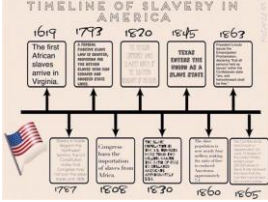
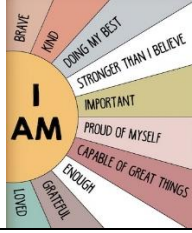







# Beech Class, Summer 1

## Slavery

All tasks are in addition to times tables practice, daily reading and the learning of weekly spellings. Each activity is optional and worth 2 dojo points. Please provide physical or photographic evidence via class dojo/ email.

Topic	Health/ Wellbeing
<p style="text-align: center;"><b>Slavery Timeline</b></p> <p>Research and create a timeline of slavery in the UK, complete with illustrations.</p>  <p>The image shows a horizontal timeline titled 'TIMELINE OF SLAVERY IN AMERICA' with an American flag on the left. Key events are marked with boxes above and below the timeline line, including: 1619 (The first African slaves arrive in Virginia), 1773 (The Boston Tea Party), 1787 (The Constitution is signed), 1808 (The transatlantic slave trade begins), 1820 (The Missouri Compromise), 1845 (The Fugitive Slave Act), 1863 (The Emancipation Proclamation), and 1865 (The Civil War ends).</p>	<p style="text-align: center;"><b>Positive Affirmations</b></p> <p>Write down some positive affirmations. For example: I am important. I can handle this. Pick your favourite one and create a small poster of this. Try to start and finish each day saying your positive affirmation.</p>  <p>The image is a circular wheel with 'I AM' in the center. Around the perimeter are various affirmations: BRAVE, KIND, DOING MY BEST, STRONGER THAN I BELIEVE, IMPORTANT, PROUD OF MYSELF, CAPABLE OF GREAT THINGS, ENOUGH, GRATEFUL, and LOVED.</p>
<p style="text-align: center;"><b>Poem</b></p> <p>Make your own acrostic poem about slavery or enslavement.</p> <p style="font-size: 2em; letter-spacing: 0.5em; margin-left: 5px;">S L A V E R Y</p>	<p style="text-align: center;"><b>Journaling</b></p> <p>Keep a journal for a week. At the end of each day, have some reflection time and write about how you felt.</p>  <p>The image shows a person's hands drawing a colorful scene in a journal. The scene includes a planet, a rocket, and the text 'LET'S GO' written in large, colorful letters.</p>
<p style="text-align: center;"><b>Design and Technology</b></p> <p>Research about the boats that were used to transport some slaves. Create a model one and see if you can make it float!</p>  <p>The image is a painting of a large, multi-masted sailing ship on the ocean, representing a slave ship.</p>	<p style="text-align: center;"><b>Go for a nature walk</b></p> <p>Take the time to get out in nature and go for a nature walk. Think about what you can hear, feel, smell and hear as you go along.</p>  <p>The image shows a pair of green rain boots stepping into mud, symbolizing a nature walk.</p>
<p style="text-align: center;"><b>Anti-Slavery Poster</b></p> <p>Create an anti-slavery poster with facts and information about slavery in the present and in the past.</p>  <p>The image is a poster with the word 'FREEDOM' in large, bold letters at the top. Below it is a world map, and at the bottom, two hands are shown, one with a black wristband and the other with a white wristband, both with chains attached.</p>	<p style="text-align: center;"><b>Quiet Time</b></p> <p>Spend at least 15 minutes in a quiet space taking some time to do some calm, relaxing activities such as reading, drawing or breathing activities.</p>  <p>The image shows a young girl lying on her stomach on a rug, reading a book.</p>

