



Queen's Park C.E./U.R.C. Primary School

Queen's Park Post Friday 16th October
2026

Our value this term is **thankfulness**. 'Always be thankful' Thessalonians 5:16

Message from Miss Bolan

Dear Parents,

It's hard to believe we are nearly at half term and Autumn One is almost done. Time really does fly when we're having fun!

It has been wonderful to see so many parents in Reception and Year One this week. Thank you for coming along. Your presence means a great deal to the children and to all of us.

Our handwriting sessions have been a real success and it has been lovely to see the progress the children are making. Thank you, too, for the amazing feedback you have shared with us. It tells us that our work is really helping you to support your child at home and that is exactly what we hope for.

Our next term will have a focus on reading. I have popped the next round of dates below so you can plan ahead.

This week we also welcomed a very special visitor into school, who worked with our Key Stage 1 children. The children learned all about Judaism and it was a wonderful experience for everyone. Hearing about faith first-hand gives our children the chance to learn about other World Faiths and it helps to build tolerance and respect for others. These values are at the heart of who we are.

Now for some celebrations. It was a privilege to organise and attend our first Primary All Stars Award. Borough-wide nominations were received across 10 different categories and it was a joy to celebrate our wonderful children. The stories we heard were inspiring, including children who have overcome adversity and children who have shown outstanding friendship. Florence in Year Six, was nominated and was chosen to receive a ward for Sporting Excellence. Florence is a dedicated and talented gymnast who represents her team, the North West and our school. Her talent is breathtaking and she may well be a future Olympian in the making. Well done, Florence. We are all so proud of you. I have copied the link to the full article in the St Helens Star below.

<https://www.facebook.com/share/p/1KRrnL1wuQ/>

Our year two completed their passion project as well as some Geography learning this week. On Monday, they walked to Taylor Park, learned all about Samuel Taylor and posted posters reminding the park users to clean up after their dogs. What a great message to give to our community. Well done year two!

Finally, a few reminders:

Car Park next to school

- **Coats:** We have children arriving without coats. Please make sure your child has a coat for the colder weather.
- **Footwear:** Some children are not wearing the correct footwear. Please check that your child's shoes meet our school requirements
- **Head lice:** Please check your child's hair for headlice and treat it if necessary.
- **Car Park next to school** - Will be locked from next week from 9.10am to 2.40pm.

- **Monday 2nd November** - school is closed to all children.
- **EYFS and Y2 Nativity Dates below**

Thank you, as always, for your continued support.

Miss J. Bolan











Parking

We have had more complaints from residents about our parents parking irresponsibly across their driveways. I appreciate that mornings are busy and you want to drop and go however, please consider how you would feel if you were unable to leave your home because someone had parked across your driveway. We are so fortunate to have a huge car park that we can use. Please consider others when you are parking.

Breakfast Club

Breakfast club is a real hit! We are getting up to 80 children coming through to have breakfast for free with us. Just a few reminders

1. Breakfast club opens at 8:15am.

2. Please don't send your child in with snacks as these will be removed from your child and they will be offered an alternative.
3. Squishys are not allowed in breakfast club. Please leave these at home.

The Queen's Park Way

At Queen's Park, we believe that children thrive when expectations are clear, consistent and understood by everyone.

The Queen's Park Way is our shared approach to behaviour and relationships. It provides a consistent set of expectations and shared language that is known and understood by all children and staff across our school.

This means that, wherever children are in school and whoever they are working with, they know what is expected of them and what they can expect from the adults around them.

The Queen's Park Way helps us to:

- Set clear and consistent expectations for behaviour.
- Use the same language when talking to children about choices, behaviour and relationships.
- Recognise and celebrate positive behaviour and children who demonstrate our school values.
- Respond consistently and fairly when expectations are not met.
- Help children to understand why expectations matter and take responsibility for their choices.
- Create a school environment that is calm, safe, respectful and purposeful.

