

Bollington St. John's Church of England
Primary School



Where talent grows

Head Teacher: Mrs M. Walker

Head of Teaching, Learning and Assessment: Mrs E. Watson

"Whatever you do, work at it with all your heart, as working for the Lord"

Colossians 3:23

27/02/26

Dear Parents and Carers,

We would like to let you know about a new tool being introduced across Cheshire and Merseyside called '**Knowing Me**'. This tool has been created with professionals, children and families to help build a clearer understanding of a young person's neurodevelopmental strengths and needs.

What is the 'Knowing Me' Tool?

It is **not a diagnostic tool**, but a supportive way of understanding how a child experiences the world across ten areas such as emotion, energy, sensory comfort, communication and attention. It uses kind, respectful, neuro-affirming language and focuses on strengths as well as needs.

How does it help?

Using the tool can:

- Help children receive the right support sooner
- Identify what kinds of strategies may work best
- Create a shared understanding between home, school and services
- Include children more meaningfully in conversations about their needs
- Celebrate differences, rather than trying to "fix" them

Why are we sharing this now?

Cheshire East is beginning a phased rollout of the tool in selected schools (if your child's school is part of phase one you will be informed). Further phases will follow, and parents will also be offered optional training to understand how the tool works and how it can support their child.

OFFICIAL

If you would like any further information, please click on the links below:

[Neurodiversity Profiling Tool Evaluation and the "Knowing Me" Tool :: Cheshire and Wirral Partnership NHS Foundation Trust](#)

[Frequently asked questions - NHS Cheshire and Merseyside](#)

[Neurodiversity support pathway - NHS Cheshire and Merseyside](#)

Kind regards,
Sarah Clough

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