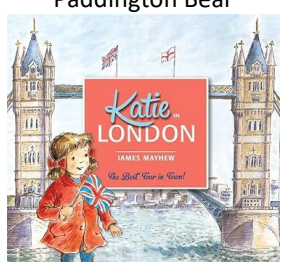


Oak Class, Autumn 1

The United Kingdom

All tasks are in addition to times tables practice, daily reading and the learning of weekly spellings. Each activity is optional and worth 2 dojo points. Please provide physical or photographic evidence via class dojo/ email.

Topic	Health/ Wellbeing
Map the UK: Draw or label a map of the UK, showing: • The four countries (England, Scotland, Wales, Northern Ireland) • Capital cities • Surrounding seas • Major landmarks or rivers	My Active Day: Draw a picture or write about all the ways you moved your body today (running, walking, stretching, dancing, etc.). 
Where Do I Live? Write or draw about where in the UK you live. What do you like about it? What's special there? 	Hydration Challenge: Keep track of how many glasses of water you drink each day — aim for 5–6 small ones! 
Design a New UK Flag: Make your own flag design that includes something special from each of the UK nations.	Obstacle Course: Build a mini obstacle course using household or garden items and complete it (with adult help!).
Read a book linked to the topic of The United Kingdom. <u>Suggested book list:</u> Katie in London United Kingdom Paddington Bear 	Kindness Challenge: Do 5 kind things this week — they could be helping someone, giving a compliment, or sharing. 