



Bexton Primary Residential Visit for Year 4 & 5 **Wednesday 1st May to Friday 3rd May 2024**

Canolfan Conway Centre
Llanfairpwll
Anglesey
LL61 6DJ

Dear Parents,

We're very excited to be able to take the children on their first residential visit. The memories they make are for a lifetime and it's wonderful to see the children grow in confidence throughout their stay. Usually, by the end of the visit they're begging to stay extra nights! We hope this booklet answers all the questions you or your child may have.

Aims and Objectives

The value of educational visits is widely acknowledged. Often these experiences will be remembered as a high point in a child's school life. We have carefully planned this residential course in collaboration with the staff of the Canolfan Conway Centre and we aim to provide the children with exciting and rewarding experiences that will:

- Promote children's personal and social skills.
- Enhance the study of Year 5 curriculum areas.

Dates and Times of Departure and Return

We will leave school at around 9.15 am on Wednesday 1st May and return in time for end of school on Friday 3rd May.

Accompanying Staff

Mr Evans will be leading the visit this year, alongside Mrs Armstrong, Mrs Vale, Mrs Stephenson and Mr Waters. There will be other members of Bexton staff accompanying the children. The Conway Centre provides 24-hour cover by duty staff for emergencies. They also provide a first - aider on site at all times.

During the day, the children work in groups according to the activities undertaken, with a ratio of 1 adult to every ten children. In addition to a member of the Centre staff, a member of the Bexton Primary School Team will always be present to help supervise the activities being undertaken. Any child who has additional support in school will be supported by a familiar adult during the activities.



Activities Planned (all times are estimates)

Wednesday	9.15 am: Leave Bexton Primary School, 11:30 arrive at Conway centre for Introduction and orientation by Centre staff including Fire Safety routines. 12.00 Lunch (own packed lunch eaten in the grounds of the centre). 1.30pm Indoor and outdoor activities at the centre 5.45pm: Evening meal 6pm: Visit to beach for Scavenger hunt/ Campfire 8pm: Evening activities 9pm: Bedtime 10pm: Lights out
Thursday	8.30am: Breakfast 9am: Indoor and outdoor activities at the centre 12.30: Packed lunch (provided by Conway) 1.30: Indoor and outdoor activities at the centre 5.45pm: Evening meal 7pm: Evening activities including disco 9pm: Bedtime 10pm: Lights out
Friday	8.30am: Breakfast 9.30am: Indoor and outdoor activities at the centre 12pm: Lunch (provided by Conway) 1.30pm: Return to Bexton Primary School

All children need to bring a packed lunch on Wednesday 1st May, packed so that it can all be easily disposed of afterwards. The children do not need to wear Bexton Uniform on any part of this visit. They will need to be suitably dressed for the weather (see kit list at the end of the booklet).

Indoor and Outdoor Activities

The children will have access to sporting activities and team building experiences we cannot offer at school. The possible options are as follows:

- Canoeing
- Kayaking
- Paddle boarding
- Raft building
- Low ropes and zip wire
- Bush craft
- Via ferrate (climbing a cliff face with height)



Due to the short duration of the stay, the children will only be able to do two of the above activities. Children should choose a land choice and a water choice. Please fill in the form at the back of this booklet to choose four (in priority order) they would like to do. We will aim to ensure children do two activities from their choices.

All of the children will also be taking part in a Batik Art workshop & an orienteering activity.

Name of Travel Company and Method of Travel

Walkers Coaches, who are used regularly by the school, will transport the party to and from the Conway Centre.

Conway Centre Accommodation

We will have our own social area allocated to us and additionally a wet room/drying area.

All sleeping and accommodation areas have an alert system to let adults know if the children leave the bedroom area in the night. After the bedtime routine has been completed the adults will sit near the

bedroom until the children are settled. If anyone is upset, there is always an adult near to comfort them and help them get back to sleep. All external doors to the centre have restricted entry via keypads. Boys and girls will sleep in separate rooms, supervised by staff at all times.

Food and drink

The food at the centre is always excellent- no-one will go hungry! There are four options available during the evening meal, including one vegetarian option. In addition to this there is a salad bar with plenty of choice. Choices of puddings are also provided. We take water bottles and plenty of juice and encourage the children to drink often.

Breakfast will consist of toast and cereal every morning and in addition to that either a cooked breakfast (sausages, baked beans, hash browns, eggs etc.) or a continental breakfast. Orange juice and water will be on all the tables.

Lunch will either be a cooked lunch with a range of options available or a packed lunch consisting of sandwiches (choice of fillings made), a piece of fruit, cake, crisps and a drink.

For any children with dietary requirements, please ensure this is brought to our attention in the consent forms. The Conway Centre are excellent at meeting these requirements.

Advice on Pocket Money and Allocation.

Your child will not need any money during the visit.

Health and Safety

The Centre has carried out risk assessments for all the available activities outlined above. Copies can be viewed on the Centre's website. We complete detailed risk assessments for the whole visit and the beach and these are also checked by an external auditor at Cheshire East. If parents wish to view these risk assessments please contact the school who are happy to provide them.

The Centre is inspected annually by the Adventure Activity Licensing Authority (AALA). Their license can be viewed on their web site www.aala.org. It is also inspected annually by the Welsh Canoeing Association, and the Royal Yachting Association.

Conway Centre staff hold National Body Awards at the highest levels and hold current first aid qualifications.

Catering services are regularly inspected by the local Environmental Health Office.

The accommodation has comprehensive smoke and fire alarm systems in operation in addition to a security system which can be activated by visiting teachers. The accommodation and residential provision is regularly checked by the Fire Service.

