



Year 6: Preventing Early Use

Key Vocabulary

Canabis	A tall plant with a stiff upright stem, divided serrated leaves, and glandular hairs. It is used to produce hemp fibre and as a drug.
Volatile Substance	Household and workplace chemicals that people misuse to become intoxicated.
Accident	An incident that happens unexpectedly typically resulting in damage or injury.
Unconscious	Not awake/aware of and responding to their environment.
Medicine	A drug or other preparation for the treatment or prevention of disease.
Breathing	Process of taking air into and expelling it from the lungs.
Choking	To have severe difficulty in breathing because of a constricted or obstructed throat or a lack of air.
Sniffing	The action of drawing in air audibly through the nose.
Inhaling	To breathe in (air, gas, smoke, etc.).
Recovery	A return to a normal state of health, mind, or strength.
First Aid	Help given to a sick or injured person until full medical treatment is available.
Emergency	A serious, unexpected, and often dangerous situation requiring immediate action.

Volatile Substance Abuse

Facts	Risks	Effects
Most homes contain over 50 products that are volatile substances.	You might feel dizzy, have the giggles and have difficulty in thinking straight.	People can be sick and blackout. Too much can result in a coma.
It kills more children and young people aged 10-15 than all illegal drugs put together.	Some substances can leave a red rash around the mouth and make you hallucinate.	Long-term abuse of solvents has been shown to damage the brain, liver and kidneys.

Effects of CANNABIS on the body

