

RECEPTION

LESSON 2: Being kind

Learning Intention

To explore what happens when friends fall out and how we can make things better.

Learning Outcomes (Child facing)

I can say why friends sometimes get upset with each other.

I can show kind ways to make up after an argument.

I know that hurting someone is never okay.

Resources

Reception lesson 2 social story

Elephant glove puppet or toy

Picture of a crown and art materials to make crowns, i.e. paper or play-doh

Activities

1. Group Agreement

In a circle remind the class of the expectations for sitting in a circle i.e. look at and listen to the person who is speaking, put your hand up to talk and to sit with your legs crossed. Introduce Ezza the elephant and explain you are going to pass Ezza around the circle to meet everyone again. Explain that we are going to see how quietly and gently we can pass Ezza around the circle taking turns to hold Ezza and say hello if we would like to.

2. Feeling Faces

Ask the class to practice putting different feelings on their faces. Each child makes a mask by covering their faces with their hands. Start this session with the feeling 'angry', on the count of three the group uncover their 'angry' faces. Gently shake off those faces and repeat with the feelings 'sad' and 'happy'.

3. Storytime - Ezza and Heckle Have an Argument

Use the 'Reception lesson 2 social story' and the Elephant puppet to tell a simple story about friends having an argument and then making up.

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4. Questions After the Story

Why did Ezza and Heckle feel angry? What happened when they were fighting?

How did they make friends again?

What could they have done differently? For example; taking turns, asking politely, making a plan together, using words instead of hands.

5. Making A Crown

Building on the discussion about what Ezza and Heckle could have done instead of fighting over the crown. Move to tables and suggest we all make a crown (you could use playdoh or cardboard) so that Ezza and Heckle can both have a crown. Children could work in pairs to practice playing together kindly and sharing.

6. Recap and Review

Back in a circle on the floor ask the class what Ezza said to Heckle after their argument and how did it make Heckle feel. Explain that saying sorry helps, but we also need to show we mean it through kind actions.

Pass Ezza around the class and imagine we are Heckle the Hippo and we are going to say sorry to Ezza so we can both feel better.

Summarise: "Friends sometimes fall out. That's normal. Hurting someone is never okay. We can make things better by using our words, being gentle, and saying sorry."