

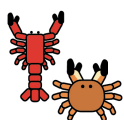









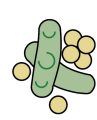





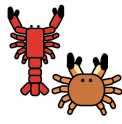
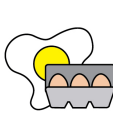










# DISHES AND THEIR ALLERGEN CONTENT – Pike Fold Primary School

## Autumn Winter 2025.26 Menu: Week 3 – Monday

Version 1 – October 25

| DISHES                              |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|-------------------------------------|---|---|---|---|---|--|---|---|---|---|---|---|---|---|
|                                     | Celery  | Cereals containing gluten   | Crustaceans   | Eggs  | Fish  | Lupin  | Milk  | Mollusc   | Mustard   | Nuts  | Peanuts   | Sesame seeds  | Soya  | Sulphur Dioxide   |
| Homemade Pizza                      |   | ✓wheat  |   |   |   |  | ✓   |   |   |   |   |   |   |   |
| Garlic Bread                        |   | ✓wheat  |   |   |   |  | *mc   |   |   |   |   |   | *mc   |   |
| Sweetcorn                           |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
| Veggie BBQ Wings                    | ✓   | ✓wheat, barley<br>*mc rye & oat   |   |   |   |  |   |   |   |   |   |   | ✓   |   |
| Rice                                |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
| Tagliatelle in Tomato & Basil Sauce |   | ✓wheat  |   | *mc   |   |  |   |   | *mc   |   |   |   | *mc   |   |
| Optional Cheese Topping             |   |   |   |   |   |  | ✓   |   |   |   |   |   |   |   |
| Salad with Celery                   | ✓   |   |   |   |   |  |   |   |   |   |   |   |   |   |

\*mc = may contain



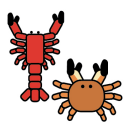
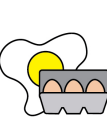
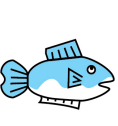
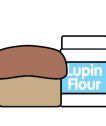

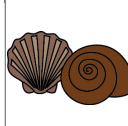






| DISHES                 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|------------------------|---|---|---|---|---|--|---|---|---|---|---|---|---|---|
|                        | Celery  | Cereals containing gluten   | Crustaceans   | Eggs  | Fish  | Lupin  | Milk  | Mollusc   | Mustard   | Nuts  | Peanuts   | Sesame seeds  | Soya  | Sulphur Dioxide   |
| Salad (no celery)      |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
| Cheese Baguette        |   | ✓wheat<br>*mc barley  |   |   |   |  | ✓   |   |   |   |   | *mc   |   |   |
| Tuna Mayo Baguette     |   | ✓wheat<br>*mc barley  |   | ✓   | ✓   |  |   |   |   |   |   | *mc   |   |   |
| Ice Cream Roll & Fruit |   | ✓wheat  |   | ✓   |   |  | ✓   |   |   |   |   |   | ✓   |   |
|                        |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
|                        |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
|                        |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
|                        |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
|                        |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
|                        |   |   |   |   |   |  |   |   |   |   |   |   |   |   |

\*mc = may contain



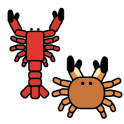
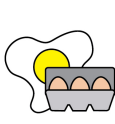










# DISHES AND THEIR ALLERGEN CONTENT – Pike Fold Primary School

## Autumn Winter 2025.26 Menu: Week 3 – Tuesday

Version 1 – October 25

| DISHES                                    |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---|---|---|---|---|---|--|---|---|---|---|---|---|---|---|
|   | Celery  | Cereals containing gluten   | Crustaceans   | Eggs  | Fish  | Lupin  | Milk  | Mollusc   | Mustard   | Nuts  | Peanuts   | Sesame seeds  | Soya  | Sulphur Dioxide   |
| Bolognaise Pasta Bake (halal / non halal) |   | ✓wheat  |   |   |   |  | ✓   |   | *mc   |   |   |   | *mc   |   |
| Italian Veggie Balls Pasta                |   | ✓wheat  |   |   |   |  |   |   |   |   |   |   | ✓   |   |
| Broccoli                                  |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
| Jacket Potato & Cheese                    |   |   |   |   |   |  | ✓   |   |   |   |   |   |   |   |
| Jacket Potato & Beans                     |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
| Jacket Potato with Cheese & Beans         |   |   |   |   |   |  | ✓   |   |   |   |   |   |   |   |
| Jacket Potato with Tuna Mayo              |   |   |   | ✓   | ✓   |  |   |   |   |   |   |   |   |   |
| Cheese Bap                                |   | ✓wheat  |   |   |   |  | ✓   |   |   |   |   |   | ✓   |   |

