

PSHE overview - Livingstone Primary School						
	Autumn 1 ME, MYSELF AND I	Autumn 2 WHAT A WONDERFUL WORLD!	Spring 1 DISCOVERY DETECTIVES	Spring 2 TIME TRAVELLERS	Summer 1 AMAZING ANIMALS	Summer 2 LOCATION, LOCATION, LOCATION
Nursery	Belonging	Understanding Feelings	Social Skills	Rights and responsibilities	Friendship	Setting a realistic goal
Reception	Self-awareness	Managing Feelings	Making choices	People who help us	Working together	Resilience
Y1	What is the same and different about us?	How do I feel?	What helps us to stay healthy?	Who is special to us?	How can we look after each other and the world?	Who keeps us safe?
Y2	What makes a good friend?	What jobs do people do?	What is bullying?	How do we recognise our feelings?	What helps us to grow and stay healthy?	What helps us to stay safe?
Y3	How can we be a good friend?	What are families like?	What keeps us safe?	How can we understand and express our feelings?	Why should we keep active and eat well?	What makes a community?
Y4	What strengths, skills and interests do we have?	How do we treat each other with respect?	How will we grow and change?	What decisions can people make?	Why should we eat well and look after our teeth?	How can we manage risk in different places?
Y5	What makes up a person's identity?	How can our choices make a difference to others and the environment?	How can friends communicate safely?	How can we help in an accident or emergency?	What is a healthy relationship?	How can we achieve our goals?
Y6	How can we keep healthy as we grow?	How can the media influence people?	What jobs would we like?	How can drugs common to everyday life affect health?	How do friendships change as we grow up?	What will change as we become more independent?