

NORTH WALKDEN PRIMARY - Newsletter

10th October 2025

Christmas card design: The children have brought home their Parent Order Cards tonight which show their individual design. There are lots of lovely things that you can buy, please use the card brought home and take a look here <https://myfundraisinghub.com/welcome> Please enter the codes from the Parent Order Card and confirm your child's name and class. Whatever you put here is what will be printed on the products you order. Once you have approved the artwork you will receive a link to the online shop. **The shop closes at 12pm on 23rd October 2025.**

Please keep your Parent Order Card until you receive your order.

It's a great opportunity to buy some personalised Christmas gifts or just keepsakes for yourself. This year they have the limited edition Cuddle Club teddies, personalised story books, baubles, snow globes, Christmas cards, wrapping paper and gift tags, mugs, cushions and much more! We hope you like them!

Children's Mental Health Week: We are thrilled to announce **Children's Mental Health Week 2026** (9-15 February 2026) theme, **This Is My Place**.



We know that our sense of belonging as individuals, in our friendships, in school, and in communities, plays a vital role in our mental health and wellbeing.

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empowers us to contribute to the world and make a real difference.

To know our place and really feel part of our environment is a basic human need. It can have a powerful impact in lots of areas of our lives, including our physical and health, education, employment and relationships. When we feel that we belong, it

For Children's Mental Health Week 2026, we'll be talking about how we can help everyone feel like they belong.

We'll encourage peers, families, schools and communities to create inclusive and nurturing environments, where all children and young people can feel happy and safe and say **"This is my place!"**

Message from Salford City Community leisure: We have received this message in relation to the reading books we borrow from Salford School Library. We have checked the books we have in school but wanted to bring this to your attention also so you can check any books you may have at home.

Puffin Reading Books - In the front and/or back of some editions of the Spy Dog, Spy Cat, and Spy Pups series there is a reference to the author, Andrew Cope's, former website for the series which was owned and managed by him. We understand an unconnected third party has recently taken control of the domain name and is using it to display a different website with inappropriate adult content. This website is not associated with Puffin or Andrew Cope. Please do not visit it and ensure that children do not visit it either.

Children should be in school by 8.45am if you arrive after this time you are late!

Well done to Reception, Year 2, Year 3 and Year 6. Almost a full house – let's see if every class can achieve this next week!

Our attendance policy is on our website here

<https://www.northwalkdenprimaryschool.co.uk/page/policies/25098>



Punctuality and Attendance

Please remember school starts at **8:45am** – Doors will be open from 8.35am. Children arriving after 8.55am must enter through the school office and be signed in.

Last week's attendance – Our School target and individual pupil target is 96%

	Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6	Whole School
Class attendance award	90	97 SILVER	91	99 GOLD	97 SILVER	92	89	98 SILVER	94
Late arrivals	7	2	2	2	3	2	1	3	22

10 Top Tips for Parents and Educators DEALING WITH TRAUMATIC & CHALLENGING EVENTS

Children and young people may face a wide range of traumatic or challenging events – from bereavement and illness to bullying, family breakdowns, or witnessing violence. These experiences can affect their mental health, behaviour, relationships, and academic progress. With the right support from trusted adults, children can begin to feel safe, rebuild resilience, and develop healthy coping strategies. This guide offers practical and empathetic ways to provide support and promote positive outcomes.

1 A PREDICTABLE ENVIRONMENT

Children who have experienced trauma often feel unsafe or uncertain. Creating routines, setting clear expectations, and maintaining consistency can help restore a sense of security. This structure offers reassurance and helps children feel more in control of their surroundings.

2 USE LANGUAGE THAT MATCHES THEIR AGE

Speak clearly and sensitively, choosing words that are appropriate for the child's age. Avoid overwhelming them with too much information at once. Offer gentle, honest explanations and focus on reassurance, especially when talking about difficult or sensitive subjects.

3 TRAUMA AND THE BODY

Mention briefly that trauma can show up in physical ways, such as changes in sleep, appetite, concentration, or as physical aches and pains. Consider this before labelling behaviour as 'difficult' or 'lazy'. Some children may become withdrawn, while others may be more outwardly challenging. Highlight that there's no 'one way' children respond.

4 AVOID RETELLING OR RELIVING TRAUMA

Children sometimes get asked to explain or repeat their experience multiple times. Striking a balance of when to listen and when to gently redirect can help to avoid unnecessary re-traumatisation. Acknowledge, but don't probe for detail unless safeguarding procedures require it.

