

PSHE Long Term Overview 2025-2026

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Families and Relationships	Citizenship	Safety	Health and Well-being	Economic Well-being Changing bodies	Changing bodies continued Transition
Year 2	citizenship	c/c history. What are we remembering on Remembrance Day?	Economic Well-being	Health and Well-being	Families and relationships	Safety and the changing body Transition
Year 3	Family and relationships	Health and wellbeing	Safety and the changing body	Economic Well Being	Citizenship	Transition
Year 4	Families and Relationships	Health and Well-being	Citizenship	Citizenship/Safety and the changing body	Safety and the changing body	Economic Well-being Transition
Year 5	Family and Friendships Local issues	Health and Wellbeing Fair Trade Chocolate	NET ZERO Design products to reduce pollution and climate change	Citizenship Justice system Parliament	Economic Wellbeing	Safety and the changing body Transition
Year 6	Family and Relationships	Citizenship	Health and Wellbeing c/c conservation	Health and Wellbeing	Safety and the changing body	Transition Stereotypes