



# Knowledge Organiser

## Dance Year 1



### Ladder Knowledge



#### Actions:

Actions can be linked to create a dance.

#### Dynamics:

You can create fast and slow actions to show an idea.

#### Space:

There are different directions and pathways within space.

#### Relationships:

When dancing with a partner it is important to be aware of each other and keep in time.

#### Performance:

Stand still at the start and at the end of the dance. It will let the audience know when you have started and when you have finished.

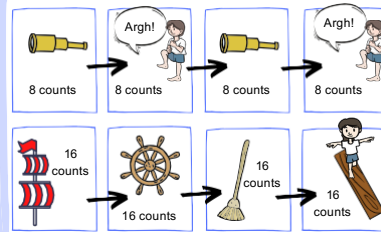
### About this Unit

Here are some themes that you may explore in this dance unit...

#### The Weather



#### Pirates



How would these toys move?

#### TOYS



#### On Safari



### Movement Skills

- actions
- dynamics
- space
- relationships

This unit will also help you to develop other important skills.

**Social**

respect, work safely, collaboration, communication

**Emotional**

empathy, confidence, acceptance, determination, kindness

**Thinking**

creativity, select and apply actions, copy and repeat actions, provide feedback, recall

### Strategies

Use big, clear actions. It will help the audience to see you clearly.

### Healthy Participation



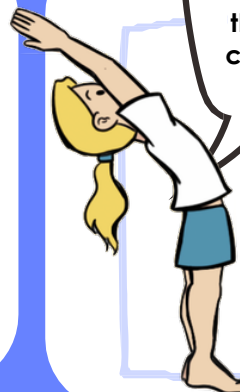
- You should be bare foot for dance.
- Ensure you always work in your own safe space when working on your own.

### Key Vocabulary

action	direction	
balance	fast	quickly
beat	level	slow
copy	pathway	slowly
counts	pose	timing



If you enjoy this unit why not see if there is a dance club in your local area.



This unit will help you to:

- balance
- move different body parts at the same time
- be more flexible

### Home Learning



Find more games that develop these skills in the Home Learning

Active Families tab on [www.getset4education.co.uk](http://www.getset4education.co.uk)



### Animal Dance



How to play:

- Create a short dance that uses the movements of an animal of your choice.
- Try not to just act like the animal, but use their movements e.g. the way they crawl, walk, sleep or jump.
- Think about how quickly or slowly they move.
- Think about how they move e.g. bouncy, smoothly.
- Choose some music that suits your animal too.



Show your dance to a family member or friend.



[www.getset4education.co.uk](http://www.getset4education.co.uk)

Head to our youtube channel to watch the skills videos for this unit.



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