



St Oswald's Worlestone CE Primary

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'A Caring Christian Family Where We Grow Together'

Monday 15th June 2026

Dear Parents and Carers,

We are writing to inform you about our approach to the use of fidget toys in school.

Following careful research and consideration, we recognise that fidget resources can play a valuable role in supporting some pupils in their learning. These tools serve two key purposes: they can help to improve concentration by keeping hands busy and using up restless energy, and they can also support pupils in regulating their emotions.

The research paper can be found here : [10-Common-SEN--Mis-Interventions.pdf](#)

To ensure that these resources are used effectively and do not become a distraction, we have made the decision to provide a set of school-owned fidget tools that have been carefully selected to aid focus. As a result, we kindly ask that children no longer bring fidgets or toys from home into school.

Pupils who are known to their class teacher as benefiting from these tools will be offered them during lessons, with a small range available for them to choose from. This allows us to tailor support appropriately while maintaining a calm and focused learning environment for all. In addition, a small number of pupils may require access to a 'busy box' of sensory resources to help regulate their emotions when they are feeling distressed. These pupils already have identified needs and SEND plans in place. Their resources are available within the classroom and can be accessed in a quieter area with less distractions. We will continue to monitor the impact of these resources closely, alongside each pupil's individual preferences and needs.

If you have any questions or would like to discuss this further, please do not hesitate to contact your child's class teacher, Mrs Cliffe, or Mrs Tomlinson.

Our aim is to meet the varying needs of all pupils, while maintaining a calm, purposeful atmosphere that supports both learning and well-being.

Yours sincerely,

Louise McDonough

"Let your light shine" Matthew 5:16