Consistency does not mean treating every child exactly the same. We recognise that children have different needs and may require different support or reasonable adjustments. However, the expectations remain clear and the approach is understood by everyone.

The Queen's Park Way is about creating a strong sense of belonging, respect and shared responsibility. When children, staff and families understand and reinforce the same expectations, we create the conditions for every child to feel safe, valued and ready to learn.



Squishes and Fidget Toys

We would like to remind families that squishes, fidget toys and similar items should not be brought into school, unless they have been specifically agreed as an adaptation to support an identified SEND need.

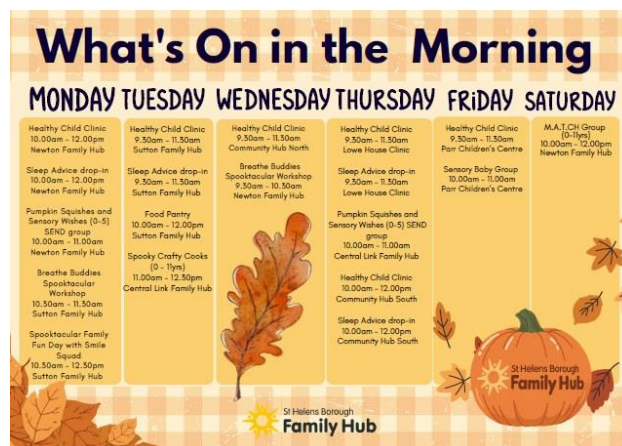
We understand that children enjoy using these items and they can be useful tools for some children when they are used appropriately as part of an agreed support strategy. However, we are currently finding that toys brought from home are becoming a significant distraction in school. They can lead to children:

- becoming distracted from their learning;
- comparing, swapping and trading toys;
- toys being lost or broken, which can cause upset;
- disagreements between children;

A considerable amount of staff time being spent managing these issues. This takes valuable staff time away from teaching, supporting children's learning and attending to pupils' wider needs. From now on, if a squish, fidget toy or similar item is brought into school without prior agreement, it will be removed from the child and kept safely until the end of the school day. The item will then be returned to the child with a reminder that it should be taken home and not brought back into school.

Where a fidget or sensory item is an agreed teaching or sensory aid linked to a child's SEND needs, this will continue to be supported and managed appropriately by school staff. We appreciate your support in helping us to maintain a calm, purposeful learning environment where children can focus on learning, friendships and enjoying their time at school.

Family Hub - Half Term



What's On in the Afternoon

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

Autumn Crafts (2 - 14yrs) 1.00pm - 2.00pm Newton Family Hub Lego Construction Club 1.00pm - 2.00pm Central Link Family Hub Spooky Crafty Cooks (0 - 11yrs) 5.30pm - 4.30pm Parr Children's Centre	Ready, Steady School Lunch Club 1.00pm - 2.00pm Central Link Family Hub Breathie Buddies Spooktacular Workshop 1.00pm - 2.00pm Parr Children's Centre SEND Specific Family Film Night 2.30pm - 4.30pm Newton Family Hub	Coffee/Tea Tots including Spooktacular Workshop with Breathie Buddies 1.00pm - 3.00pm Central Link Family Hub SEND Specific Family Film Night 2.30pm - 4.30pm Sutton Family Hub	Pumpkin Squishes and Sensory Wishes (0-5) SEND group 1.00pm - 3.00pm Sutton Family Hub Lego Construction Club 3.00pm - 4.00pm Parr Children's Centre
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St Helens Borough Family Hub

Group Descriptions

Autumn Crafts – an interactive arts and craft session using natural resources

Baby Sensory Group – a group aimed at babies aged 0-12 months to promote bonding and developing new skills. Meeting new mums/dads and learning through play

Coffee/Tea Tots – is facilitated within our family friendly café where you can relax and enjoy free healthy food and drinks; toys and books are available for little ones.