Insurance

The Centre is covered under Cheshire West and Chester Public and Employers' Liability Insurance.

In addition, we always arrange insurance cover for all activities undertaken in recreational sessions or when the children are not carrying out activities run by Centre staff.



Costs and Payment

The total cost of the will be **£220**. The cost of the residential is £190 and the cost of the coach is £30 per child. We appreciate that this is a lot to find so we have split the cost into four smaller amounts and itemised them below. If you wish to pay the entire cost before these dates then please do. These are payable through your SCOPAY account:

We required a deposit of **£50** by Friday 10th November to secure your child's place. **Please note that the deposit is non-refundable as the school has to pay this to the Conway centre to secure your child's place.**

A second instalment of £60 is due by Friday 19th January

A third instalment of £60 is due by Friday 1st March.

A final instalment of £50 is due by Friday 19th April

Please note that the full balance must be paid before your child can attend the residential. Please contact Mrs Becky Ayre (our school business manager if you have any difficulties paying. She will be able to discuss an alternative payment plan with you.

Free School Meals Entitlement

If your child is eligible for free school meals, we are able to fund the cost of the trip and just ask for a £30 donation for the coach.

Frequently Asked Questions

Will my child be forced to complete an activity they don't want to do?

No- we always give children two of the options you select in their form (please make a note of these as parents often forget what they selected) but if when they arrived at Conway they had changed their mind, we will try to get them into an alternative activity.

How many children are in each dormitory?

There are a range of rooms available ranging in size, some rooms can have two or three children in, some have up to eight. Girls and boys have separate rooms.

Can my child choose who they want to be in a room with?

Yes- we always ask the children who they would like to be in a dormitory with and try our best to accommodate their wishes.

Can you tell me who my child will be in a dormitory with before the visit?

We don't do this as we've found that it's best to let the children know when they arrive at the centre. We make sure all the children are happy and settled each night.

Can my child bring a night light?

We prefer it if they didn't as a night light might disturb some of the other children in the dormitory, but we always make sure there is a light on outside the room (just in case children need the toilet in the night).

My child is a little scared of the water/ isn't a strong swimmer, are they ok choosing a water activity?

Yes- the staff at the Conway centre will make sure all children are wearing life jackets/ correct safety equipment before taking part in an activity.

My child would like to know the food options/ has a dietary requirement, can we see the menus?

The Conway Centre can cater for all dietary requirements and will send us the menus shortly before the visit so the children can choose what they would like to eat. If your child has a dietary requirement then we'll ask you to help them choose.

Are the children supervised during the night?

Each member of staff has a couple of dormitories to supervise during the night. They make sure all the children are happy and sit outside the room until the children are settled. The children know where this member of staff is based and can get them if needed. The staff do need their sleep too so we encourage the children to only do this if they are unwell.

Is there a toilet stop on the way to Conway?

We try to get there in one go, but on occasions we have stopped if some children need the toilet.

If there are any other questions, please email Mrs Sach at deputy@bexton.cheshire.sch.uk

Detailed Kit List- AS MUCH LABELLED AS POSSIBLE!

- Comfortable travelling clothes- Please pay heed to the weather report –warm clothes or sun-cream and hats depending upon the weather- we will be outside a lot! Trainers on feet please- we will be walking on uneven floors.
- Three further changes of clothes – trousers, leggings, T-shirts, jumpers etc
- Two fleeces/jumpers
- Clothes for the disco
- Underwear, socks (please factor in extras in case of wet weather)
- Nightwear
- Soap/shower gel
- Swimming costume if choosing water activities
- Towel
- Toothbrush/toothpaste
- Hairbrush
- Pair of trainers or walking boots (on top of the shoes that they have travelled in)
- Reading book
- Small teddy to go to sleep with
- Waterproof coat, hat, gloves
- Sun-cream / sun hat / lip balm (the children can get very sore lips due to being outside)
- Labelled water bottle (not a disposable one)
- Two savoury snack bars, small bag of sweets OR small chocolate bar (**NO NUTS**)

Any specialist equipment required including wellies, climbing shoes, sailing gear etc. will be provided by the Conway Centre.

Items Prohibited on the Residential

Mobile phones, smart watches, iPods and any sort of electrical games e.g. Nintendo DS, are not permitted and will be confiscated if found.

Emergency Contact Arrangements

Canolfan Conway Centre

Llanfairpwll

Anglesey

LL61 6DJ

Tel: 01248 714501



Please return by Friday 10th November alongside the deposit being paid

PARENT / GUARDIAN CONSENT FOR AN EDUCATIONAL VISIT

Establishment/Group: _____

Details of Visit to: _____

From: 1st May 2024

Time: 9.15am

To: 3rd May 2024

Time: 3:30pm (as traffic allows)

I agree to _____ (name taking part in this visit)

I have read the information sheet I agree to _____'s participation in the activities described.

Signed: _____ Date: _____

Full name (capitals): _____

Main mobile contact number: _____

Land activity choices: low-ropes & zip wire, climbing, bush craft or (*via-ferrate- Y5 only*).

Please write your first and second choice of land activities: _____ & _____

Water activity choices: Canoeing, raft building or (*kayaking- Y5 only*).

Please write your first and second choice of water activities: _____ & _____

Please note if this form comes in late we may not be able to give your child some of their choices due to limited numbers in the groups.

A copy of this form will be kept in school and a copy will be taken on the visit

A further electronic form will be sent nearer to the visit to collect relevant medical information.