



Year 3
PSHE- Anti-Bullying

Key Vocabulary

<i>Bullying</i>	<i>Repetitive, intentional hurting of another person</i>
<i>Intentional</i>	<i>Doing something on purpose not by accident</i>
<i>Verbal bullying</i>	<i>Calling people names or being hurtful, verbally threatening someone</i>
<i>Emotional bullying</i>	<i>Leaving people out, giving them the silent treatment, whispering about them</i>
<i>Physical bullying</i>	<i>Hurting someone e.g. hitting, kicking, pushing, tripping up</i>
<i>Cyberbullying</i>	<i>Bullying someone online by sending messages/pictures to them or to other pupils about them</i>

How does bullying make people feel?



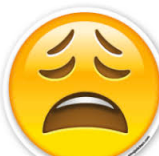
Upset



Lonely



Worried



Angry



Scared



We all play our part - we need to know them all so we can choose to help.



'Target'

The person who may be being bullied



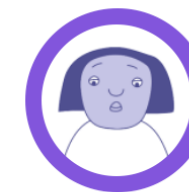
'Ringleader'

Leads the bullying but may be a bully



'Outsider'

Ignores it is happening, does not tell anyone



'Reinforcer'

Encourages the bullying/might laugh about it

INCLUDING PEOPLE WHO ARE ALONE IN THE PLAYGROUND IN YOUR GAMES

How can I show people respect and help?

TELLING AN ADULT WHEN YOU SEE UNKIND BEHAVIOUR

ASK BEFORE YOU BORROW SOMETHING FROM A CLASSMATE



LISTENING WHEN SOMEONE IS SPEAKING