\*mc = may contain



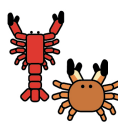
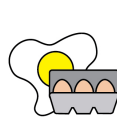
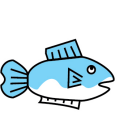
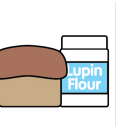




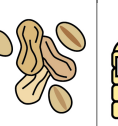

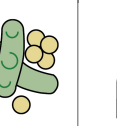

| DISHES                   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|--------------------------|---|---|---|---|---|--|---|---|---|---|---|---|---|---|
|                          | Celery  | Cereals containing gluten   | Crustaceans   | Eggs  | Fish  | Lupin  | Milk  | Mollusc   | Mustard   | Nuts  | Peanuts   | Sesame seeds  | Soya  | Sulphur Dioxide   |
| Tuna Mayo Bap            |   | ✓wheat  |   | ✓   | ✓   |  |   |   |   |   |   |   | ✓   |   |
| Sliced Meat Bap          |   | ✓wheat  |   |   |   |  |   |   |   |   |   |   | ✓   |   |
| Carrot / Cucumber Sticks |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
| Carrot & Pineapple Cake  |   | ✓wheat  |   | ✓   |   |  |   |   |   |   |   |   |   |   |
|                          |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
|                          |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
|                          |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
|                          |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
|                          |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
|                          |   |   |   |   |   |  |   |   |   |   |   |   |   |   |

\*mc = may contain



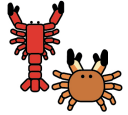
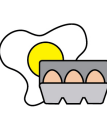
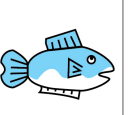
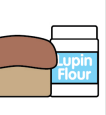

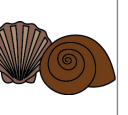

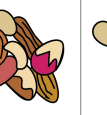

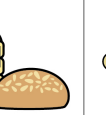
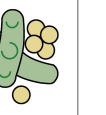

# DISHES AND THEIR ALLERGEN CONTENT – Pike Fold Primary School

## Autumn Winter 2025.26 Menu: Week 3 – Wednesday

Version 1 – October 25

| DISHES                                   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|--|---|---|---|---|---|--|---|---|---|---|---|---|---|---|
|  | Celery  | Cereals containing gluten   | Crustaceans   | Eggs  | Fish  | Lupin  | Milk  | Mollusc   | Mustard   | Nuts  | Peanuts   | Sesame seeds  | Soya  | Sulphur Dioxide   |
| Sweet Chilli Chicken (halal / non halal) |   | ✓wheat  |   |   |   |  |   |   |   |   |   |   | ✓   |   |
| Sweet Chilli Quorn                       |   | ✓wheat  |   |   |   |  |   |   |   |   |   |   | ✓   |   |
| Noodles                                  |   | ✓wheat  |   | ✓   |   |  |   |   |   |   |   |   |   |   |
| Oriental Vegetables                      |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
| Jacket Potato & Cheese                   |   |   |   |   |   |  | ✓   |   |   |   |   |   |   |   |
| Jacket Potato & Beans                    |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
| Jacket Potato with Cheese & Beans        |   |   |   |   |   |  | ✓   |   |   |   |   |   |   |   |
| Jacket Potato with Tuna Mayo             |   |   |   | ✓   | ✓   |  |   |   |   |   |   |   |   |   |

\*mc = may contain


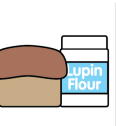



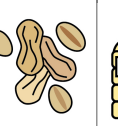


| DISHES                  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|-------------------------|---|---|---|---|---|--|---|---|---|---|---|---|---|---|
|                         | Celery  | Cereals containing gluten   | Crustaceans   | Eggs  | Fish  | Lupin  | Milk  | Mollusc   | Mustard   | Nuts  | Peanuts   | Sesame seeds  | Soya  | Sulphur Dioxide   |
| Cheese Wrap             |   | ✓wheat  |   |   |   |  | ✓   |   |   |   |   |   |   |   |
| Sliced Meat Wrap        |   | ✓wheat  |   |   |   |  |   |   |   |   |   |   |   |   |
| Tuna & Salmon Mayo Wrap |   | ✓wheat  |   | ✓   | ✓   |  |   |   |   |   |   |   |   |   |
| Salad with Celery       | ✓   |   |   |   |   |  |   |   |   |   |   |   |   |   |
| Salad no Celery         |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
| Canadian Ginger Sponge  |   | ✓wheat  |   | ✓   |   |  |   |   |   |   |   |   |   |   |
| Custard                 |   |   |   |   |   |  | ✓   |   |   |   |   |   |   |   |
|                         |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
|                         |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
|                         |   |   |   |   |   |  |   |   |   |   |   |   |   |   |

