



## **Suffolk Parent Carer Forum**

Invites parents and carers to our

### **Sleep Workshop for Parents and Carers**

Kindly provided by Unique Neuro Wellness Ltd.

**Tuesday 3<sup>rd</sup> March 10:30 – 11:15**

This is a virtual meeting hosted on Microsoft Teams and requires registration. If you would like to participate and share feedback, please email [info@suffolkpcf.co.uk](mailto:info@suffolkpcf.co.uk) to register your interest



Working towards a brighter future for  
Suffolk's children and young people

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