

Lunch Menu Week 1



Week 1	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Chef Choice	Chef Choice	Chef Choice	Chef Choice
HOT MAINS	Wholemeal tomato & Basil Pasta served with salad and garlic bread 	Meatball Sub with Tortilla Chips and salad	Chicken Dhansak Curry with Rice & Naan Bread	Ham Roast Dinner with Roasted New Potatoes & Cauliflower Cheese	Fish Fingers with Chips & Garden Peas
	Vegetarian Sausage & Mash with Gravy & Peas 	Vegetarian Meatball Sub with Tortilla Chips and Salad 	Vegetable Curry with Rice & Naan Bread 	Vegetarian Roast Dinner with Roasted New Potatoes & Cauliflower Cheese 	Cheese Toastie with Soup 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh fruit, raisins, cheese and crackers and yoghurt 	Fresh fruit, raisins, cheese and crackers and yoghurt 	Scones with Jam & Cream 	Fresh fruit, raisins, cheese and crackers and yoghurt 	Fresh fruit, raisins, cheese and crackers and yoghurt 

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements.
All menus are checked by a nutritionist and adhere to School Food Standards.



Vegetarian



Vegan



Oily fish

Lunch Menu Week 2



Week 2	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Chef Choice	Chef Choice	Chef Choice	Chef Choice
HOT MAINS	Wholemeal Pizza & Wedges 	Chicken fajita wraps served with onions, peppers and tomatoes	Spaghetti & Meatballs Served with Salad & Garlic Bread	Tuna Melt Toasties with Corn on the Cob	Fish Fingers with Chips & Garden Peas
	Cheesy Bean Pasta Bake 	Halloumi fajita wraps served with onions, peppers and tomatoes 	Vegetarian Spaghetti & Meatballs Served with Salad & Garlic Bread 	Cheese & Onion plate pie Served with Seasonal Veg 	Vegetarian Sausage Hot Dog served with wedges 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh fruit, raisins, cheese and crackers and yoghurt 	Fresh fruit, raisins, cheese and crackers and yoghurt 	Rich 'Chocolate' Cookies 	Fresh fruit, raisins, cheese and crackers and yoghurt 	Fresh fruit, raisins, cheese and crackers and yoghurt 

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, fresh fruit and yoghurt

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Lunch Menu Week 3



Week 3	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Chef Choice	Chef Choice	Chef Choice	Chef Choice
HOT MAINS	Macaroni & Cheese Served with Salad and Garlic Bread 	All Day Breakfast with wholemeal Toast	Spaghetti Bolognese Served with Salad	Chicken Roast Dinner with Seasonal Vegetables & Roasted New Potatoes	Fish Fingers subs or Salmon stars served with Chips & Garden Peas 
	Vegetable Curry with Rice & Naan Bread 	Vegetarian All Day Breakfast with wholemeal Toast 	Vegetarian Spaghetti Bolognese Served with Salad 	Quorn Roast Dinner with Seasonal Vegetables & Roasted New Potatoes 	Cheese Toastie with Soup 
CHEF SPECIAL	Ask Chef about today's special!				
DESSERT	Fresh fruit, raisins, cheese and crackers and yoghurt 	Fresh fruit, raisins, cheese and crackers and yoghurt 	Sponge Cake & Cream 	Fresh fruit, raisins, cheese and crackers and yoghurt 	Fresh fruit, raisins, cheese and crackers and yoghurt 

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, fresh fruit and yoghurt

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Vegetarian



Vegan



Oily fish

Lunch Menu Week 4



Week 4	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Chef Choice	Chef Choice	Chef Choice	Chef Choice
HOT MAINS	Vegan Ravioli in Homemade Tomato Sauce with Crusty Bread Ve	Sausage & Mash with Gravy & Peas	Healthy Salt and Pepper Chicken wraps served with salad and baked wedges	Chilli Con Carne with Brown Rice	Fish Fingers with Chips & Garden Peas
	Quorn Cottage Pie with Seasonal vegetables V	Vegetarian Sausage & Mash with Gravy & Peas V	Welsh Rarebit Served with Salad V	Vegetarian Chilli Con Carne with Brown Rice V	Vegetarian Sausage Hot Dog V
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh fruit, raisins, cheese and crackers and yoghurt V	Fresh fruit, raisins, cheese and crackers and yoghurt V	Angie's Cookies V	Fresh fruit, raisins, cheese and crackers and yoghurt V	Fresh fruit, raisins, cheese and crackers and yoghurt V

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, fresh fruit and yoghurt

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Lunch Menu Week 5



Week 5	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Chef Choice	Chef Choice	Chef Choice	Chef Choice
HOT MAINS	Vegetarian Toad in the Hole served with seasonal veg 	Jewel's Chicken Karahi with Rice	Chicken Goujon wrap served with salad & wedges	BBQ Chicken served with Brown Rice & Green beans	Fish Fingers with Chips & Garden Peas
	Pesto Pasta 	Vegetarian Chicken Karahi with Rice 	Veggie sausage wrap with salad & wedges 	BBQ Quorn Chicken served with brown rice & Green beans 	Cheese Toastie with Soup 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh fruit, raisins, cheese and crackers and yoghurt 	Fresh fruit, raisins, cheese and crackers and yoghurt 	Shortbread Biscuits 	Fresh fruit, raisins, cheese and crackers and yoghurt 	Fresh fruit, raisins, cheese and crackers and yoghurt 

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, fresh fruit and yoghurt

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Lunch Menu Week 6



Week 6	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Chef Choice	Chef Choice	Chef Choice	Chef Choice
HOT MAINS	Meat Free meatball subs served with tortilla chips & Salad 	Chilli Beef Tacos Served With Salad	All Day Breakfast with wholemeal toast	Chinese Chicken Curry with Rice	Fish Fingers subs or Salmon stars with Chips & Garden Peas 
	Macaroni Cheese Served With Salad & Garlic Bread 	Vegetable Chilli Beef Tacos Served With Salad 	Asian Noodles 	Quorn Chinese Curry with Rice 	Vegetarian Sausage Hot Dog 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh fruit, raisins, cheese and crackers and yoghurt 	Fresh fruit, raisins, cheese and crackers and yoghurt 	Iced sponge cake 	Fresh fruit, raisins, cheese and crackers and yoghurt 	Fresh fruit, raisins, cheese and crackers and yoghurt 

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, fresh fruit and yoghurt

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