



Bentley CEVC & Copdock Primary School



Forest Schools Progression of Skills

Den/Shelter Building

EYFS	Phase 1/2	Phase 3/4	Phase 5/6
<ul style="list-style-type: none"> - Introduction to basic shelter building. - Mini den building for small animals. 	<ul style="list-style-type: none"> - Introduction and use of tripod structures (mini den building). - Erect a lean to shelter with support. 	<ul style="list-style-type: none"> - Introduction to lashing and frapping to make frame. - Design and build varying sized shelters using tarpaulins and materials found in Forest Schools. - Work successfully as a group, having considered and evaluated each members' contribution. <p>Compare and evaluate the shelters in relation to their sturdiness, durability and weatherproofing, assess if it is fit for purpose.</p>	<ul style="list-style-type: none"> - Shelter building challenges, working in teams the children plan, build and review shelters. - Work successfully as a group, having considered and evaluated each members' contribution. - Compare and evaluate the shelters in relation to their sturdiness, durability and weatherproofing, assess if it is fit for purpose.

Geographical/Navigation Skills

EYFS	Phase 1/2	Phase 3/4	Phase 5/6
<ul style="list-style-type: none"> - Follow rules and boundaries, using 123 where are you. - Promote free exploration and investigation using positional language: around, under, above, 	<ul style="list-style-type: none"> - Use simple compass directions (North, South, East and West). - Use simple directional language (near and far, left and right). 	<ul style="list-style-type: none"> - Recognises features and symbols on a map. - Understand how to orientate the map. - Demonstrate understanding of an orienteering course. 	<ul style="list-style-type: none"> - Use eight points of a compass and four figure grid references (include OS maps). - Plan a short orienteering course for another pair to follow.

over, between, below, next to, behind,	<ul style="list-style-type: none"> - Describe the location of features and routes on a map. - Recognise landmarks and human and physical features. - Devise a simple map. 	<ul style="list-style-type: none"> - Build trust with a partner when completing an orienteering course. 	<ul style="list-style-type: none"> - Combine map reading and compass skills. - Measure the distance between control points and using the map scale, estimate the number of pace required to reach each control.
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Tools

EYFS	Phase 1/2	Phase 3/4	Phase 5/6
Peeler and Hammer <ul style="list-style-type: none"> - Use a peeler to peel the bark off a stick or peel off a carrot. - Use a hammer safely 	Secateurs and Loppers <ul style="list-style-type: none"> - Use secateurs safely to cut sticks into specific lengths. - Use loppers to create something from natural materials (willow). 	Mora knives and Bow Saw <ul style="list-style-type: none"> - Whittle a stick safely. - Work with a partner to saw a length of wood into two sections. 	Billhook and Folding Saw <ul style="list-style-type: none"> - Work with a partner to saw a length of wood into two sections. - Use a folding saw.

Knots

EYFS	Phase 1/2	Phase 3/4	Phase 5/6
<ul style="list-style-type: none"> - Leaf threading - tie a basic knot 	<ul style="list-style-type: none"> - timber hitch - clove hitch 	<ul style="list-style-type: none"> - square lashing - sheer lashing 	<ul style="list-style-type: none"> - tension knot -adjustable tension knot

Fire

EYFS	Phase 1/2	Phase 3/4	Phase 5/6
<ul style="list-style-type: none"> - move around the fire pit safely with support 	<ul style="list-style-type: none"> - move around the fire pit safely and independently. - collect different types of fire wood 	<ul style="list-style-type: none"> - recall the fire rules and get a spark with flint and steel. - light a campfire using flint and steel 	<ul style="list-style-type: none"> - maintain the campfire with support and extinguish the campfire safely

Cooking

EYFS	Phase 1/2	Phase 3/4	Phase 5/6
- toasting marshmallows	- damper bread (sticks that are whittled)	- flatbread (griddle pan)	- vegetable stew (tripod and pot) - use a kelly kettle to make a hot drink.

Nature

EYFS	Phase 1/2	Phase 3/4	Phase 5/6
<ul style="list-style-type: none"> - Create a journey stick - tree rubbings - nature sun catchers - Create recipes and potions using mud kitchen, identifying basic knowledge of nature e.g. twigs, leaves, bark, flowers 	<ul style="list-style-type: none"> - Discuss the seasons and changes. - identify minibeasts - identify basic trees/plants 	<ul style="list-style-type: none"> - identify trees from their leaves/twigs/bark. - clean and maintain forest school area 	<ul style="list-style-type: none"> - Support work on site to improve the habitats of the wildlife e.g. habitats and planting. - On-site maintenance of trees and shrubs.

Mindfulness Skills

EYFS	Phase 1/2	Phase 3/4	Phase 5/6
Introduce Sit Spot with adults and encourage listening to sounds.	Sit independently for Sit Spot within an allocated area.	Sit independently in an area of own choosing for Sit Spot for 5 minutes.	Engage in a time of self-choosing for 5 minutes peace.

Allotment

EYFS	Phase 1/2	Phase 3/4	Phase 5/6

Sow seeds using a dibber.	Sow seeds using measurements (depth of the soil)	Planting out/sowing indoor/outdoors	Thinning out seedlings and rotational planting. Succession planting.
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