Food Pantry – Pantries operate as a member-led neighbourhood and are just like a shop, in that you choose the food from the shelves. Members pay a small subscription each week they visit, and in return can choose groceries worth many times more, often saving up to £1,000 a year on shopping bills.

Lego Construction Club – join us for a family session of Lego builds and construction fun and become a family of Master Builders!

Group Descriptions

M.A.T.C.H – (Men And Their Children) - A bespoke group for dads/granddads, uncles, male carers and their children to communicate and enjoy quality time together to strengthen their bond. Various indoor and outdoor activities are organised with free food and refreshments provided.

Pumpkin Squishes and Sensory Wishes - A fun, welcoming sensory SEND group where little ones can explore, play and learn through their senses. Each session includes a mixture of sensory activities, messy play, movement, sounds, textures and opportunities for little ones to explore at their own pace.

SEND specific family film afternoon – enjoy a free film at our Sutton Family Hub! Open to all ages

Sleep advice drop-in – our free Sleep advice aims to support you in understanding why your child may be struggling to sleep, possible causes of sleeping issues and importantly, what you can do to help your child and family to get better sleep. For children 1 year and above.

Spooky Crafty Cooks – a fun and interactive cookery session for children aged 0 - 11 yrs.

Welcoming Every Child

Sensory Haven

Book a 45minute slot in our Sensory Haven for FREE

01744 673 420

PERFECT for your SEND child

A safe outdoor, enclosed space to support childrens SEND and sensory needs

St Helens Borough Family Hub

Sutton Family Hub
St Helens

New and Interactive Sensory Room

For Ages (0-4) and SEND

Book a 30-minute session to learn, play, and enjoy quality time together.

Our Interactive Sensory Room offers a safe, engaging, and stimulating environment.

Monday to Friday
Newton Family Hub
Book your slot today!

St Helens Borough Family Hub

A space for sensory play, exploration, communication, movement, and relaxation.

Check us out!





St Helens Family Hub



sth_familyhubs



padlet.com/familyhubb

To reserve a place on any of the Family Hub and Children's Centre activities, please call Central Link Children's Centre on 01744 673445, Parr Children's Centre on 01744 671788 or alternatively message us via our Facebook page: @StHelensfamilyhub

Pumpkins, Squishes & Sensory Wishes

Come along for a gentle, playful, sensory-filled morning

For children ages 0-5 with SEND

- Pumpkin messy play - squish, scoop and explore.
- Sensory experiences in a relaxed, child-led environment.
- Explore at your own pace with no pressure or expectations.
- Decorate your own biscuit and enjoy your creation.
- Juice refreshment included.
- Sneak peek of our brand-new sensory room.

Little ones can explore, discover and enjoy sensory play at their own pace, with plenty of opportunities for fun and connection.

St Helens Borough Family Hub

Monday 26th October - Newton Family Hub 10:00am-11:00 am
 Thursday 29th October - Central Link Family Hub 10:00am - 11:00am
 Friday 30th October - Sutton Family Hub 10:00am - 11:00 am

Inspired by The Pumpkin Thief!

Take a look at some of our groups after half term

Ready, Steady, School

Helping Children get ready for school through healthy play, learning, play and positive routines.

Start the day with a healthy breakfast, fun activities and more!

Central Link
Tuesday 11:00am - 2:00pm

Blackburn Family Hub
Wednesday 10:00am - 2:00pm

Parr Family Hub
Thursday 11:30am - 2:30pm

Small Steps, Big Smiles

OUR SEND-FRIENDLY GROUP

Sensory play
Fun activities
Family connection
Meet other families
Support your child's development

Ages 0-5

Where & When

MON - Sutton 10:00am - 11:00am
TUE - Central Link 10:00am - 10:30am
WED - Parr 11:30am - 2:30pm
THU - Merston 11:30am - 12:30pm

Meet - Play - Connect

Grandparents Group

Come and join us

Making memories with your grandchild, one play session at a time.

