



SEND Support for Parents

Manchester Local Offer: We're about all things SEND (special educational needs and disabilities) for children and young people up to the age of 25 in the Manchester City Council area and their parents/carers	https://www.manchesterservicedirectory.co.uk/kb5/manchester/directory/localoffer.page?localofferchannel=0
Manchester Early Help: Effective Early Help is essential to improve the life chances of Manchester's children, young people and their families. The aim of the Manchester Early Help Service is to build capacity in communities that will prevent crime, support education and enterprise, and keep children, young people and their families healthy and safe. We aim to do this by working with other agencies and directly with people from local communities.	https://www.manchesterservicedirectory.co.uk/ Advice and support for families. Early Help Hub – North earlyhelpnorth@manchester.gov.uk 0161 234 1973 Early Help Hub – Central earlyhelpcentral@manchester.gov.uk 0161 234 1975 Early Help Hub – South earlyhelpsouth@manchester.gov.uk 0161 234 1977
Manchester Service Directory: Take your pick of services, opportunities, advice and guidance to help you and your family improve your lives.	https://www.manchesterservicedirectory.co.uk/kb5/manchester/directory/home.page
Places 2 be- parenting smart: Parenting advice from our child mental health experts. Practical tips to support children's wellbeing and behaviour.	https://parentingsmart.place2be.org.uk/



Kooth: Soluna by Kooth is our new mental wellbeing platform for young people. Soluna is a free, safe space to access one-to-one practitioner support, connect with others in moderated forums, and discover content and activities that support your wellbeing goals. It's everything you know from Kooth, plus more to explore — available as a mobile app or online.	https://www.kooth.com/
M-Thrive: Thrive Hubs are a single point of entry, front door approach to the emotional wellbeing and mental health offer for young people aged 5-18. Our service is designed to advise, guide, signpost and get help for young people within Manchester currently facing mental health and emotional wellbeing issues.	https://mft.nhs.uk/camhs/our-services/thrive-hubs/
CAPS: Children and Parents' Service (CAPS) We are part of the CAMHS under 5s/early years offer in Manchester. We offer psychological support to both parents in pregnancy and parents of children under 5 years. The aim of CAPS is to support parents and carers to help their children to develop to their fullest potential and be ready for school. This includes promoting improved quality of parent/child relationships; and supporting parents and carers with their children's social, emotional development and wellbeing.	https://mft.nhs.uk/rmch/the-children-and-%20parents-service-caps/



SENDIASS: Special Education Needs and Disability Information, Advice Support Service. We Offer information, advice and support to children, young people and parents/carers about special educational needs and disabilities (SEND). This includes health and social care where it is linked to education.	https://www.iasmanchester.org/#SENDIASS
SEDIT: Manchester SEND, Early Development Inclusion Team (SEDIT) The team provide outreach service to families of children with SEND aged 0 to 5 across the city.	https://parentportal.manchester.gov.uk/web/portal/pages/parents/portage