Sunshine Club Menu – Week One

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast Cereal Selection Wholemeal Toast Croissants 1, 7 (2, 3)	**Breakfast** Cereal Selection Wholemeal Toast Bagels 1, 8, 12	**Breakfast** Cereal Selection Wholemeal Toast Crumpets 1	**Breakfast** Cereal Selection Wholemeal Toast Pancakes 1, 6, 7	**Breakfast** Cereal Selection Wholemeal Toast Brioche 1, 6, 7 (2, 3)
Afternoon Snack Steak Burgers on Brioche Buns with Lettuce and Tomato 1, 6, 12 Salad Bar Fruit Selection Yoghurt 7	**Afternoon Snack** Ham and Cheese on Crusty Tiger Bread with Cherry Tomatoes 1, 7, 12 Salad Bar Fruit Selection Yoghurt 7	**Afternoon Snack** Warm Pitta served with Continental Meats, Hummus and Olives 1, 8 Salad Bar Fruit Selection Yoghurt 7	**Afternoon Snack** Warm Sausage Rolls served with Baked Beans 1, 7 Salad Bar Fruit Selection Yoghurt 7	**Afternoon Snack** Fishcakes served on Wholemeal Baps with Tartare Sauce 1, 5, 6, 9, 12 Salad Bar Fruit Selection Yoghurt 7

Allergen matrix

1	Gluten	2	Peanuts	3	Tree Nuts	4	Celery	5	Mustard	6	Eggs	7	Milk
8	Sesame	9	Fish	10	Crustaceans	11	Molluscs	12	Soya	13	Sulphates	14	Lupin

* Bakery items may contain other allergens due to the nature of the production environment

** Pre-marinated Butchers items may contain other allergens due to the nature of the production environment

Sunshine Club Menu – Week Two

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast Cereal Selection Wholemeal Toast Crumpets 1	**Breakfast** Cereal Selection Wholemeal Toast Muffins 1, 12 (7, 8)	**Breakfast** Cereal Selection Wholemeal Toast Potato Cakes 1, 6, 7, 12	**Breakfast** Cereal Selection Wholemeal Toast Bagels 1, 8, 12	**Breakfast** Cereal Selection Wholemeal Toast Croissants 1, 7 (2, 3)
Afternoon Snack Warm Nachos served with Mexican Black Bean Chilli, Avocado and Salsa 4, 13 Salad Bar Fruit Selection Yoghurt 7	**Afternoon Snack** Chicken Fried Rice with Chinese Curry Sauce 1, 5, 9, 11, 12 Salad Bar Fruit Selection Yoghurt 7	**Afternoon Snack** Sausages on Brioche served with Coleslaw 1, 5, 6, 7, 13 Salad Bar Fruit Selection Yoghurt 7	**Afternoon Snack** Fish Fingers served with Homemade Potato Wedges and Crudites 1, 9 Salad Bar Fruit Selection Yoghurt 7	**Afternoon Snack** Red Pepper and Tomato Soup served with Ciabatta 1, 4 Salad Bar Fruit Selection Yoghurt 7

Allergen matrix

1	Gluten	2	Peanuts	3	Tree Nuts	4	Celery	5	Mustard	6	Eggs	7	Milk
8	Sesame	9	Fish	10	Crustaceans	11	Molluscs	12	Soya	13	Sulphates	14	Lupin

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** Pre-marinated Butchers items may contain other allergens due to the nature of the production environment

Sunshine Club Menu – Week Three

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast Cereal Selection Wholemeal Toast Bagels 1, 8, 12	**Breakfast** Cereal Selection Wholemeal Toast Brioche 1, 6, 7 (2, 3)	**Breakfast** Cereal Selection Wholemeal Toast Pancakes 1, 6, 7	**Breakfast** Cereal Selection Wholemeal Toast Muffins 1, 12 (7, 8)	**Breakfast** Cereal Selection Wholemeal Toast Crumpets 1
Afternoon Snack Chicken or Cheese Sandwiches served with Cranberry Sauce, Lettuce and Cherry Tomatoes 1,7, 12 Salad Bar Fruit Selection Yoghurt 7	**Afternoon Snack** Tandoori Chicken served with Pitta Bread and Tzatziki 1, 7, 12 Salad Bar Fruit Selection Yoghurt 7	**Afternoon Snack** Warm Ham and Cheese Croissants served with Cucumber and Carrot Sticks 1, 7 Salad Bar Fruit Selection Yoghurt 7	**Afternoon Snack** Hotdogs served on Brioche Rolls 1, 4, 6, 7, 12 Salad Bar Fruit Selection Yoghurt 7	**Afternoon Snack** Pasta with Homemade Tomato Sauce and Garlic Bread 1, 4, 7, 12 Salad Bar Fruit Selection Yoghurt 7

Allergen matrix

1	Gluten	2	Peanuts	3	Tree Nuts	4	Celery	5	Mustard	6	Eggs	7	Milk
8	Sesame	9	Fish	10	Crustaceans	11	Molluscs	12	Soya	13	Sulphates	14	Lupin

* Bakery items may contain other allergens due to the nature of the production environment

** Pre-marinated Butchers items may contain other allergens due to the nature of the production environment