Ωεεκ 2	MENT MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Cheese Whirls with Baked Wedges	Spaghetti Bolognaise With Garlic Bread	Chicken Wrap Served With Coleslaw	Homemade Meat Pie With Mash Potato & Gravy	Crispy fish fingers with chunky chips
	Cheese Whirls	Vegetarian Bolognaise	Vegetarian Southern Fried Burger In Wrap	Cheese & Onion Pie, Mash & Baked Beans	Vegetarian burger with chunky chips
5 A DAY	Baked Beans Salad Bar	Green Beans Salad Bar	Sweetcorn Salad Bar	Mushy Peas Salad Bar	Baked BeansSalad Bar
	Watermelon Fruit Slices	Spiced Apple Cake Served With Custard	Stawberry Whip	Orange Cupcakes	Orange Jelly
	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt	Fresh fruit or Yoghurt
	Pasta Of The Day	Jacket Potato With Variuos Fillings	Pasta Of The Day	Pasta Of The Day	Jacket Potato With Various Fillings



Eating all your fruit & veg will help you grow BIG and STRONG (like me!)







KEY 5 - 1 OF YOUR 5 A DAY MEAT-FREE MONDAY - CHEF'S CHOICE