Fridays
9:30am - 10:30am

Parr Childrens Centre

Families Voices

COME JOIN THE CONVERSATION

Your Truth **Our future**

Your ideas could help shape our Family hubs and Children Centres in St Helens.

Next meeting
16th October 2026
12:30pm - 2:30pm

BEST START IN LIFE

Email us thesoundcentering@sthelens.gov.uk to find out more or come along on the day.

Your voice matters. Help shape the future of Family Hubs in St Helens.

Sutton Family Hub, WA9 3PY

Staying Safe Online

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National College Safety, these guides now editors under topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about TIKTOK

Online videos are often associated with apps such as YouTube, but among teens, TikTok is king. The app provides a potentially addictive, never-ending stream of short clips tailored to users' interests based on their viewing habits. Around half of British children use TikTok, and while most content is benign, Ofcom considers it the app where young people are "most likely to encounter a potential harm".

WHAT ARE THE RISKS?

AGE-INAPPROPRIATE CONTENT

TikTok's following feed shows videos from known creators, while the 'For You' feed serves videos clips based on viewing history's most common themes. But on TikTok, content can still appear, and reaching it is not enough to get it removed. Although TikTok bans illegal or inappropriate content, the volume of posts means some slip through, increasing the chance that children encounter age-inappropriate content before it is detected or removed.

CONTACT WITH STRANGERS

Between 1.6 and 1.9 billion people use TikTok, meaning there's a high risk of unwanted contact from strangers. Accounts created by young people (or young people using a fake date of birth) are set to public, even by default. This means that not only is someone's profile visible to everyone else on the app, it also suggests their video to others and allows anyone to download or comment on them.

BODY IMAGE AND DANGEROUS CHALLENGES

Ofcom reports that most online harms for girls involve body image, while boys more often see dangerous challenges. Both issues appear frequently on TikTok and spread quickly through its engagement-driven algorithm. Notable challenges have included the "blackout" trend, where users find their friends until passing out, because they believe other children died linked to the trend, showing how serious or risky content can rapidly reach young people and negatively influence them.

MISINFORMATION AND RADICALISATION

TikTok's short videos may appear light-hearted, but they can expose young people to harmful ideas about terrorism, extremism, and Ofcom reports that nearly one third of 12-15-year-olds use TikTok as a news source, increasing the chance of extremist, misogynistic, extremist or conspiracy material. Even brief clips can influence impressionable users and shape their worldview, making discussions about online sharing, inappropriate and online influence really important for parents and educators.

IN-APP SPENDING

TikTok is free, but children can still spend money. TikTok costs, costing £9.99 to £24.99, let users buy gifts for creators. TikTok Shop adds risk by allowing purchases from influencers or companies sometimes leading to poor quality items driven by persuasive marketing. A 2020 investigation found TikTok collected personal data from many children by logging and recording their age, gender, location, meaning young users may lose control over their personal information.

ADDICTIVE DESIGN

TikTok's fast-paced stream of eye-catching videos can be potentially addictive for young users. In 2024, on average, children spent an average of 57 minutes per day on the platform, with the time recorded in 2020, however, it can still be high. The app's design, and distance from real-life activities, constantly slipping between short clips may also affect attention span, making it harder to focus on longer tasks such as homework or reading.

Advice for Parents & Educators

ENABLE FAMILY PAIRING

Family Pairing allows parents to link their TikTok account to their child's in order to manage settings remotely. Parents can then turn on Restricted Mode (preventing the chance of a child seeing inappropriate content), set screen time limits, make accounts private and manage whether their child can send messages – and if they can, to whom. Children cannot alter these settings and parental approval.

BLOCK IN-APP SPENDING

Parents can restrict in-app purchases on iPhone and Android devices to prevent accidental or impulsive TikTok spending. Young people can easily spend large amounts on TikTok items or use quality products provided through TikTok Shop. If a disappointing purchase occurs, turn it into a discussion about influencer marketing and how online purchases can be misleading.

