

# Standon Bowers

29<sup>th</sup> June - 1<sup>st</sup> July  
2026

Parents, you will be happy  
to know that they learn  
lots of new skills  
including....

.....bed making!!

## A TYPICAL DAILY ROUTINE:

0730	Rise and Wash!!
0800	Breakfast
0830	Duties
0915	Morning Inspection
0930-1230	Morning Session
1230-1345	Lunch
1345-1645	Afternoon Session
1700	Evening Meal
1800	Duties
1830-2100	Evening Session and Tuck Shop
2100	Supper

...and somewhere in the day there may be some....FREE TIME!!

The  
paperwork!!

The cost of this residential is £240. This includes all transport to and from the centre, food, accommodation and specialised instructors and equipment.

Accompanying the students will be 5 or 6 members of Woodhouse Academy staff who will stay at the centre for the duration of the visit.

**First come first serve!!**

## PERSONAL EQUIPMENT TO BE BROUGHT BY PUPILS

Dormitories 1 single duvet cover, 1 pillowcase

### Everyone needs to bring:

Underwear  
Socks  
T-shirts  
Trousers/Tracksuit  
Warm jumpers/fleeces  
Indoor shoes  
Outdoor shoes, trainers or walking boots x 2 pairs  
Coat that is waterproof  
Wellingtons

Nightwear  
Towel/s Swim wear  
Toiletries (soap, toothbrush, toothpaste, flannel)  
Unbreakable mug and water bottle  
Torch  
Pocket money (in change please)  
Plastic bags for dirty/wet clothing  
Pens and pencils

### Extra during Winter/Autumn/Spring

Additional warm clothing  
Woollen hat, gloves, scarf  
Lip salve if needed

### Useful Additions

For canoeing old trainers/pumps  
In hot weather: shorts, sun-hat, sun-glasses, sun-cream (high factor)

**# Please pack plenty of plastic bags for any really dirty child/clothing we may encounter during the week.**

The above list covers your requirements for a 5 day course at the Centre. Parents should not feel obliged to purchase new clothing for the course. A child's normal clothes and indeed oldest clothes will generally be adequate for all the activities we undertake. All specialist equipment, including waterproofs and rucksacks will be provided by the Centre.

Please note that expensive items such as watches and cameras are brought at the owner's own risk.

**THE OUTDOOR CENTRES ARE MOBILE PHONE FREE ZONES –  
PLEASE LEAVE YOURS AT HOME.**

**Please try to limit the size of your suitcase/bag**

You are only away for a maximum of 4 nights.

Some children bring far too much luggage, and bags are sometimes too heavy for the coach driver to load safely. Too many large cases can also mean that the luggage for a group will not all fit on the coach.

Remember when you arrive at the centre you will have to carry your own bags some distance to your room or tent. Please make sure they are not too heavy for you to carry by yourself.

A few more bits!

## **Forms:**

There are 2 forms to complete

1. Medical form to be completed not more than 14 days prior to the visit. (Into school for the 1<sup>st</sup> May)

2. Swimming ability slip.

This needs a signature and a tick (or not).

All forms in by: **Friday 19<sup>th</sup> June.**

## **Spending money:**

A maximum of £10, to be kept in a wallet or purse that is the responsibility of the young person.

## **Suitcases/bags:**

Your child will definitely need one that they can carry and repack (at the end of the week), possibly with a lockable compartment?



**On the 29<sup>th</sup> June.**

Students meet in the hall with their bags at normal school time.

Please no parents in the hall.

Coach will pick up from school @ 9:30am

**On the 1<sup>st</sup> July.**

Coach will drop students (and their dirty washing) at school in time to go home.

**A reminder will go out to parents confirming these details closer to the date!**