



Dovedale Primary School 2025-26 Overview

P.E



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception (Coaches)	Introduction to PE (Unit 1)	Fundamentals (Unit 1)	Gymnastics (Unit 1)	Dance (DDMIX) (Unit 1)	Ball Skills (Unit 1)	Games / Sports Day Prep Activities (Unit 1)
Year 1	Dance (DDMIX) <i>Toys</i> <i>Year 1 – Unit 1</i>	Gymnastics	Ball Skills	Target Games	Athletics	
Year 2	Dance (DDMIX) <i>Lumberjack Hoedown</i> <i>Year 2 – Unit 3</i>	Fitness	Gymnastics	Striking and Fielding	Athletics	
Year 3	Handball	Dance (DDMIX) <i>African Dance</i> <i>Year 3 – Unit 1</i>	Gymnastics	Football	Athletics	
Year 4	Tennis	Dance (DDMIX) <i>Disco</i> <i>Year 4 – Unit 2</i>	Gymnastics	Basketball	Athletics	
Year 5	Netball	Gymnastics	Dance (DDMIX) <i>Line Dancing</i> <i>Year 5 – Unit 1</i>	Hockey	Athletics	
Year 6	Cricket	Gymnastics	Dance (DDMIX) <i>Bollywood</i> <i>Year 6 – Unit 2</i>	OAA	Athletics/Forestry	
					Swimming	
						Swimming