



Upton Westlea Primary and Nursery School

Parents' Newsletter December 2025



Message from Ms Carruthers:

A very warm welcome to the fourth newsletter of this academic year for the parents and families of Upton Westlea Primary and Nursery School.

Don't forget to check out our website filled with lots of information about school and what your child is learning:

[Upton Westlea Primary and Nursery School: A Warm Welcome to Upton Westlea](#)

Message from Public Health:

As we go into winter, common illnesses can keep children and teenagers away from their classmates and studies. One of the best things we can all do to avoid illness is to practice good hand hygiene.

Good hand hygiene helps stop infections from spreading, which means less disrupted learning time.

Teach your child to wash hands properly for 20 seconds and stay away from others when sick. The [e-bug resources](#) for all ages can help you to explain and discuss hygiene habits – and why they are important – to your child or teenager.

To avoid catching bugs or passing it on to others wash your hands frequently and thoroughly with soap and warm water. This is most important following an episode of diarrhoea or vomiting, after using the toilet, before eating or preparing food, after changing nappies, as well as cleaning up vomit or diarrhoea. Alcohol-based hand sanitisers are not effective against some infections.

Anyone who has diarrhoea and/or vomiting should stay at home. Do not return to work or send children to school until 48 hours after the symptoms have stopped and do not visit your GP or hospital while symptomatic. If you are concerned about your symptoms, talk to your GP by phone, contact NHS 111 or visit the [NHS web pages](#) For useful handwashing tips please have a look at the [following NHS video](#)

School News



Eden 'kicked off' our Xmas performances on Thursday 12th December. ALL the children participated in some way including our 'Little Acorns'. It was an absolute joy to watch.

Well Done to all the children and staff ☺

Class News:

EYFS: Nursery and Reception entertained their parents with the 'Nursery Rhyme Nativity'. It was an eventful production but every child got on that stage and participated in some capacity and this must be celebrated (they also all looked very cute!!).

Well Done to all involved ☺



Year 1: Willow Class have been working incredibly hard on preparing for their play and I'm sure you can all agree they did a fantastic job. We have also been working on numbers to 20 and writing more independently. The class have enjoyed learning about how toys have changed from our grandparents to the toys we now play with.

Year 2: Ash Class have finished reading the class book 'The Owl Who Was Afraid of the Dark'. The children have written a non-fiction piece of work all about owls! We have been busy practising for our nativity play and in Maths, we've been learning about measuring length and weight. We have been extremely busy ☺

Year 3/4: Elm Class have been working hard this month on writing diary entries in English based on our book, Leon and the Place Between. We've also been finding out all about climate change and how increased farming has meant more smelly methane being released and has contributed to greenhouse gases. We set ourselves targets for what we will do in order to slow down global warming. We're also feeling very festive in the lead up to Christmas with all of our carol singing.

Year 5: Holly Class have completed their amazing fairy tales in English where the children chose their own endings. The Year 5 children have worked so hard on these and they are very proud of what they have written. We have also completed our final session with Storyhouse which the children have been so enthusiastic about. Elenka has complimented the class on their willingness to step out of their comfort zones and produce work that has been amazing! Well done Year 5 on another successful half term! Wishing everyone a Happy New Year!

Year 6: It's been a busy time of year in Oak Class. We had a super visit from Vicky who works at Chester Zoo. She talked to us about endangered animals which linked with our English book this half term and brought in some incredible artefacts for us to learn about poaching and the illegal animal trade. We have been learning our songs for the Christmas Concert and getting in the festive spirit!

Eden: Eden have had an amazing half term! The Christmas Play was amazing! The children had all worked so hard learning their lines, songs and actions and all their hard work really paid off, well done Eden! We have also been very busy in the classroom learning about Apollo 11! Oaks have loved the book Toys in Space, who knew we could draw such mysterious creatures and be able to describe them in such great detail. The Acorn children have enjoyed The Jolly Postman and have enjoyed posting letters in the classroom. They have all worked so hard on their busy jobs and are loving learning new letters and their sounds! Well done Eden!

Forest School: During the Autumn term in Forest School, we have been fortunate to enjoy some fantastic weather which has helped us have some great sessions. Ash Class had their sessions based around habitats, linking with their learning in Science. We found mini-beasts, talked about food chains and built habitats for animals. Elm Class helped undertake some habitat mapping for the National Education Nature Park Project and have also helped tidy up the planters and dead hedges. We did have to have a session indoors because of Storm Bram, so we used a saw to make Christmas decorations and bird feeders. Eden class have had fun making artwork, carving pumpkins, planting bulbs, and finding fungi amongst many other things!

I look forward to welcoming Year 1 next term where they will need to be wrapped up against the cold, but we will have lots of fun learning all about Forest School!



Headteacher and Attendance Awards this half term have been awarded to...

Dyllan C (Eden), Abigail (Y6), Reggie (Y1),

Attendance Awards – Nnamdi (Y5), Tara-Rose (Y6), Dean (Y2)

Reading Awards go to....

Jake (Y6), Malali (Y5), Kenaniah (Y4), Lottie-Leigh (Y3), Milo (Y2), Reggie (Y1), Mila(R), Bryn (Eden)

Dates for January 2026:

Date	Class	Event
5 th Jan 2026	Whole School	INSET Day
6 th Jan 2026	Whole School	Children begin after the Xmas break – doors will close at 8.40a.m. prompt!
8 th Jan 2026	Elm Class (Year 3/4)	Working with our Storyhouse Practitioner (every Thurs until half term on the 'Roman Empire').
12 th Jan 2026	Whole School	Poetry Day
15 th Jan 2026	Whole School	'Out of This World' Themed Lunch
19 th Jan 2026	Holly Class (Year 5)	Puberty Workshops



On behalf of the staff and governors, I would like to wish you all a very Merry Christmas.

Stay Safe and I look forward to seeing you all in 2026.

K Carruthers

