



# Year 1: Growing and Caring For Ourselves

## Key Vocabulary

Sibling	A sister or a brother
Similar	Having a likeness
Different	Not the same; not alike
Family	People who care and love each other.
Boy	A child who identifies as a boy.
Girl	A child who identifies as a girl.
Male	A person who was biologically born as a boy.
Female	A person who was biologically born as a girl.
Lifecycle	How living things grow and change
Private	Something that belongs to you and is not for everybody else to see.
Vulva	A biological female's private part.
Penis	A biological males private part.
Bottom	The private part of a person's body, that they sit on.
Biological	The physical characteristics a person is born with.

## Some of the different types of families



Mum and dad



Mum and mum



Dad and dad



Foster parents



Grandparents



Just mum



Just dad

## Growing and Changing Lifecycle



Baby

Toddler

Child

Teenager

Adult

Elder