


WEEK 3	 MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b>	<b>Margherita Pizza</b>	<b>Beef Tacos and Salad</b>	<b>Sausages and Mash served with Gravy and Vegetables</b>	<b>Chicken Tikka Wrap</b>	<b>Fish Fingers with Fries</b>
<b>VEGETARIAN MAIN DISH</b>	<b>BBQ Tomato Pasta Bake</b>	<b>Meat Free Tacos and Salad</b>	<b>Meat Free Sausages and Mash and Vegetables</b>	<b>Quorn Tikka served with Rice</b>	<b>Quorn Dippers served with Fries</b>
<b>ACCOMPANIMENTS</b> 	<b>Seasonal Vegetables</b>	<b>Seasonal Vegetables</b>	<b>Seasonal Vegetables</b>	<b>Seasonal Vegetables</b>	<b>Seasonal Vegetables</b>
<b>DESSERTS</b>	<b>Shortbread</b>	<b>Sticky Toffee Cake</b>	<b>Fruit Jelly</b>	<b>Choc Chip Cookies</b>	<b>Ice Cream and Fruit</b>
<b>FRESH FRUIT &amp; YOGHURT</b>	<b>Fresh Fruit or Yoghurt</b>	<b>Fresh Fruit or Yoghurt</b>	<b>Fresh Fruit or Yoghurt</b>	<b>Fresh Fruit or Yoghurt</b>	<b>Fresh Fruit or Yoghurt</b>
<b>JACKET POTATO &amp; SANDWICH SELECTION</b>	<b>Jacket Potato or wrap</b>	<b>Jacket Potato or sandwich</b>	<b>Jacket Potato or wrap</b>	<b>Jacket Potato or Sandwich</b>	<b>Jacket Potato or wrap</b>



# MENU

Eating all your fruit & veg will help you grow **BIG** and **STRONG** (like me!)



**KEY**



- 1 OF YOUR 5 A DAY



- MEAT-FREE MONDAY



- CHEF'S CHOICE



- PLANT-BASED (VEGAN)

**\*Allergens and intolerances\*** All of our food is lovingly hand crafted and prepared on site daily. We have an allergen procedure in place, so please ensure you make our catering team aware of your allergens/ your child's allergens prior to using the restaurant. Our kitchens are used for multi-purpose production so we cannot guarantee the above dishes are completely free from allergenic ingredients or traces of these.