






# Willow Class, Spring 1

## The History of ME!

*All tasks are in addition to times tables practice, daily reading and the learning of weekly spellings. Each activity is optional and worth 2 dojo points. Please provide physical or photographic evidence via class dojo/ email.*

Topic	Health/ Wellbeing
<p style="text-align: center;"><b>Get creative!</b></p> <p>Draw, paint or create your favourite traditional tale character. Can you label your picture as an extra challenge?</p> 	<p style="text-align: center;"><b>Listen to some music</b></p> <p>Music makes you happy! Put on some of your favourite songs, then sing and dance away! I have listed some of our class favourites below...</p> <p><a href="https://www.youtube.com/watch?v=aSFvJbSQdA4&amp;list=RDaSFvJbSQdA4&amp;start_radio=1">https://www.youtube.com/watch?v=aSFvJbSQdA4&amp;list=RDaSFvJbSQdA4&amp;start_radio=1</a>  <a href="https://www.youtube.com/watch?v=ElQoMOCJw8w">https://www.youtube.com/watch?v=ElQoMOCJw8w</a>  <a href="https://www.youtube.com/watch?v=0076ZF4jg3o">https://www.youtube.com/watch?v=0076ZF4jg3o</a>  <a href="https://www.youtube.com/watch?v=MVzXKfr6e8&amp;list=RD_MVzXKfr6e8&amp;start_radio=1">https://www.youtube.com/watch?v=MVzXKfr6e8&amp;list=RD_MVzXKfr6e8&amp;start_radio=1</a>  <a href="https://www.youtube.com/watch?v=5PmB3SIjNdQ">https://www.youtube.com/watch?v=5PmB3SIjNdQ</a>  <a href="https://www.youtube.com/watch?v=TvMyssfAUx0">https://www.youtube.com/watch?v=TvMyssfAUx0</a></p>
<p style="text-align: center;"><b>Interview an Adult</b></p> <p>Ask questions to a grown up about what their childhood was like. It's a great way to learn about the past and about your family history.</p> 	<p style="text-align: center;"><b>Green Fingers</b></p> <p>January and February are great for planting warm-season veggies indoors such as tomatoes and peppers and veggies staples such as peas, broad beans and leeks.</p>  <p style="text-align: center;">Healthy body – healthy mind!</p>
<p style="text-align: center;"><b>Make a Family Tree</b></p> <p>Learn more about the history of you by crafting your own family tree. Whilst doing this, you may also want to explore photographs from the past. Are they all in colour?</p> 	<p style="text-align: center;"><b>Memory/Wish Jar or List</b></p> <p>Reflect on 2025 by filling a jar with lots of your best memories. Alternatively, you could make a Wish Jar and fill it with all your hopes and aspirations for 2026.</p> 
<p style="text-align: center;"><b>Read a book linked to our topic</b></p> <p style="text-align: center;"><u>Suggested book list:</u></p> <ul style="list-style-type: none"> <li>-The Wolf's Story -Toby Foward and Izhar Cohen</li> <li>- Mixed Up Fairy Tales – Hilary Robinson and Nick Sharratt</li> <li>-The Great Big Book of Families – Mary Hoffman</li> <li>- Animal Encyclopaedia – Lucy Spelman and National Geographic Kids</li> </ul> 	<p style="text-align: center;"><b>Look at Baby YOU!</b></p> <p>Look at a photograph of you as a baby, toddler and now. Can you order them from the past to the present?</p> 