DISCUSS THE DANGERS

If a child wants to use TikTok and you're happy for them to do so, it's good practice to discuss the potential risks. Ensure they don't share any identifying personal information or respond to dangerous trends, and that they know to look it is hidden out if they're worried by interactions on the app. With more teens using TikTok for news, it's important to talk about misinformation and propaganda.

READ THE SIGNS

If you're concerned that a child is spending too much time on TikTok, or that they've been emotionally affected by something they've seen, it's important to know how to spot the signs. Increased irritability and a lack of concentration are potential red flags. It's failing to complete homework or skipping meals. Remember, the potential harms are there for a reason, and it's never too late to introduce limits.

Meet Our Expert

Alan Martin is an experienced technology journalist who has written for the likes of Wired, TechRadar, Tom's Guide, The Evening Standard and The New Statesman.

WakeUpWednesday The National College

Follow us on social media: @wake_up_weds, www.thenationalcollege, @wake.up.wednesday, @wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Review date: 26.11.2024

St Helens Santa Dash - Willowbrook Hospice



The poster is for the St. Helens Santa Dash, a fundraising event for Willowbrook Hospice. It features a light blue background with snowflake graphics. At the top left, the title 'St. Helens Santa Dash' is written in a large, red, cursive font, with a Santa hat icon above the 'S'. To the right is the Willowbrook Hospice logo, which includes a stylized blue bird and the text 'WILLOWBROOK HOSPICE' and 'Every Contact Counts'. Below the title, the date 'Sunday 29th November' and '11.00am start At the BrewDog Stadium' are printed in a dark blue, sans-serif font. The ticket prices are listed in red: 'Adult €10, Child €5, Family of 4 €20'. There are four circular photographs: one of a family in Santa suits, one of Santa Claus, one of a group of people in Santa suits, and one of a group of people in athletic wear. At the bottom left, it says 'In partnership with St. Helens R.F.C.' in red. On the right, there is a QR code with the text 'BOOK HERE:' above it. The bottom of the poster contains logos for the Fundraising Regulator (FR), KCC, and St Helens College, along with the website 'www.sthelenshospice.org.uk' and the slogan 'Every Contact Counts'.

St. Helens Santa Dash

Sunday 29th November
11.00am start
At the BrewDog Stadium

Adult €10, Child €5,
Family of 4 €20

BOOK HERE:


In partnership with St. Helens R.F.C.

Registered with
**FUNDRAISING
REGULATOR**
Registered charity no. 1050146

Proudly sponsored by
KCC
St Helens College

www.sthelenshospice.org.uk
Every Contact Counts

Hope Pantry Relocation



HOPE PANTRY
RELOCATION

Hope Pantry has moved to
St Luke's Church, Knowsley Road, WA10 4PU

Wednesdays
11:00am - 1:00pm

Joining the pantry gives you access to food including
fresh fruit and vegetables and store cupboard favourites
that will often value £15-20 or more, helping your money
stretch further.

For more information
please visit hopecentre.org.uk

1 - For more information please visit hopecentre.org.uk

Early Years Workshops



Early Years Workshops

Are you interested in a career early years?
Would you like to learn more about
how to support your own child?

A series of 3 all-day workshops:

- ✓ Your First Steps into Early Years – 4th Nov
- ✓ Supporting Children's Well-being in EYs – 11th Nov
- ✓ Keeping Children Safe in an Early Years Setting – 18th Nov

FREE!

Course can be stand alone or you can attend all three!

Contact us to find out more:

Call or Text: Teresa Slee 07749709715 or call 01744 677328
Email: teresaslee@sthelens.gov.uk
OR
Call our Admin team: 07702 959814
Email: adultlearning@sthelens.gov.uk

QR code: SCAN ME!

Logos: YOUNG FIX, LIVERPOOL CITY REGION, Adult Learning, St Helens

Each workshop is a standalone session, so you can book individual workshops or all three by using the contact details on the flyer.

