WINTER MENU

Nutritious **breakfast** served every morning including a selection of healthy cereals, choice of wholemeal toast or other bakery products and fresh milk to drink

ST VINCENT'S NURSERY

WEEK 6

MONDAY

Lunch

Tandoori Chicken Thighs served with Bombay Potatoes, Naan & Raita 1, 5, 7, 13

Mango Lassi 7

Tea

Corned Beef Hash served with Tiger Bread 1, 12 (all other allergens)

Petit Filous 7

TUESDAY

Lunch

Scotch Pie served with Mushy Peas and Minted Gravy 1, 12, 13

Shortbread Biscuit 1, 7

Tea

Ham & Cheese Croissants served with Cherry Tomatoes 1, 6, 7 (4)

Satsumas

WEDNESDAY

Lunch

Roasted Vegetable & Red Lentil Pasta served with Garlic Bread & Grated Cheese 1, 7, 12, 13

Ice cream 7

Tea

Turkey Carvery Barms served with Cranberry Dipping Gravy 1, 7, 12, 13

Pineapple Fingers

THURSDAY

Lunch

Marmalade Roasted Gammon served with Cauliflower Cheese & Steamed New Potatoes 1, 5, 7, 9

Bananas

Tea

Apple & Celery Soup served with Light Rye Bread 7, 13 (2, 3, 8, 12, 14)

Soreen Bar 1

FRIDAY

Lunch

Tuna, Black Olive & Cream Cheese Orzotto served with Rocket 1, 7, 9

Melon Salad

Tea

Mortadella & Salami Focaccias served with Cucumber Sticks 1, 7, 13

Fruit yoghurt 7

Variety of **mid-morning & mid-afternoon snacks** available throughout the week, including fresh fruit, vegetables, rice cakes, breadsticks, crisp-bakes etc.

*** Ingredients can change subject to supplier. ***

Allergen matrix

1 Gluten	2 Peanuts	3 Tree Nuts
4 Celery	5 Mustard	6 Eggs
7 Milk	8 Sesame	9 Fish
10 Crustaceans	11 Molluscs	12 Soya
13 Sulphites	14 Lupin	() 'may contain'