



# Newsletter

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## *Message from Mr Dagnall*

This week has been filled with activity across Bleak Hill Primary School. Our children have engaged in a range of experiences that showcase the breadth of learning opportunities we provide.

Year 3, 4 and 5 participated in TriKidz at the beginning of the week, where children simulated a triathlon by completing running, cycling and a version of swimming. This initiative provided an excellent opportunity for children to challenge themselves across multiple physical disciplines. Our children have also demonstrated their sporting abilities across multiple competitions. We have held KS2 Tennis and KS2 Tri-golf tournaments, alongside Year 4 Dynamos Cricket, Year 6 Rounders and Year 4 Girls Football fixtures. These competitions not only develop physical skills but also foster teamwork, resilience and healthy competition amongst our children. Year 2 ventured out to Speke Hall this week, enriching their learning through first-hand exploration of this historic site.

On Thursday, we held a low-energy day, which the children engaged with enthusiastically. A particular thank you goes to Miss Haslam for organising this initiative, which encouraged children to switch off lights and reduce technology use, promoting awareness of energy conservation and providing a different pace to the school day. Today marked our moving up day, which was a huge success. The children have clearly enjoyed meeting the new adults in their rooms, and we were delighted to welcome our new Reception children into the school. We hope our Year 6 pupils have settled well into their transition to Rainford High and other local secondary schools.

We trust you have enjoyed reading your child's end of year report and wish you a restful weekend.

## Merit Award - Children who demonstrate teamwork

	Oracy Champion	R.O.T.W.	W.O.T.W.	M.O.T.W.	Bronze	Silver	Gold
<b>R Hu</b>	Isla H	George B	Rory B	Sienna C	Heidi M	Adam L	Ada G
<b>R Ma</b>	Otis B	Thomas F	Max C	TJ V	Dorothea V	Roman V S	Thomas P
<b>R Mo</b>	Kurtis G	Manuella M-S	Percy H	Beni E	Miles W	Evie C	Tia R
<b>1 Ma</b>	Layah B	Rosa W	Lucas M-B	Harrison S	Amelia M	George R	James M
<b>1 Me</b>	Wena K	Lucy W	Ralph L	Daisy B	Lizzy K	Henry D	Theodore C
<b>1 MR</b>	Theo C	Arthur M	Iris H	Carter G	Idris R	Toby H	Evie L
<b>2 A</b>	Mila C	James G	Edward C	Nyla E	Imogen C	Indie F-G	Mia P
<b>2 CS</b>	Alex R	George D	Willow J	Alfred M	Hope K	Sophie D	Penny W-P
<b>2 Mc</b>	Aaron K	Rhys S	Ava J	Walter P	Autumn P	Barney F	Raya L
<b>3 H</b>	Luna R	Sebastian B	Rosie G	Ava B	Amelie L	Alannah P	Lydia A
<b>3 M</b>	Jennifer W	Zara A	Arthur D	Pippa B	Alfie H	Finley M	Casper L
<b>3 W</b>	Vinnie F	Jayson B	Rueben C	Ilaria O'N	Matilda N-C	Frankie F	Alex M
<b>4 DM</b>	Bradley R	Megan H	Alfie W	Isla W	Clyde W	Hallie W	Alex D
<b>4 H</b>	Sophie F	Sid S	Harrison B	Seren A	Emily A	Lottie C	Harry J
<b>4 W</b>	Rocco B	George K	Charlotte J	George M	George M	Ezri N-J	Harry C
<b>5 B</b>	Harlen C	Tom K	Joel D	Molly McW	Robyn L	Isla S	Louie R
<b>5 F</b>	Harvey T-H	Charlotte L	Elise O	Nicole M	Jacob R	Hugo L	Isabelle P
<b>5 Du</b>	Milo G	Mia J	Harry W	Billy B	Imogen D	Breanna H	Jude M
<b>6 B</b>	Edith K-G	Charlotte F	Charlie Bri	Camron F	Charlie Bru	Annie D	Eleanor C
<b>6 M</b>	Joseph H	Oscar D	Darcey T	Harvey S	Michael O	Nancy W	Hattie H
<b>6 W</b>	Olivia S	Hallie S	Frankie M	Grace L-G	Annabelle S	Mason M	Marcie L