Arbor Parent App



We are pleased to let you know that we are now using the **Arbor Parent App** as our new all-in-one parent communication platform. This means that **ParentPay** will no longer be used and **ClassDojo** will soon be only for rewards and behaviour points, as all school communications, payments, and other important information will be managed through the Arbor Parent App.

We kindly ask all parents and carers to download the app now and sign in using the **email address currently held by the school**. If you experience any difficulties accessing your account or have any questions, please contact the school office.

School Grid for ordering lunches will remain as a separate app.

Sports at Queen's Park





We are really committed to ensure our children get their full entitlement of our PE curriculum alongside opportunities to take part in Sports tournaments. We have two Sports Journalists now - Ava and Nathaniel. Every week, they will be writing a short report on the tournaments that have taken place. So much goes on here and we need to ensure we are sharing all these wonderful opportunities with you. Ava and Nathaniel - over to you!

Y6 Boys Football at De La Salle - Monday 5th October

The boys reported that it started on time and it was very well organised. They showed great teamwork and good communication. They had fun and showed the QP Way throughout.

Padel - Wednesday 7th October

The group enjoyed learning a new skill as some children had never played Padel before. They learned how to throw, catch and hit the ball. They joined in some team games and had a great time.

Year 4 Girls Football Thursday 8th October

The girls said that tackling and scoring goals was their favourite part. The girls were sensible and showed our QP Way. The teachers said they were fantastic

Y3/4 Boys Football - Tuesday 13th October

The boys said the best part was having fun and scoring goals. They also said they all showed the QP Way. They said they scored a lot of goals and the teachers went on to say they showed great teamwork and sportsmanship.

Reading Rocks!

Please join us next term for our 'Reading Rocks' session. You will see a live lesson on phonics or guided reading and it will hopefully help to support your child at home.

Wednesday 4th November Year 6/ Year 5 - 9am

Wednesday 11th November Year 4/ Year 3 - 9am

Wednesday 25th November Year 2 /Year 1/EYFS - 9am

Creative Writing Workshops



The Future
2050

POSTCARDS FROM THE FUTURE: FREE CREATIVE WRITING WORKSHOPS FOR CHILDREN AGED 7-11

We've teamed up with Read Now Write Now to run FREE workshops where children can learn about what life could be like in 2050 and get creative by writing a short, inspiring story and designing an illustration about the future.

These workshops will take place at:

St Helens Library:	Tuesday 27th October,	10.30am to 12.30pm
Newton Le Willows Library:	Wednesday 28th October,	10.30am to 12.30pm
Chester Lane Library:	Thursday 29th October,	10.30am to 12.30pm
Thetford Heath Library:	Friday 30th October,	10.30am to 12.30pm

To book onto one of the workshops please go to our Eventbrite page (there are limited spaces at each venue) via tinyurl.com/j2upcvv or use the QR code below.



For more information about these sessions please go to our blog tinyurl.com/2mnc6u65 or email charles@readnowwritenow.org.uk. Please note that sessions will be accessible and inclusive.

Phonics Links

We have created this document so that all of the phonics links we send home are in one place. You could watch one video, two videos or even 3 videos a week! It's completely up to you.

Watch, watch and watch again - each one of the links will be a fantastic chance to practise recognising sounds and reading words, both real and alien. Don't forget to comment in your

child's reading record book which video they have watched, it all counts towards their weekly reads.

<https://sway.cloud.microsoft/OmZ2t4GdEsKSJTmW?ref=Link>

Understanding Phonics



Understanding Phonics:
Supporting Early Reading and Writing

Are you interested in finding out how children learn to read and write?

This course will support you to:

- ✓ Understand how phonics is taught in school
- ✓ Understand key phonics terminology
- ✓ Discover ways to support children's reading and writing skills at home or in a childcare setting

FREE!

