

Bring school meals home this summer, try school recipes and win exciting prizes...



Edsential
Community Interest Company

CATERING

Did you know 9 in 10 children do not get enough fibre in their diet?

From next school year, school meal recipes are being updated to help children enjoy even more nutritious lunches, while keeping the meals they know and love.



How are we doing this?

Our School cateringing provider has created recipes with hidden vegetables and more wholemeal products which have been tried and tested with some pupils!



Scan QR code for recipes!

Try It At Home!

Scan the QR code to view Edsential's new school meal recipes and if you make them at home you'll be entered into their summer holiday competition!

See details on the next page!

Take part in Edsential's School Holiday Prize Competition:

We'd love to see your finished meals. You can enter Edsential's School Holiday Prize Competition for a chance to win a prize! Up for grabs are:

Chester Zoo tickets

A stay at our Delamere Forest Lodge,

Aldi Vouchers plus more...

How to enter:

- Make one of Edsential's recipes from the qr code.
- Take a photo / video of you getting involved and your dish
- Email it to: **communications@edsential.co.uk**
and / or post on social media and tag: **@edsentialuk**

You'll be entered into a prize draw!

Prizes and recipe videos will be posted to our socials



Scan QR code for recipes!