What's on w/c 06.07.26			
06.07.2026	Before School	During School	After School
Monday		<b>Y3 Y4 &amp; Y6 PE</b> <b>Rock Steady Concert</b> <b>(Monday Group)</b> <b>Start 2.15pm Doors Open 2pm</b>	Contemporary Dance Y4 - Miss Mallalieu 4 of 4 Exit via main reception at 4.20pm
Tuesday		<b>YR Y1 &amp; Y2 PE</b>	Woodland Club YR & Y6 - Miss Webster & Mrs Nelson & Mrs Fairhurst <b>2 of 3—Second Group</b> Exit via main reception at 4.20pm
Wednesday		<b>Y5 PE</b> <b>Rock Steady Concert</b> <b>(Wednesday Group)</b> <b>Start 2.15pm Doors Open 2pm</b>	<b>Parents's Evening—Meet the Teacher Drop-In</b>
Thursday		<b>YR Y1 Y3 &amp; Y5 PE</b>	
Friday	<b>FOBH Breakfast on the Go!</b>	<b>Y2 Y4 &amp; Y6 PE</b>	

### KEY DATES SUMMER B TERM 2026

WEEK	DATES	DAY	ACTIVITY
6	06.07-10.07	MONDAY WEDNESDAY FRIDAY	Rocksteady Concert (Monday Group) Start 2.15pm Doors 2pm Rocksteady Concert (Wed Group) Start 2.15pm Doors 2pm / Parents' Evening (Drop-In) FOBH Breakfast on the Go!
7	13.07-17.07	TUESDAY WEDNESDAY THURSDAY FRIDAY	Y6 Assemblies (9.15am 6M 10.30am 6W 2pm 6B) Y6 Sports Festival Y6 Bikeability (individual sessions advised via Spider) Finish for Summer (Return Monday 7th September 2026)



# OPEN WATER: DON'T TAKE THE RISK



Swimming in or playing near rivers and canals may seem like a great idea, particularly on a warm day, but it could all end in tragedy. **DON'T** take the risk.

## THE WATER IS COLD...

...even on very warm days, rivers and canals contain water barely above 10 degrees. Sudden immersion can lead to cold water shock, which can cause gasping and intake of water.

**This can be deadly in a matter of seconds.**

## DID YOU KNOW?

Even the narrowest of rivers can be considerably deep. Rivers are subject to strong flow and **hidden currents** which can trouble even the strongest of swimmers.

## WHAT LIES BENEATH?

**The water is untreated and can make you ill.**

Canals and rivers contain pollutants, sewage and often unseen underwater obstructions and snag hazards.

Debris under the water such as shopping trolleys, broken glass and cans can cause **injury** or **trap** you.



Remember, there are **no lifeguards** to help you at your local river, lake, canal or dam.

Rivers can be very difficult to climb out of, especially with steep or slimy banks. **Stay clear of rivers with steep or unguarded banks.**



**IN AN EMERGENCY...NEVER** enter the water to try and help a person or animal. You could get into difficulty yourself. Instead, dial 999 and use any water rescue equipment that is available.

**If you fall into the water unexpectedly, fight your instinct to thrash around. Instead, lean back, extend your arms and legs & float.**



[www.merseyfire.gov.uk](http://www.merseyfire.gov.uk)



# BEACH SAFETY: KNOW THE DANGERS



## MUD AND QUICKSAND

Large areas of the coast can have mud and quicksand which can cause you to get trapped and risk drowning.

## REDUCE THE RISK

Check tide times

Follow warning sign advice

Avoid crossing estuaries and mud where there can be hidden channels or fast water

If trapped, **sit back and spread your weight evenly across the surface**

Stop others from trying to help you as they may get stuck

Call **999** immediately and ask for the **Coastguard**



Strong currents can sweep inflatables and people out to sea

## FOLLOW THE FLAGS



There are lifeguards in the area. Swim between the two flags.



