

Fulfen Primary School

Laches Wood

3rd – 5th of June 2026



Laches Wood Activities Include:

- Archery
- BMXing
- Bush craft
- Paddlesports
- Climbing and bouldering
- High ropes course
- Caving
- Offsite adventures
- Sailing
- Search and rescue



FUN

Personal Development

Improved Resilience

Improved Decision Making

Learning New Skills

Life Wide Learning

Social Interaction

Trying Something New

Learning to Trust and be Trusted

Wednesday	Morning 10.30am – 12.30	10:30 am Arrive and Introductions Settle into Centre					
	Afternoon 1.45pm – 5pm	Caving Biking		Biking Caving		Canoeing	
	Evening 7pm – 8pm	Photo Trail					
Thursday	Morning 9.30am – 12.30	Archery Axe Throwing		Axe Throwing Archery		Caving Biking	
	Afternoon 1.45pm – 5pm	High Ropes		High Ropes		Archery Axe Throwing	
	Evening 7pm – 8pm	Emoji Madness					
Friday	Morning 9.30am – 12.30	Canoeing		Canoeing		High Ropes	
	Afternoon	1.30pm – Depart Centre					

Kit List

- All specialist equipment is provided by the centre
- Children will need to carry their own bags
- Bedding
- School will provide the kit list and there is a downloadable one available



Outdoor Education Menu

 **edwards and ward**
a recipe for success

Breakfast	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Bacon & Egg with Hash Brown & Beans	Sausage with Potato Waffle & Spaghetti Hoops	Bacon & Egg with Hash Brown & Beans	Sausage with Potato Waffle & Spaghetti Hoops
ALSO AVAILABLE: Fresh Fruit, Yoghurt, Cereals, Toast, Crumpets & Pancakes with Butter, Marmalade & Jam. Tea, Milk & Fruit Juice				
Lunch: Choice of Sandwiches, Crisps, Fresh Fruit, Cookie & Cold Drink				

Dinner	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	Pork or Veggie Sausages with Mash, Yorkie & Gravy	Classic Beef Burger or Veggie Burger with Potato Wedges	Chicken or Veggie Korma with Pilau Rice	Margherita Pizza with Fries & Beans
	Mac & Cheese with BBQ Chicken or BBQ Veg Topper	Chicken Nuggets with Potato Wedges	Fish Fingers with Chips	Spaghetti & Meatballs in Tomato Sauce with Garlic Bread
	Veg of the Day			
	Iced Sponge & Custard	Chocolate Mousse	Chocolate Shortbread & Custard	Ice Cream
Jacket Potatoes or Classic Tomato Pasta				

Supper

Hot chocolate and biscuits

A salad bar, fresh fruit, jelly & mousse will be available daily.



Mr Danks completed a 600 mile transfer of a racing yacht from Malta across to Croatia

Mr Krause entered the Gouffre Berger a cave in France that is 1271m deep and 45km long

Mr Probert spent 3 weeks in Nepal and completed the Annapurna Circuit on mountain bikes - 270km, 24000ft of climbing & our high point was 18,000ft



Safety

- No Mobile Phones/Technology
- All staff are DBS, Safeguard and First Aid Trained
- LOtC, AALS, AHOEC
- Evolve



Website



Useful Information



FUN

Freddie – I liked the activities and thought it was so much better than I thought it would be.

Jack – Thanks to Miss. T I went down the black hole when caving – I was proud of myself

Alex – The BMXing was hard but I was happy that I completed it

Amelia C – With the help of the instructors I was able to make it around the BMX track without pedalling – I was amazed