

Styal Primary School
Valuing the Individual to Believe and Achieve

Weekly Newsletter

Friday 2nd October 2026

School Dinners — Week 3

From Monday 5th October



Monday 5th October

Forest School Y3/4 pm

Judo Club in Hall - 3:30 - 4:15pm

Tuesday 6th October

Sports Coaches - lunchtime

Wednesday 7th October

Gymnastics Club in Hall - 3:30 - 4:30pm

Thursday 8th October

Sports Coaches - lunchtime

Friday 9th October

Sports Coaches - lunchtime & afternoon sessions

Y1-6 in PE kits please

Message from Mrs Gaulton

Another Wonderful Week at Styal!

We had a very successful Open Morning on Tuesday, and it was wonderful to welcome so many visitors into our school. A huge thank you to **Mr Novak** for giving his time to support us and chat with our visitors, and to **Mrs Nichols**, who gave everyone such a warm Styal welcome whilst also running our Macmillan Coffee Morning.

Thank you, too, to everyone who brought in cakes to sell or made a donation on the day. The support of our families means such a lot to us and, quite simply, we couldn't do many of the things we do without you. Thank you for continuing to support our school so generously.

Our staff and children showcased Styal superbly on Tuesday, and we received some amazing feedback from our visitors about our school and, most importantly, our wonderful children. It really was a beautiful morning and one that made us incredibly proud of our whole school community.

That sense of pride has continued throughout the week, with our incredible Games Makers and football team being superb ambassadors for Styal. They have demonstrated fantastic behaviour, positive attitudes and a real pride in representing our school. It has been particularly lovely to hear this recognised not only by our own team, but also by staff from other schools. Well done to you all. We are incredibly proud of you!

Forest School Reminder:

Next week, it is **Years 3 and 4's** turn for Forest School on Monday. **Please can all Year 3 and 4 children come into school wearing their Forest School clothing and ready for their session.**

Thank you.

As always, thank you to our children, staff and families for everything you contribute to our school. We really are very lucky to have such a supportive and special Styal community.

We wish you all a wonderful weekend, and we look forward to another fantastic week of learning together next week.



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Celebrating our wonderful children this week ...

Wonderful work this week

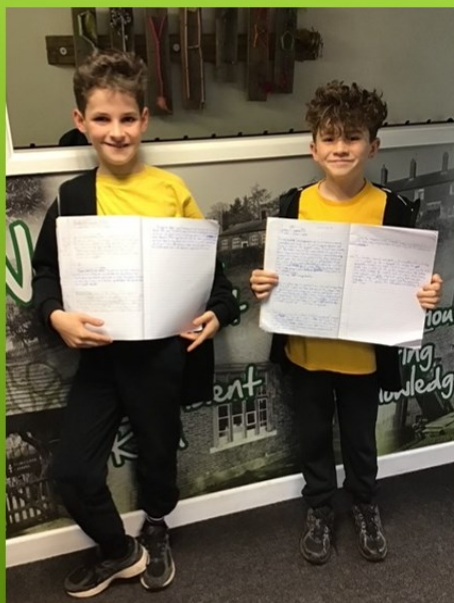


Joni and Evan in Reception have produced some fantastic Maths work in class this week.

Mrs Jones was really impressed with your number work.

Well done!

Wonderful work this week



Robin and Ronnie in Y6 have produced amazing narrative work this week.

You both really impressed with your use of language to create suspense and vivid description in your writing.

Well done!



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Celebrating our wonderful children this week ...

Games Makers



A very special thank you to our **Games Makers** this week!

You worked so hard at your training session and made us incredibly proud. The staff leading the session were full of praise for how well you listened, how positively you participated and the wonderful behaviour you demonstrated throughout.

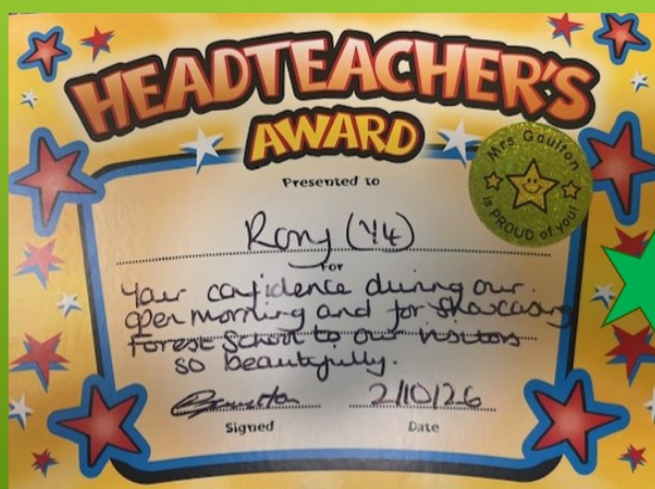
It is always lovely to hear other people speak so highly of our children. Thank you for representing Styal so beautifully.
We are very proud of each and every one of you!



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Celebrating our wonderful children this week ...

Headteacher's Award



Congratulations to **Rory in Y4** this week who has really impressed me and Mr Novak, our Chair of Governors, with how confidently he spoke to our visiting families at our open morning on Tuesday.

You were wonderful **Rory!** The families all commented on how lovely it was to speak to you and how engaged you were in your learning about the Stone Age in Forest School.

Well done!





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Styal Stars

W/C 28.09.2026

Rec/Y1 - **Lovae**

Year 1 - **Gianni**

Year 2 - **Bobby**

Year 3 - **Lando**

Year 4 - **Florence**

Year 5 - **Ellie**

Year 6 - **Eliza**

**Well done
everyone for
showing respect.**

Attendance

Aiming for Above 95%

Winners on Friday of the
attendance award were:

Rec/Y1- well done!