\*mc = may contain



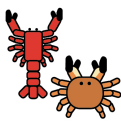
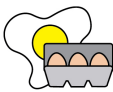
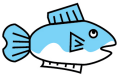
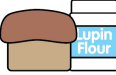








# DISHES AND THEIR ALLERGEN CONTENT – Pike Fold Primary School

## Autumn Winter 2025.26 Menu: Week 3 – Thursday

Version 1 – October 25

| DISHES                  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|-------------------------|---|---|---|---|---|--|---|---|---|---|---|---|---|---|
|                         | Celery  | Cereals containing gluten   | Crustaceans   | Eggs  | Fish  | Lupin  | Milk  | Mollusc   | Mustard   | Nuts  | Peanuts   | Sesame seeds  | Soya  | Sulphur Dioxide   |
| Halal Chicken Sausage   |   | ✓wheat  |   |   |   |  |   |   |   |   |   |   |   | ✓   |
| Pork Sausage (TC Meats) |   | ✓wheat  |   |   |   |  |   |   |   |   |   |   |   |   |
| Pork Sausage (Brakes)   |   | ✓wheat  |   |   |   |  |   |   |   |   |   |   | ✓   | ✓   |
| Quorn Vegan Sausage     |   | ✓wheat  |   |   |   |  |   |   |   |   |   |   |   |   |
| Mashed Potatoes         |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
| Beans                   |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
| Spicy Tomato Pasta      |   | ✓wheat  |   |   |   |  |   |   | *mc   |   |   |   | *mc   |   |
| Cheese Topping          |   |   |   |   |   |  | ✓   |   |   |   |   |   |   |   |
| Cheese Sub              |   | ✓wheat  |   |   |   |  | ✓   |   |   |   |   |   | ✓   |   |

\*mc = may contain

| DISHES               |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|----------------------|---|---|---|---|---|--|---|---|---|---|---|---|---|---|
|                      | Celery  | Cereals containing gluten   | Crustaceans   | Eggs  | Fish  | Lupin  | Milk  | Mollusc   | Mustard   | Nuts  | Peanuts   | Sesame seeds  | Soya  | Sulphur Dioxide   |
| Tuna Mayo Sub        |   | ✓wheat  |   | ✓   | ✓   |  |   |   |   |   |   |   | ✓   |   |
| Sliced Meat Sub      |   | ✓wheat  |   |   |   |  |   |   |   |   |   |   | ✓   |   |
| Salad with Celery    | ✓   |   |   |   |   |  |   |   |   |   |   |   |   |   |
| Salad no Celery      |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
| Dessert Whip & Fruit |   |   |   |   |   |  | ✓   |   |   |   |   |   |   |   |
|                      |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
|                      |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
|                      |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
|                      |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
|                      |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
|                      |   |   |   |   |   |  |   |   |   |   |   |   |   |   |



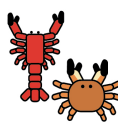
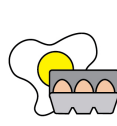
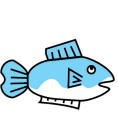
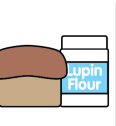




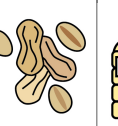

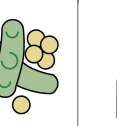

\*mc = may contain





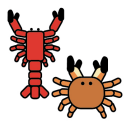
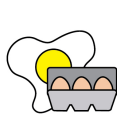










# DISHES AND THEIR ALLERGEN CONTENT – Pike Fold Primary School

## Autumn Winter 2025.26 Menu: Week 3 – Friday

Version 1 – October 25

| DISHES                            |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|-----------------------------------|---|---|---|---|---|--|---|---|---|---|---|---|---|---|
|                                   | Celery  | Cereals containing gluten   | Crustaceans   | Eggs  | Fish  | Lupin  | Milk  | Mollusc   | Mustard   | Nuts  | Peanuts   | Sesame seeds  | Soya  | Sulphur Dioxide   |
| Battered Fish                     |   | ✓wheat  |   |   | ✓   |  |   |   |   |   |   |   |   |   |
| Chips                             |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
| Peas                              |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
| Cheese Whirl                      |   | ✓wheat  |   | ✓   |   |  | ✓   |   |   |   |   |   |   | ✓   |
| Jacket Potato & Cheese            |   |   |   |   |   |  | ✓   |   |   |   |   |   |   |   |
| Jacket Potato & Beans             |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
| Jacket Potato with Cheese & Beans |   |   |   |   |   |  | ✓   |   |   |   |   |   |   |   |
| Jacket Potato with Tuna Mayo      |   |   |   | ✓   | ✓   |  |   |   |   |   |   |   |   |   |
| Cheese Sandwich                   |   | ✓wheat  |   |   |   |  | ✓   |   |   |   |   |   | ✓   |   |