**Do not enter the water.** There could be unseen dangers such as currents.



**No swimming in this area.** There may be non-powered watercraft such as surfboards, kayaks, etc. in this area.

## IF YOU SEE SOMEONE STRUGGLING:



## PHONE 999

Tell them to **FLOAT** on their back

**THROW** them something to help them float

**TOP TIP**  
ALWAYS GO TO A BEACH WITH A LIFEGUARD



# Beat the heat

## Plan ahead



Check the weather forecast and the news



Plan ahead to avoid the heat



Schedule activities to cooler times of the day

## Keep yourself cool



Drink plenty of fluids and avoid excess alcohol



Wear sunscreen, a hat, and sunglasses



Cool your skin with water and slow down

## Find somewhere cool



Close blinds and curtains during the day



Go indoors or outdoors, whichever feels cooler



Avoid closed spaces like stationary cars

## Be safe



Be on the lookout for signs of heat related illness



Look after yourself and check in with others



Stay safe when swimming



Get help. Call NHS 111 or in an emergency 999

For more information go to: [gov.uk/ukhsa/beat-the-heat](http://gov.uk/ukhsa/beat-the-heat)



### What's On in July for children

Speak to library staff for more information.

<p><b>Monthly construction club</b> <b>First Monday of the month</b> 3:30pm – 4:30pm</p> <p>Build, create, and imagine! Join us at Eccleston library for children's monthly construction club – a fun-hands – on session for young builders and inventors. Drop In</p>	<p><b>Baby Rhyme Time</b> <b>Mondays</b> 11.00am - 11.30am</p> <p>6 x sessions for babies 0-12 months. <b>Booking is required as numbers are limited</b></p>	<p><b>Read and Rhyme Time</b> <b>Tuesdays and Fridays</b> 10.30am - 11.00am</p> <p>Come along to our weekly Read and Rhyme sessions, perfect for toddlers, and their grown-ups. Enjoy gentle rhymes, picture books, and shared fun. Followed by Stay and Play. Drop In</p>
<p><b>Summer Holiday Lego &amp; K'Nex</b> <b>Every Thursday</b> 10:00 – 4:30pm</p> <p>Build &amp; Create Grab your bricks, blocks and imagination... It's time to build something AMAZING... There is also a chance to read some amazing books! Drop In</p>	<p><b>Lego Club</b> <b>Every Tuesday</b> 3:30pm – 4:30pm</p> <p>Dream it. Brick it! Come build towers, vehicles, worlds and more in our fun-filled construction club for young creators. Click it. Brick it. Build it. Drop In</p>	<p><b>SRC - I love Horses Day</b> <b>Thursday 16<sup>th</sup> July</b> 3:30pm – 4:30pm</p> <p>You're invited to an I Love Horses Day craft event! Come and gallop to the beat of the Horses feet. Saddle up for a fun and creative session all about horses Come along and make a horse Mask to take home Drop In</p>
<p><b>- Alice in Wonderland Day</b> <b>Friday 3<sup>rd</sup> July</b> 3:30pm – 4:30pm</p> <p>On the 4<sup>th</sup> of July its Alice in Wonderland Day, join us at the library to celebrate the beloved classic that has captured readers of all ages. Step into a world of imagination for a magical drop-in craft inspired by Alice's Adventures in wonderland Drop In</p>	<p><b>Summer Reading Challenge</b> <b>Read to the Beat R&amp;R launch</b> <b>Friday 3<sup>rd</sup> &amp; Tuesday 7<sup>th</sup></b> 10:30 am – 11:00am</p> <p>Come and join us for the launch of the summer reading challenge – theme is read to the beat. We will have all our usual Read and Rhyme songs, rhymes and story, but with a difference. Get ready to clap, stomp and move to the beat, join us for an exciting, interactive session where the story will come alive through music, rhythm, and movement. Drop In</p>	<p><b>Summer holiday Big fun games</b> <b>Monday 20<sup>th</sup> July</b> 10:00am – 4:30pm</p> <p>You're invited to a super fun games time at the library! We'll be playing big board games, card games, and lots of silly group games. Bring your friends, your favourite game if you have one! There might be snacks too Drop In</p>
<p><b>Summer holiday Lolly picture frame</b> <b>Monday 27<sup>th</sup> July</b> 2:00pm – 4:00pm</p> <p>Join us for a creative and exciting session where children will design their very own lolly stick picture frames! Why not take home some of our crafting books and carry on your creativity at home! Drop In</p>	<p><b>National Year of Reading – Paperback book day!</b> <b>Thursday 30<sup>th</sup> July</b> 2:30pm – 3:30pm</p> <p>You're Invited to Paperback Book Day! Join us for a fun – filled celebration of stories, creativity, and imagination at Paperback Book Day craft Event! Drop In</p>	<p><b>Opening Times</b></p> <p>Mon – 10:00am – 5:00pm Tue – 10:00am – 5:00pm Wed – closed Thu – 10:00am – 5:00pm Fri – 10:00am – 5:00pm Sat – closed Sun – closed</p>



