

WEEK 3	 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Pepperoni Pizza and Roasted Garlic Potatoes	Chicken Tikka with Savoury Rice	Sausages and Mash served with Gravy and Vegetables	Sweet and Sour Chicken with Rice and Crackers	Fish Fingers with Chips and Peas
VEGETARIAN MAIN DISH	Five Bean Wrap with Wholemeal Pasta and Sweetcorn	Quorn Tikka and Rice	Meat Free Sausages and Mash and Vegetables	Vegetable Sweet and Sour with Rice	Quorn Sausages with Chips and Peas
ACCOMANIMENTS 	Seasonal Vegetables and Salad Bar	Seasonal Vegetables and Salad Bar	Seasonal Vegetables and Salad Bar	Seasonal Vegetables and Salad Bar	Seasonal Vegetables and Salad Bar
DESSERTS	Shortbread	Sticky Toffee Muffins	Fruit Jelly	Cornflake Tart and Custard	Ice Cream and Fruit
FRESH FRUIT & YOGHURT	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt	Fresh Fruit or Yoghurt
JACKET POTATO & SANDWICH SELECTION	Jacket Potato or Wrap	Jacket Potato or Sandwich	Jacket Potato or Wrap	Jacket Potato or Sandwich	Jacket Potato or Wrap



MENU

Eating all your fruit & veg will help you grow BIG and STRONG (like me!)



KEY



- 1 OF YOUR 5 A DAY



- MEAT-FREE MONDAY



- CHEF'S CHOICE



- PLANT-BASED (VEGAN)

Allergens and intolerances All of our food is lovingly hand crafted and prepared on site daily. We have an allergen procedure in place, so please ensure you make our catering team aware of your allergens/ your child's allergens prior to using the restaurant. Our kitchens are used for multi-purpose production so we cannot guarantee the above dishes are completely free from allergenic ingredients or traces of these.