Whole School 93%

Rec/1 98%

Y1/2 94%

Y3/4 94%

Y5/6 88.5%

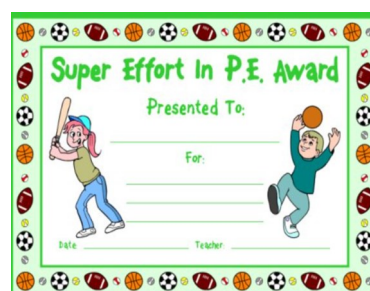


Mr Smith's PE Awards

This week Mr Smith has awarded his
KS1 PE certificate to **Benjamin in Y2**
who has shown excellent determination
in PE this week.

Robin in Y6 has also achieved a
KS2 certificate for showing great im-
provements in PE.

Well done!





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School News ...

HARVEST 2026

Harvest time is approaching, and Styal Primary School will, once again, be supporting our local food bank.

If you would like to make a donation, we would be grateful for contributions of tinned or dried food.

Please send any donations into school by Tuesday 20th October.

On that day, Clare Byfield, a lay preacher, will be leading a special Harvest Assembly with our children in the school hall.

Thank you all in advance for your generosity.

The Styal Primary School Team



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Community news ...



Run by Love Music Trust
Saturday 10 October 2026 · 10am–2pm
Music Department, Sandbach School

10am–10.45am

Beginner Brass Bonanza!

Open invite to anyone (young and old!) who has just started or would like to try out a brass instrument for the first time!

11am–11.45am

Folk Music Smash

Come and learn some great tunes. No experience necessary!

12pm–12.45pm

Ukulele for Beginners

1pm–1.30pm

Improvisation for the First Time

1.30pm–2pm

The Big Sing!

FREE TO ATTEND · NO EXPERIENCE NECESSARY

Please sign up via the link

<https://forms.gle/3YeqKLXZsGWwQJm96>



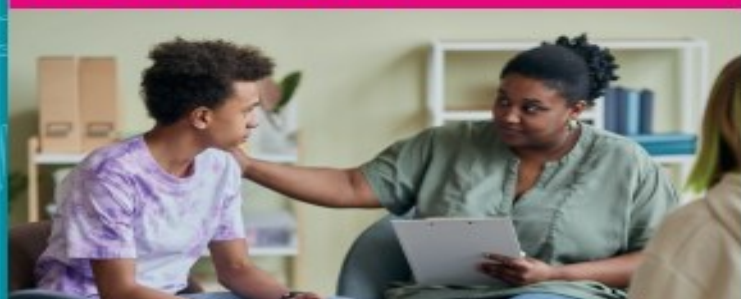
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Community news ...

Mental Health Support

If you are struggling with any mental health issue, it is important to get support. In addition to seeking support from within your school/college, there are a wide range of external support sources available.

Face-to-Face Support



You can access support via your GP who can refer you to other services such as Child and Adolescent Mental Health Services (CAMHS).

Over 16s can contact local NHS services to ask for a referral to face-to-face counselling support or cognitive behavioural therapy (CBT).

Under 16s can be referred for face-to-face counselling support or CBT by their GP, parent, carer or school.

You can sign up to community groups in your local area that help people with their mental health through peer support, nature and art. These friendly groups are usually promoted on your council's website or by local charities.

Apps



Tellmi

Connects people with similar problems, providing peer support & coping strategies.



Headspace

A mindfulness app that helps users learn to manage their feelings and thoughts.



distrACT

A self-care app that provides advice and support about self-harm & suicidal thoughts.



Chill Panda

Provides various tools and games to help with emotion regulation and stress-reduction.



Blue Ice (NHS prescribed)

A self-help app that provides advice and support on coping with self-harm.



Silvercloud (NHS prescribed)

Offers a range of programmes on CBT to help users manage their wellbeing.

Online & Telephone Support

Search

Kooth: An online mental wellbeing community offering support, including discussion boards and online chat.

🌐 www.kooth.com

Childline: Provides support to people under the age of 19, including 1-2-1 online counsellor chat.

🌐 www.childline.org.uk ☎ 0800 1111 (freephone)

The Mix: Supports people under the age of 25, via online 1-2-1 chat, social media and mobile.

🌐 www.themix.org.uk ☎ 0808 808 4994 (freephone)

Samaritans: Provides support to anyone in emotional distress, struggling to cope or at risk of suicide.

🌐 www.samaritans.org ☎ 116 123 (freephone) ✉ jo@samaritans.org

SHOUT: A free text messaging service that provides 24/7 support for anyone experiencing a mental health crisis.

☎ text 'SHOUT' to 85258 to start a conversation

Young Minds: Provides advice and support resources for a variety of mental health conditions.

🌐 www.youngminds.org.uk

Mind: Provides advice and support to adults and young people with mental health problems.

🌐 www.mind.org.uk



If you need urgent support, contact NHS Direct on 111. If you feel suicidal, or may have seriously harmed yourself, call 999, go straight to A&E or call your local crisis team.



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THANK YOU to Parents of Styal

Once again Parents of Styal organised a fantastic Colour Dash event for us in the summer term. Just look at how much fun everyone had! Thank you to everyone who made this event happen - it was great and incredible amount was raised for school too!

WELL DONE TO ALL WHO TOOK PART, VOLUNTEERED AND SUPPORTED OUR 2026 COLOUR DASH!!!

Parents of Styal would like to say a huge thank you to Styal Football Club for allowing it to be hosted there.

Without them this event would not be possible.

Thank you also to Shenton Farm shop and Blackcircles Pitstop for supplying the straw bales and tyres for some of our obstacles.





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