

Foundation Stage

Curriculum Map Autumn Term 2026

	Homes and Families	At home you could...
Personal, Social and Emotional Development	This term, we begin our time together in Dormouse class by thinking about ourselves and how we can self-regulate our behaviour and emotions to work alongside others. We will begin by thinking about identifying different emotions and learning about how these emotions can affect how we behave. This can then affect others around us. We will learn to self-regulate, starting with co-regulating with an adult.	Talk about emotions by naming them and talking about how each emotion makes us feel. Following a particular emotion be that happy, sad, cross or frustrated, it's a great opportunity to talk about how that emotion made us feel and how we would change anything next time. This can be a difficult concept to learn but as we talk more about it, children are able to understand about themselves.
Communication, Literacy and Language	This term, we are focusing as always on communication. This will involve adults modelling sentences and new vocabulary. We will particularly be thinking about sentences and words related to families and homes. We will also be introducing new concept words through word aware. These words include more, empty, under and fast.	Communication is the basic key to learning. As we communicate with children, new words and phrases are developed. This in turn enhances learning for the future. Understanding new ideas and new subjects opens new doors and these new words and phrases can be modelled by adults around them.
Physical Development	Physical Development encompasses both gross motor skills and fine motor skills. Gross motor skills develops big movements along with balance. This then supports our fine motor skills for cutting and eventually mark making skills. This term, we will be focusing on balance and movement and the use of space to stop and move in different directions.	Encouraging movement is an important part of a child's daily life and sets out foundations for the future. Walking up the hill to school is a great start to the day and there are a variety of routes to take. Likewise, small movements such as threading, snipping using scissors and painting develop fine motor skills.
Maths	In Nursery, our maths will focus on nursery rhymes and develops an understanding of the world around us through maths and numbers. In Reception, we will begin to explore subitising, being able to recognise a small amount without having to count. We will go on to develop skills to count large amounts by tagging objects, counting in order and checking.	Maths is all around us and so talking about maths is really important. Cooking at home, laying the table and working out how many plates or cups are needed are daily opportunities for this. Playing dice games or dominoes further develops understanding and also encourages turn taking.

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Literacy	Each week, we focus on a new text. This term we will be reading books based on our topic of homes and families. Alongside this we have phonics sessions. For Nursery this will be based on nursery rhymes and for reception we will begin to distinguish sounds and pictures to understand what is happening in a book. We will then begin to recognise sounds and blend them to make new words.	Reading together is a lovely way to develop new vocabulary and to develop an understanding of books. Knowing where we start reading, on the left, looking at the gaps between words, listening to rhymes in stories or spotting alliteration is a great way to begin the journey into books. Likewise, mark making is the beginning of writing. Writing birthday cards or notes is a way to build confidence.
Understanding the world	This term, we will be focusing our understanding of the world around families and homes, beginning with our own families and developing an understanding of what other families are like near to us and around the world. In RE we will be learning about why God is special for Christians and of course making preparations for Christmas and through computing we will be exploring instructions.	Once again, talking develops vocabulary. As we walk along, talking to children and pointing out new features, develops this communication naturally. Exploring new places, foods, ways of travelling and sounds can all bring a greater understanding of the world around us. We will be encouraging children to talk about their families and so having those discussions at home will be beneficial.
Expressive Arts and Design	This term, we will be learning about artists who paint, draw or create sculptures of families. We will developing skills to create our own pieces. We will also be developing ideas through role play and drama. We have weekly music lessons with Mrs Hawke and enjoy listening to music daily.	Children love exploring different ways to create and design. This can range from painting and drawing to creating their own den or junk modelling. Finding ways to do this using different materials develops skills using a variety of tools.