



Oak Class, Summer 2

The United Kingdom

All tasks are in addition to times tables practice, daily reading and the learning of weekly spellings. Each activity is optional and worth 2 dojo points. Please provide physical or photographic evidence via class dojo/ email.

Topic	Health/ Wellbeing
<p>Map the UK:</p> <p>Draw or label a map of the UK, showing:</p> <ul style="list-style-type: none">• The four countries (England, Scotland, Wales, Northern Ireland)• Capital cities• Surrounding seas• Major landmarks or rivers	<p>My Active Day:</p> <p>Draw a picture or write about all the ways you moved your body today (running, walking, stretching, dancing, etc.).</p>
<p>Where Do I Live?</p> <p>Write or draw about where in the UK you live. What do you like about it? What's special there?</p> 	<p>Hydration Challenge:</p> <p>Keep track of how many glasses of water you drink each day — aim for 5-6 small ones!</p> 
<p>Design a New UK Flag:</p> <p>Make your own flag design that includes something special from each of the UK nations.</p>	<p>Obstacle Course:</p> <p>Build a mini obstacle course using household or garden items and complete it (with adult help!).</p>
<p>Read a book linked to the topic of The United Kingdom.</p> <p><u>Suggested book list:</u> Katie in London United Kingdom</p>	<p>Kindness Challenge:</p> <p>Do 5 kind things this week — they could be helping someone, giving a compliment, or sharing.</p>