### Eccleston Library

#### What's On in July for Adults

Speak to library staff for more information.

<p><b>Fit Forever gentle keep it</b> <b>Every Tuesday</b> 11:00am – 12:00pm</p> <p>Fit Forever Gentle Keep-Fit Session is a gentle exercise session run by the Active Lives &amp; Sports Development Team and aimed at those aged 50+ <b>Booking is required</b></p>	<p><b>Warm welcome Brew and Chat</b> <b>Every Thursday</b> 10am - 12pm</p> <p>Come and enjoy a lovely cuppa and a chat with friends. Browse some books, enjoy jigsaw puzzles and crosswords while you are here. Drop In</p>	<p><b>Reading group</b> <b>1<sup>st</sup> and 2<sup>nd</sup> Thursday of the month</b> 2:00pm</p> <p>Love reading and great conversations? Come be part of our cozy community of book lovers!  <ul style="list-style-type: none"> <li>• Exciting discussions</li> <li>• New books every month</li> <li>• Refreshments &amp; fun</li> </ul> Drop In</p>
<p><b>Stitch &amp; Chat group</b> <b>2<sup>nd</sup> Friday of the month</b> 1:00pm</p> <p>Love sewing, knitting, crochet, or any kind of stitching? Come along to our friendly Stitch &amp; Chat group!  <ul style="list-style-type: none"> <li>• Bring your latest project</li> <li>• Enjoy great conversation</li> <li>• Relax with a warm drink &amp; biscuit</li> </ul> Drop In</p>	<p><b>New Mum's Café</b> <b>Every Monday</b> 11:30am - 12:30pm</p> <p>A tea and coffee morning at the library. An informal gathering with a chance to connect with other parents, share experiences, take a moment for yourself in a welcoming, understanding space. Whether you'd like to chat, listen, or simply enjoy a quiet cup of tea or coffee, you are very welcome. Drop In</p>	<p><b>Digital Drop In</b> <b>Every Friday</b> 1:00pm – 3:00pm</p> <p>Need help getting online Our Volunteer can help with, filling in forms, mobile phones, laptops &amp; tablets Emails, social media and online entertainment Plus many other things Drop In</p>
<p><b>Clr Keogh surgery</b> <b>Monday 6<sup>th</sup> July</b> 10:30am – 11:30am</p> <p>Come along to Clr Keogh's surgery for the whole community Drop In</p>	<p><b>Library Community walk</b> <b>Monday 20<sup>th</sup> July</b> 10:30am</p> <p>A gentle, supportive walk, to encourage conversation, and promote wellbeing. This event is a chance to come together, enjoy fresh air, and connect with others in a relaxed and welcoming environment. And come back for a tea or coffee Drop In</p>	<p><b>PCSO Surgery</b> <b>Friday 10<sup>th</sup> &amp; 24<sup>th</sup> July</b> 2:00pm – 3:00pm</p> <p>Community PCSO surgery drop-in session to meet the local Police Community Support Officer. Discuss local concerns, ask questions, and receive advice in an informal setting. Drop In</p>

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