5 AVOID DISMISSING OR MINIMISING FEELINGS

Seemingly well-meaning comments like "It's not that bad" or "You're okay" may shut down children's emotional expression and are often not helpful. Instead, acknowledge what they're feeling, even if it seems small. Validating a child's emotions helps them feel seen and encourages open communication in future.

6 UNDERSTAND HOW THEY'RE FEELING

Many children don't have the words to express their emotions, especially during distress. Supporting them to name what they're feeling – such as angry, scared or sad – builds emotional literacy. Tools like emotion charts, drawing, or storytelling can help externalise feelings in a safe, manageable way.

7 BE AWARE OF YOUR OWN RESPONSES

Children pick up on adult emotions and reactions, often mirroring them. Staying calm, even in challenging situations, helps children feel more secure. Practising your own self-regulation is an important way to model healthy stress management and encourages children to do the same.

8 SEEK PROFESSIONAL SUPPORT

While many children benefit from everyday emotional support, some will need more specialised help. If symptoms persist, worsen, or disrupt their daily life, consult with school safeguarding leads, a GP, or a mental health professional. Early intervention can prevent long-term difficulties and support healthy recovery.

9 MAINTAIN CONNECTION

Isolation can worsen the impact of trauma. Encourage involvement in group activities, praise their efforts, and ensure they feel like a valued part of the school or family community. Meaningful connection with trusted adults and peers builds resilience and a sense of belonging.

10 BE PATIENT – HEALING TAKES TIME

There's no quick fix for emotional recovery. Children may have good days and setbacks, and progress may not always be visible or linear. Your ongoing support, patience, and presence can help them move forward at their own pace, knowing they are not alone.

Meet Our Expert

This guide has been written by Anna Bateman. Anna is passionate about placing prevention at the heart of every school by integrating mental wellbeing within the curriculum, school culture, and systems. She has been a member of the advisory group for the Department for Education, advising them on their mental health green paper.



#WakeUpWednesday

The National College

School communication: Please ensure you are logged into your school spider app so that you receive all the important messages we send out. If you need to download the app again, its 'School Spider' and then you can simply go to the log in page and click forgot password to reset your log in details.

Contacting School: If you wish to contact school then you can email us on northwalkdenprimary.pupilcontact@northwalkdenprimaryschool.co.uk and we will respond the same day or call 0161 921 2921.

DIARY DATES: Whilst we aim not to change dates once set sometimes circumstances mean we have to, please always check the dates each week and update your plans accordingly. Any changes will be highlighted.

DATE	ACTIVITY/EVENT	TIME	CLASS/STAFF
WK BEGINNING 13 TH OCTOBER	CHRISTMAS CARD DESIGN – ONLINE SHOP OPENS – CLOSSES 12pm THURSDAY 23 RD OCTOBER – ORDER MUST BE PLACED BY THIS DATE	ALL WEEK	ALL CLASSES
WEDNESDAY 15 TH OCTOBER	YEAR 6 FAMILY TIME WORKSHOP	9-10AM	YEAR 6 PARENTS WELCOME
THURSDAY 16 TH OCTOBER	NURSERY STAY AND PLAY	9-10 AM OR 1-2PM- BOOKINGS TO FOLLOW	NURSERY PARENTS WELCOME
WEDNESDAY 22 ND OCTOBER	AUTUMN/HALLOWEEN DISCO – Please book your place on The Evolve Hub – information emailed out on 29.09.28	EYFS- 2-3 KS1- 3.30-4.30 KS2- 5-6.30PM	WHOLE SCHOOL=
THURSDAY 23 RD OCTOBER	READING AND PHONICS MEETING FOR RECEPTION PARENTS	9.15AM	RECEPTION PARENTS
FRIDAY 24 TH OCTOBER	PUMPKIN COMPETITION – ALL CHILDREN WELCOME TO BRING A DECORATED PUMPKIN TO SCHOOL	MAKE AT HOME	WHOLE SCHOOL WELCOME TO JOIN
FRIDAY 24 TH OCTOBER	NON UNIFORM DAY FOR £1	ALL DAY	WHOLE SCHOOL
FRIDAY 24 TH OCTOBER	SCHOOL CLOSSES FOR HALF TERM	3.15PM	WHOLE SCHOOL
DATE	ACTIVITY/EVENT	TIME	CLASS/STAFF
MONDAY 3 RD NOVEMBER	SCHOOL RE OPENS	8.45AM	WHOLE SCHOOL
WEDNESDAY 5 TH NOVEMBER	RECEPTION BONFIRE WORKSHOP	9-10AM	RECEPTION PARENTS WELCOME TO ATTEND
THURSDAY 6 TH NOVEMBER	YEAR 6 EXTRA PE SESSION – PLEASE WEAR PE KIT	PM	YEAR 6
TUESDAY 11 TH NOVEMBER	2 MINUTE SILENCE IN CLASS	11AM	YEAR 3-6
WEDNESDAY 12 TH NOVEMBER	YEAR 5 FAMILY TIME WORKSHOP	9-10AM	YEAR 5 PARENTS WELCOME
THURSDAY 13 TH NOVEMBER	YEAR 3 AND 4 EXTRA PE SESSION	PM	YEAR 3 AND 4
WEEK BEGINNING	ASSESSMENT WEEK 1	ALL WEEK	YEARS 1-6

