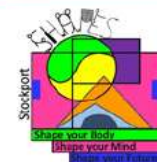




Half Term Activity Bingo



Play catch with someone for 5 mins	Scoot/cycle for 20 minutes	Play tag/tig for 10 minutes	Learn what a burpee is and do 10 of them
Play outside for 20 minutes	Go for a long walk (1 hour+)	Run/Jog for 1 mile	Create a wake up shake up routine
Create a poster to promote the Euros 2021 using any materials	Write a short report/poem about a physical activity you have taken part in	Design & create a mascot for the Euros 2021	Create an indoor obstacle course
Do 20 shuttle runs in your garden or house/flat	Throw a ball up and catch as many times as you can	Find 3 healthy foods and draw them	Play musical statues

How to play

Over the February Half Term each time you complete one of the boxes, colour it in! **You have until 1st March to hand in your form to Mrs Hall** and you will then receive a competition certificate soon after. **If you send in a Photo/Video of the red box activities to the email below you will be entered into a Stockport wide Competition!**



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