

Trinity St Peter's Menu Foundation Stage

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Option A	Oven Baked Sausage Mash Potatoes, Peas & Onion Gravy	Chicken Curry Korma Basmati Rice & Naan Bread	Roast Gammon, Cauliflower & Broccoli Mix, Roast potatoes & Gravy	Beef Stew, Warm Crusty Bread, Red Cabbage	Fishy Friday Garden peas Chipped potatoes
Option B	V Quorn Bolognese & Homemade Garlic Bread	V Cheese & Potato Pie Baked Beans	V Baked Cheese & Tomato Frittata, Side Salad	V Quorn Nuggets, Mixed Vegetable Rice, Sweet & Sour Sauce	V Pasta Bake Crispy Green Salad
Deserts	Oat Cookies	Chocolate Chip Muffin	Fruit Jelly	Iced Fairy Cake	Shortbread Finger
WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option A	Meatballs in Gravy Mixed vegetables & Seasoned Wedges	Sausage & Bean filled Yorkshire Puddings & Mashed Potatoes	Roast Turkey & Gravy, Carrot & Sweetcorn, Roast Potatoes	Chicken Tikka Masala, Yellow Rice, Naan Bread	Fishy Friday Chipped Potatoes Peas & Sweetcorn
Option B	V Pizza Mixed Salad & Seasoned Wedges	V Vegetable Lasagne Garlic Bread	V Baked Quorn Sausage & Gravy Carrots & Sweetcorn, Roast Potatoes	V Cheese & Potato Whirls Baked Beans	V Cheese & Red Onion Quiche, Peas & Sweetcorn, Chipped Potatoes
Deserts	Homemade Biscuit	Jam & Coconut Sponge Finger	Chocolate & Banana Muffin	Rice Pudding	Frozen Yoghurt Pot
WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option A	Sausage Roll & Baked Beans Oven Baked Mini Potato Waffles	Spaghetti Bolognese Crusty Bread	Roast Chicken & Gravy, Broccoli, Cauliflower & Carrot Mix Roast Potatoes	Cottage Pie Diced Carrots	Fishy Friday Peas & Skinny Fries
Option B	V Quorn Curry Rice Naan Bread	V Pizza Pockets with Salad Sticks, Potato wedges	V Quorn Fillet Roast Potatoes	V Quorn Pasta Bake	V Vegetable Burrito & Salad, Tomato & Sweetcorn Salsa
Deserts	Chocolate Cookie	Sponge & Custard	Chocolate & Banana Brownie	Flapjacks	Lemon Drizzle Cake
Available daily	Fresh 50/50 bread		Fresh Fruit Pots or yoghurts	Fresh fruit juice, semi skimmed milk or fresh water	