17 TH NOVEMBER			
WEEK BEGINNING 17 TH NOVEMBER	CHRISTMAS SHOP ORDERS RECEIVED – THESE WILL BE SENT HOME DURING THE WEEK		ALL CLASSES
THURSDAY 20 TH NOVEMBER	YEAR 1 AND 2 EXTRA PE SESSION	PM	YEAR 1 AND 2
MONDAY 24 TH NOVEMBER	PARENTS EVENING PHONECALLS	4-5.30PM	WHOLE SCHOOL
WEDNESDAY 24 TH NOVEMBER	PARENTS EVENING FACE TO FACE MEETINGS	3.30-6.30PM	WHOLE SCHOOL
FRIDAY 28 TH NOVEMBER	EXTRA PLAY IN EXCHANGE FOR CHRISTMAS HAMPER DONATION	TBC	WHOLE SCHOOL
FRIDAY 28 TH NOVEMBER	Safety Trip at GM Fire and Rescue Service	9.15AM – 3.00PM	YEAR 6
MONDAY 1 ST DECEMBER	HAMPER TICKETS GO ON SALE	9AM	ALL PARENTS WELCOME TO BUY TICKETS
THURSDAY 4 TH DECEMBER	YEAR 3 CHURCH VISIT- CHRISTMAS	1-3	YEAR 3 CLASS
MONDAY 8 TH DECEMBER	KEY STAGE 1 SUPPER WITH SANTA	3.30-4.30PM	KEY STAGE 1
TUESDAY 9 TH DECEMBER	KEY STAGE 2 CAROL CONCERT FOR PARENTS	9.15AM	KEY STAGE 2 PARENTS- TICKETS TO FOLLOW
WEDNESDAY 10 TH DECEMBER	EYFS CHRISTMAS SHOW FOR PARENTS	9.15AM	EYFS PARENTS- TICKETS TO FOLLOW
WEDNESDAY 10 TH DECEMBER	KEY STAGE 2 CAROL CONCERT FOR PARENTS	2.15PM	KEY STAGE 2 PARENTS – TICKETS TO FOLLOW
THURSDAY 11 TH DECEMBER	EYFS CHRISTMAS SHOW FOR PARENTS	9.15AM	EYFS PARENTS- TICKETS TO FOLLOW
THURSDAY 11 TH DECEMBER	CHRISTMAS JUMPER DAY	ALL DAY	ALL WELCOME TO WEAR A CHRISTMAS JUMPER AND/OR ACCESSORIES
THURSDAY 11 TH DECEMBER	CHRISTMAS DINNER DAY	11-1PM	WHOLE SCHOOL
FRIDAY 12 TH DECEMBER	‘DAZZLING DARREN ‘MAGIC SHOW	9-12	ALL CLASSES
MONDAY 15 TH DECEMBER	KEY STAGE 1 CHRISTMAS EXTRAVAGANZA FOR PARENTS	9.15AM	KEY STAGE 1 PARENTS WELCOME
MONDAY 15 TH DECEMBER	KEY STAGE 1 CHRISTMAS EXTRAVAGANZA FOR PARENTS	2.30PM	KEY STAGE 1 PARENTS WELCOME

MONDAY 15 TH DECEMBER	KEY STAGE 2 MOVIE AFTERNOON	1-3	KEY STAGE 2 CLASSES
TUESDAY 16 TH DECEMBER	EYFS PARTY DAY- PARTY CLOTHES!	1-3	EYFS
WEDNESDAY 17 TH DECEMBER	HAMPER DRAW	11AM	SCHOOL COUNCIL
WEDNESDAY 17 TH DECEMBER	KEY STAGE 1 PARTY DAY- PARTY CLOTHES!	1-3	KEY STAGE 1
THURSDAY 18 TH DECEMBER	NON UNIFORM DAY- CHRISTMAS THEME £1 DONATION	ALL DAY	WHOLE SCHOOL
THURSDAY 18 TH DECEMBER	SCHOOL CLOSES	2PM	WHOLE SCHOOL

Kind regards, Mrs Warburton