\*mc = may contain



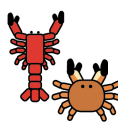
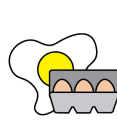
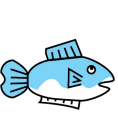
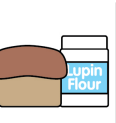




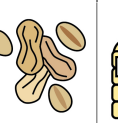
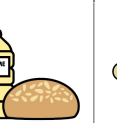
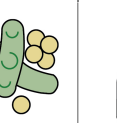

| DISHES               |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|----------------------|---|---|---|---|---|--|---|---|---|---|---|---|---|---|
|                      | Celery  | Cereals containing gluten   | Crustaceans   | Eggs  | Fish  | Lupin  | Milk  | Mollusc   | Mustard   | Nuts  | Peanuts   | Sesame seeds  | Soya  | Sulphur Dioxide   |
| Tuna Mayo Sandwich   |   | ✓wheat  |   | ✓   | ✓   |  |   |   |   |   |   |   | ✓   |   |
| Sliced Meat Sandwich |   | ✓wheat  |   |   |   |  |   |   |   |   |   |   | ✓   |   |
| Salad with Celery    | ✓   |   |   |   |   |  |   |   |   |   |   |   |   |   |
| Salad (no celery)    |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
| Homemade Shortbread  |   | ✓wheat  |   |   |   |  |   |   |   |   |   |   |   |   |
|                      |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
|                      |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
|                      |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
|                      |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
|                      |   |   |   |   |   |  |   |   |   |   |   |   |   |   |

\*mc = may contain



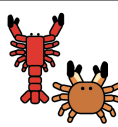
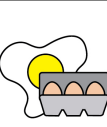
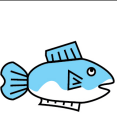
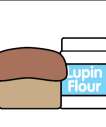

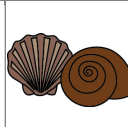






# DISHES AND THEIR ALLERGEN CONTENT – Pike Fold Primary School

## Autumn Winter 2025.26 Menu

Version 1 – October 25

| DAILY ITEMS         |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|---------------------|---|---|---|---|---|--|---|---|---|---|---|---|---|---|
|                     | Celery  | Cereals containing gluten   | Crustaceans   | Eggs  | Fish  | Lupin  | Milk  | Mollusc   | Mustard   | Nuts  | Peanuts   | Sesame seeds  | Soya  | Sulphur Dioxide   |
| Semi Skimmed Milk   |   |   |   |   |   |  | ✓   |   |   |   |   |   |   |   |
| Lettuce             |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
| Cucumber            |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
| Tomatoes            |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
| Carrot              |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
| Sweetcorn           |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
| Celery              | ✓   |   |   |   |   |  |   |   |   |   |   |   |   |   |
| Beetroot (in water) |   |   |   |   |   |  |   |   |   |   |   |   |   |   |

\*mc = may contain

| DAILY ITEMS       |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|-------------------|---|---|---|---|---|--|---|---|---|---|---|---|---|---|
|                   | Celery  | Cereals containing gluten   | Crustaceans   | Eggs  | Fish  | Lupin  | Milk  | Mollusc   | Mustard   | Nuts  | Peanuts   | Sesame seeds  | Soya  | Sulphur Dioxide   |
| Sliced Bread      |   | ✓wheat  |   |   |   |  |   |   |   |   |   |   | ✓   |   |
| Baguette (Brakes) |   | ✓wheat<br>*mc<br>barley   |   |   |   |  |   |   |   |   |   | *mc   |   |   |
| Potato Salad      |   |   |   | ✓   |   |  |   |   |   |   |   |   |   |   |
| Pasta Salad       |   | ✓wheat  |   | ✓   |   |  |   |   | *mc   |   |   |   | *mc   |   |
| Fruit             |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
| Yoghurts          |   |   |   |   |   |  | ✓   |   |   |   |   |   |   |   |
| Jelly             |   |   |   |   |   |  |   |   |   |   |   |   |   |   |
|                   |   |   |   |   |   |  |   |   |   |   |   |   |   |   |

\*mc = may contain