

Somerville News

E-mail: schooloffice@somerville.wirral.sch.uk

Website: www.somerville.wirral.sch.uk

Phone: 0151 638 5074

AIMING HIGH TOGETHER



MONSTER MASH

The monster mash was a roaring success this year. The children had lots of fun and really enjoyed celebrating Halloween in a safe environment. We would like to thank our staff who run and organise these events out of school hours, as volunteers, to ensure our children have these enjoyable experiences during their time at Somerville and allowing school to fund raise at the same time. Your support at these events is always much appreciated.

As always, there is a **deadline** for these events so we are not wasting money and are only catering for those who have tickets. We also have to know, in advance, the number of children who are attending so our risk assessments and staffing of volunteers is safe.

The office staff are extremely organised and ensure parents have plenty of time to organise getting tickets and as always are very approachable if anyone is having problems using Parent Pay. They just need to be informed in advance of the deadline as nothing can be done after this date!



FOOD HYGIENE -RATING 5 STARS

We are absolutely thrilled to share that yesterday we were awarded the **top 5-star food hygiene rating** from the local authority food inspection team! This is the highest score possible and shows that our school kitchen meets the very best standards for cleanliness, safety, and food preparation. This fantastic achievement is a true **testament to our brilliant kitchen team**, who work incredibly hard every single day to provide delicious, safe, and healthy meals for all our children. Please join us in thanking them for their dedication and outstanding work!



ZONES OF REGULATION – EXPLORING THE YELLOW ZONE

Last week we moved onto **THE YELLOW ZONE - The WOBBLY Zone.**

How to spot The YELLOW Zone:

Children learned that when they are in The YELLOW Zone, when they could be:

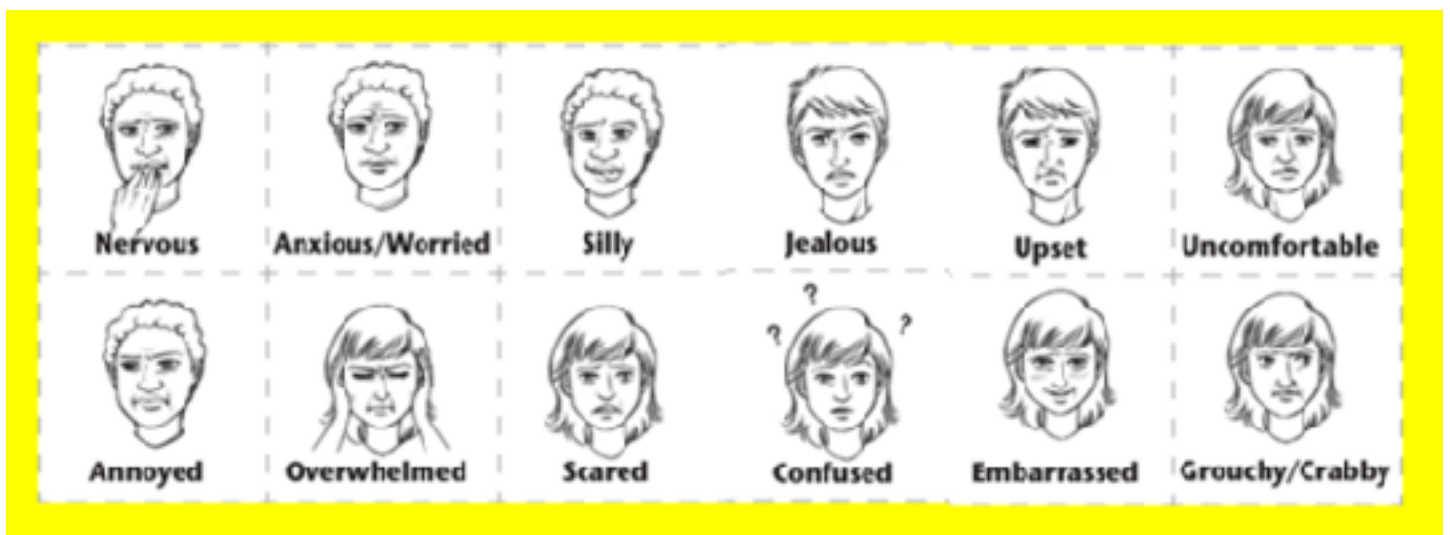
- › Fidgeting and squirming in their seat
- › Feeling their heart beating quickly
- › Feeling shaky or restless
- › Talking quicker than they would normally
- › Not paying attention
- › Frowning
- › Being overly silly and giggly
- › Feeling anxious or nervous
- › Tapping a pencil

Tools for The YELLOW Zone:

The children worked on exploring ways to help them regulate, regain control and calm themselves this week. They know they can use the tools below to support them when in the **Yellow Zone**:

- › Take a short amount of time out
 - › Take deep breaths
 - › Count to 20
 - › Draw a picture
 - › Concentrate on feeling the ground under your feet
 - › Blow bubbles
 - › Give them time to talk to someone about how they feel, or write it down
 - › Close their eyes and count slowly
 - › Use a fidget that calms and not stimulates
 - › Find a quiet space
 - › Practice self regulation regularly e.g. movement breaks
- › **Remember:** All feelings are okay! The goal isn't to be in the Green Zone (calm, happy, and focused) all the time. It's about learning what zone we are in and how to manage our feelings to help us get back to a calm state.

We encourage you to try some of these strategies at home and use the “**YELLOW zone**” language with your child. Be kind to yourselves and to others!



Please note that INSET days are subject to change.

Autumn Term 2025	
Open	Monday 1 st Sept – Friday 24 th Oct
Half Term	Monday 27 th Oct – Friday 31 st Oct
Open	Monday 3 rd Nov – Friday 19 th Dec
Christmas Holidays	Monday 22 nd Dec – Friday 2 nd Jan

Spring Term 2026	
Open	Monday 5 th Jan – Friday 13 th Feb
Half Term	Monday 16 th Feb – Friday 20 th Feb
Open	Monday 23 rd Feb – Friday 27 th March
Spring Break	Monday 30 th March – Friday 10 th April

Summer Term 2026	
Open	Monday 13 th April – Friday 22 nd May
May Bank Holiday	Monday 4 th May
Half Term	Monday 25 th May – Friday 29 th May
Open	Monday 1 st June – Monday 20 th July

190 Pupil days and 5 INSET Days 2025 – 2026

- 1. Monday 1st Sept 2025**
- 2. Monday 5th Jan 2026**
- 3. Monday 13th April 2026**
- 4. Monday 1st June 2026**
- 5. Monday 20th July 2026**

Please note that INSET days are subject to change.

Whole school dates for the diary

Monday 27th - Friday 31st October - Half Term - School closed to children

Monday 3rd November - School open to pupils

Friday 14th November - Children In Need Day - Own Clothes - Money in the bucket at the gate

Monday 10th November - Anti Bullying Week Monday wear Odd socks to school - No money

Reception dates for the diary

Friday 24th October- Foundation Fun Course
Awesome Autumn

Year 1 dates for the diary

Year 2 dates for the diary

Year 3 / 4 dates for the diary

Year 6 dates for the diary

Tuesday 11th November - Friday 14th November - Year 6 Residential - Wales