens

Fridays for three weeks 9:30am – 2:45pm			Contact us to register
Session 1 & 2	Session 3 & 4	Session 5 & 6	
Friday 7 th November	Friday 14 th November	Friday 21 st November	

Neurodevelopmental Conditions Learning Programme – Online

An online, evening alternative to the face-to-face learning programme. The programme is delivered as a webinar, with the ability to engage with the facilitator and other parents/carers through the Q&A and chat.

Day: Wednesdays
Time: 6:30pm – 8:30pm
Venue: Online via Zoom

Wednesday evenings for six weeks 6:30pm – 8:30pm						Click here to register
Session 1	Session 2	Session 3	Session 4	Session 5	Session 6	
Wed 5 th November	Wed 12 th November	Wed 19 th November	Wed 26 th November	Wed 3 rd December	Wed 10 th December	

Online Learning Workshop

Online Learning Workshops are designed to help parent/carers understand and learn more in-depth about a specific topic relating to neurodevelopmental conditions. Our topics for this half term are **Difficulties Attending School** and **Introduction to SEND Process and EHCPs**.

Day: Tuesdays
Time: 9:30am – 12:00pm
Venue: Online via Zoom

Difficulties Attending School

Tuesday 25th November
9:30am – 12:00pm

[Click here to register](#)

Introduction to SEND Process and EHCPs

Tuesday 2nd December
9:30am – 12:00pm

[Click here to register](#)



Online community network groups and learning workshops provide parents and carers with an understanding of a particular topic around neurodevelopmental conditions. We provide strategies to support children and young people at home and in school, with an opportunity to interact with our team via the chat and Q&A function. If you are using a phone, you will need to download the Zoom app beforehand. Please be mindful of your data usage. If you do not have an unlimited data plan, you may need to connect to a Wi-Fi connection to prevent charges.

Our online offer is delivered by Zoom for Healthcare, you will need to have a free Zoom account to register. The details we request when you register are kept securely and used in line with our privacy policy:

<https://www.advancedsolutions.co.uk/wp-content/uploads/2025/04/Privacy-Policy.pdf>

Autism Learning Programme - Face-to-Face

This post-diagnostic Autism Learning Programme has been designed to support and empower parents and carers in their understanding of how autism is experienced by children and young people, providing learning, guidance and strategies to better support your child/young person. The programme is for St Helens parents/carers whose children and young people have received a diagnosis of autism (ASD). This offer is in partnership with St Helens Neurodevelopmental Pathway, commissioned by NHS Cheshire & Merseyside.

All Ages

Day: Wednesdays
Time: 9:30am – 2:45pm
Venue: WA10, St Helens

Wednesdays for three weeks 9:30am – 2:45pm

[Contact us to register](#)

Session 1	Session 2	Session 3
Wednesday 5 th November	Wednesday 12 th November	Wednesday 19 th November

Autism Learning Programme - Online

We are pleased to offer an online, evening alternative to the face-to-face learning programme. The programme is delivered as a webinar, with the ability to engage with the facilitator and other parents/carers through the Q&A and chat.

All Ages

Day: Thursday
Time: 6:00pm – 8:30pm
Venue: Online via Zoom

Thursdays for six weeks 6:00pm – 8:30pm

[Click here to register](#)

Session 1	Session 2	Session 3	Session 4	Session 5	Session 6
Thurs 6 th November	Thurs 13 th November	Thurs 20 th November	Thurs 27 th November	Thurs 4 th December	Thurs 11 th December

Neurodevelopmental Conditions Awareness Raising Training for Professionals

Designed to improve professionals' understanding of neurodevelopmental conditions (NDCs), how they may present and how one condition may overlap with another. Professionals attending this training will develop knowledge, skills and confidence to better support neurodiverse children, young people and their families:

- Understand the differences between ADHD, Autism, and other NDCs and the typical presentations
- Recognise the impact that unsupported and unmanaged NDCs can have on an individual and their family
- Understand the impact that sensory processing difficulties can have on children and young people
- Identify local support available for professionals, children, young people and their families

Day: Wednesday
Time: 9:15am – 4:00pm
Venue: TBC

Neurodevelopmental Conditions Awareness Raising Training

Wednesday 12th November
9:15am – 4:00pm

Get in touch with us

