



Personal, Social and Emotional Development

Basic Knowledge:

- I know it is important to not have too much 'screen time'.
- I know how to brush my teeth properly.
- I can wash my hands and know why this is important.
- I know how to stay safe near roads.
- I know it is important to do exercise and have a good sleep routine.
- I know foods which are healthy.

How to help:

- Make sure your child brushes their teeth regularly.
- Encourage a good bedtime routine.
- Practise the rules for staying safe near roads.
- Encourage your child to do a range of activities at home including physical exercise and limit their 'screen time'.

Key Vocabulary:

- Healthy
- Pedestrian
- Screen time
- Exercise

Key Books:

Tilda tries again by Tom Percival



Physical Development

Basic Knowledge:

- I am aware of the changes to the way I feel when I exercise.
- I am aware of why exercise is important for good health.
- I can roll a ball, chase and collect it in a balanced position.
- I can hold a mini- front support position and reach out to point to the ceiling.



Agility

Ball Chasing



Static Balance

Floor Work

How to help:

- When playing out, encourage your child to take part in simple group games that may involve chasing after a ball and stopping it as it rolls.
- Encourage your child to run in a straight line, looking forwards and using their arms to power them along. Encourage your child to hold balances for 3 seconds.

Key Vocabulary:

- Change
- Exercise
- Roll
- Chase
- Collect
- Mini-front support
- Stretch

Communication, Language & Literacy

Basic Knowledge:

- I can tell you some basic facts about space and earth.
- I am developing my ability to write simple sentences about space.
- I am starting to use capital letters (at the start of a sentence and a name) and full stops.
- I can read and write phase 3 and 4 common exception words.
- I can spell words containing all the phase 3 digraphs and trigraphs.
- I can re-read my writing and check that it makes sense.

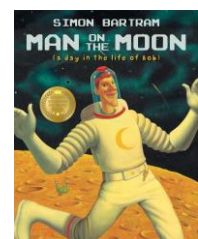
How to help:

- Learn to read and write...
- Phase 3 common exception words: *he, she, me, we, be, are, all, you, my, was, they give live*
- Phase 4 common exception words: *have, like, little, some, come, so, do, there, out, said, what, when, one, were*
- Play on the Bug Club spelling games.
- Read your book at least three times per week.
- Praise writing simple sentences about your weekend.

Key Vocabulary:

- full stop
- finger space
- capital letter
- adventure
- information
- beginning/middle/end
- Space

Key Books:



Mathematics

Basic Knowledge:

I can add and subtract numbers within 10 using tens frames.

I can solve simple problems involving addition and subtraction.

I can count to 20 and beyond.

I can automatically recall number bonds within 10.

I can use the language heavier and lighter correctly and make comparisons between the weight of different objects.

How to help:

Keep looking at the numerals 10-20 in the environment around us and ask your child to tell you which number they have found.

Ask your child to tell you one more and one less than any number from 0-20.

Practise counting forwards and backwards to and from 20 or any number from 0 to 20.

Begin to count beyond 20.

Practise using the language heavier and lighter around the house.

Key Vocabulary:

Addition

Subtraction

More than

Less than

Equal

Heavier

Lighter

Understanding the World

Basic Knowledge:

I know some basic facts about space.

I know that planet Earth is the only planet with living things on it.

I understand how the changing seasons effect the natural world around us, for example, how some trees change across the four seasons.

I can explore and observe the natural world, looking at the basic features of trees, plants and flowers.

I can make observational drawings and sketch maps.

How to help:

When you are in the great outdoors, explore the flowers, plants and trees around you and discuss the different features that you can see. (See key vocab box)

Discuss the season that we are in and how we know from what we observe in nature.

Key Vocabulary:

Space

Earth

seasons

seed

root

leaf

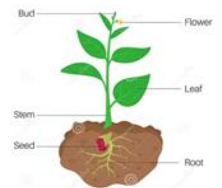
branch

trunk

stem

bud

flower



Expressive Arts & Design

Basic Knowledge:

I can safely use and explore different materials.

I can experiment with texture, colour and function.

I can explain how I made something.

I can make a design to plan my creation.

How to help:

Provide opportunities to explore different textures at home (e.g., play dough, salt dough, plasticine)

Key

Vocabulary:

Design

Create

Explore

Colour

Texture

Plan

Religious Education

Basic Knowledge:

I know that our world is a special place.

I know that there are many different views about how the world was created.

I know that Christians and Jews believe God created the world.

I know that Muslims believe Allah created the world.

I know that it is everybody's responsibility to care for the world we live in.

How to help:

Talk about the relationships that your child holds with different people.

Discuss how to handle those relationships in different contexts, for example if a friend is happy because they have a new birthday gift, how can you share in their happiness/ show kindness to them.

If a friend/family member is unkind, how can you address and resolve the situation?

Key

Vocabulary:

Creation

God

Allah

Christian

Jew

Muslim