

WEEK 1

Create-your-plate

Over St John's CE
Primary School

Monday



Wholemeal Margherita Pizza (V) Served with Potato Wedges, Baked Beans or Seasonal Vegetables

Tuesday



Oven Baked Sausage Roll Served with Mashed Potato, Baked Beans or Seasonal Vegetables

Wednesday



Chicken Korma Curry Served with Brown & White Rice, Naan Bread & Seasonal Vegetables

Thursday



Tomato & Mascarpone Cheese Pasta (V) Served with Wholemeal Crusty Bread & Seasonal Vegetables

Friday



MSC Battered or Breaded White Fish or Salmon Served with Fries, Baked Beans, Mushy Peas or Peas



CHOOSE A
HOT MEAL

Or

AN EVERYDAY
FAVOURITE

Freshly prepared in
our kitchen on the day
they're served.

Treat yourself to a hot meal of
the day or an everyday favourite.



Jacket Potato with a Selection of Fillings. Served with a Side Salad



Deli Choice of Breads with a Selection of Fillings. Served with a Side Salad

CHOOSE A
DESSERT

Or

AN EVERYDAY
FAVOURITE

Save room
for pudding.

Choose a delicious
dessert of the day or treat
yourself to fresh fruit or
low-fat fruit yoghurt.



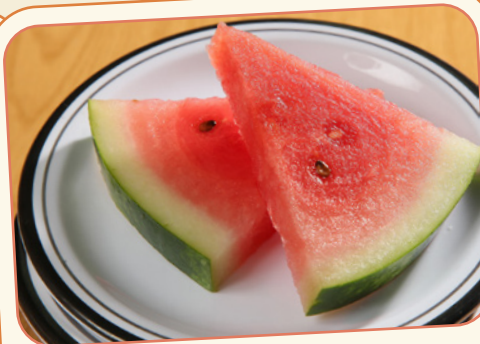
Fibre Rich Toffee Muffin



Golden Crunch Biscuit



Chocolate Muffin



Fresh Watermelon Wedge



Melting Moment



Selection of fresh fruit



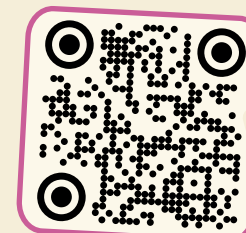
Low-fat fruit yoghurt selection



Images for illustration purposes only.

Meals are subject to availability.
For allergen advice and nutritional
information speak to your catering team.

Big Learning
in Every Bite



WEEK 2

Create-your-plate

Over St John's CE
Primary School

Monday



Wholemeal Margherita Pizza (V) Served with Potato Wedges, Baked Beans or Seasonal Vegetables

Tuesday



Irish Beef Burger Served with Potato Wedges, Coleslaw or Baked Beans

Wednesday



Loaded Yorkshire with Chicken in Gravy served with Mashed Potato and Seasonal Vegetables

Thursday

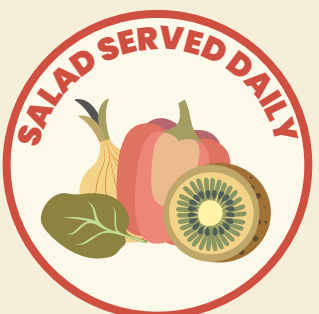


Wholemeal Pasta Bolognese Served with Wholemeal Crusty Bread & Seasonal Vegetables

Friday



Mozzarella Sticks (V) Served with Fries, Baked Beans, Mushy Peas or Peas



CHOOSE A
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the day or an everyday favourite.



Jacket Potato with a Selection of Fillings. Served with a Side Salad



Deli Choice of Breads with a Selection of Fillings. Served with a Side Salad

CHOOSE A
DESSERT

Or

AN EVERYDAY
FAVOURITE

Save room
for pudding.

Choose a delicious
dessert of the day or treat
yourself to fresh fruit or
low-fat fruit yoghurt.



Fibre Rich Toffee Muffin



Lemon Crinkle Cookie



Chocolate Mudslide Cookie



Melon Medley



Jam Bun



Selection of fresh fruit



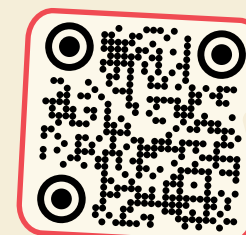
Low-fat fruit yoghurt selection



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Create-your-plate

Monday



Wholemeal Margherita Pizza (V) Served with Potato Wedges, Baked Beans or Seasonal Vegetables

Tuesday



British Pork Sausages Served with Mashed Potato, Gravy & Seasonal Vegetables

Wednesday



Chicken Korma Curry Served with Brown & White Rice, Naan Bread & Seasonal Vegetables

Thursday



Tomato & Mascarpone Cheese Pasta (V) Served with Wholemeal Crusty Bread & Seasonal Vegetables

Friday



MSC Battered or Breaded White Fish or Salmon Served with Fries, Baked Beans, Mushy Peas or Peas

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Freshly prepared in our kitchen on the day they're served.

Treat yourself to a hot meal of the day or an everyday favourite.



Jacket Potato with a Selection of Fillings. Served with a Side Salad



Deli Choice of Breads with a Selection of Fillings. Served with a Side Salad

CHOOSE A
DESSERT

Or

AN EVERYDAY
FAVOURITE

Save room for pudding.

Choose a delicious dessert of the day or treat yourself to fresh fruit or low-fat fruit yoghurt.



Fibre Rich Toffee Muffin



Fruit Jelly



Marbled Chocolate & Vanilla Biscuit



Fresh Fruit Salad



St Clement's Sponge Cake



Selection of fresh fruit



Low-fat fruit yoghurt selection



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