Sessions on 8th, 15th and 22nd Oct 2026

Contact us to find out more:
Call or Text: Teresa Slee 07749709715 or call 01744 677328
Email: teresaslee@sthelens.gov.uk
OR
Call our Admin team: 07702 959814 Email: adultlearning@sthelens.gov.uk

QR code: SCAN ME!

Logos: matrix, LIVERPOOL CITY REGION, Adult & Community Learning, ST HELENS

Pupil Pick

CALLING ALL PUPILS & PARENTS!

Now is the time to cast your votes and decide on your school menu. You're in control!

[Catering Service Event - Pupils Pick! 2026/2027](#)

On the 14th of January, We will be serving food that has been voted and chosen by pupils as the St Helens Catering Service's pupils pick day returns. It's a great opportunity to get involved, try

new food and celebrate with us. The occasion is aimed to be pupil focused giving every child a real voice.

Votes must be placed by the close of play - **Friday 23rd October**

VOTING IS NOW OPEN!

Important Allergy/Food Information



St Helens Catering Service-School Lunch Special Dietary Request

Please remember to inform St Helens Catering Service if your child has a food allergy / intolerance / special requirement e.g. halal menu, The QR code will take you to a form to complete for the Catering Dept. If you need a paper copy, please pop into the office.

Once complete, can you check that the information has appeared on your School Grid account.

Green Tip of the Week



SEND in the Spotlight

There are three types of activity that can be used to help sensitive children and young people. These activities can help them regulate their senses. The activities can be used in any kind of environment.

Alerting - helps children with low energy

Organising - helps children to focus on a task

Calming - helps children with high energy

You can use these types of activities individually or as part of a circuit. Circuits can be used at home or in school. The circuit can be used to help establish, restore or maintain your child's ability to self-regulate their nervous system.

ALERTING

1 ALERTING ACTIVITIES

The aim of the alerting activities is to provide vestibular and proprioceptive stimulation within a controlled setting. This prepares the brain for learning.



VESTIBULAR

Vestibular input is the sense of movement, centred in the inner ear. Any type of movement will stimulate the vestibular receptors, but spinning, swinging, and hanging upside down provide the most intense, longest lasting input.

EXAMPLES OF ALERTING ACTIVITIES

- Bouncing 10 times on a mini trampoline / trampette
- Bouncing 10 times on a space hopper.
- Going on a scooter / scooter board
- Jumping on the spot / jumping jacks
- Running / shuttle runs
- Rolling forward and back over a peanut ball
- Bouncing up and down while sitting on a peanut ball

ORGANISING

2 ORGANISING ACTIVITIES

This section includes activities that require motor sensory processing, balance and timing. The child needs to organise their body, plan their approach and do more than one thing at a time in a sequential order.

EXAMPLES OF ORGANISING ACTIVITIES

- Balancing on a beam
- Log rolling
- Climbing wall bars
- Throwing bean bags into a target
- Arm push ups against the wall
- Blowing bubbles or blowing a paper ball to a target
- Wobble boards for balance work

★ These are skills that may increase a child's focus, attention span and performance within the classroom.

CALMING

3 CALMING ACTIVITIES

Finishing the circuit with calming activities ensures that the child leaves the circuit (or returns to the classroom) feeling calm, centred and as ready for the day as possible.

EXAMPLES OF CALMING ACTIVITIES

- Deep pressure (e.g. bean bag squeeze)
- Stretching
- Animal walks (bear crawl, crab walk, etc.)
- Quiet balance (e.g. standing like a tree)
- Deep breathing (ex. balloon breathing)
- Listening to calming music / mindfulness

♥ These activities help the body and mind return to a calm, ready state for learning.

Dates for your Diary

Thursday 22nd October - Autumn Parents' Evening EYFS to Y5

Friday 23rd October - school finishes for half term

Tuesday 3rd November - School Re-opens

Thursday 3rd December - EYFS Parents Nativity Performance

Thursday 10th December - Y2 Parents Nativity Performance



Attendance Matters

Every student. Every day.



ATTENDANCE MATTERS.
ALL DAY, EVERY DAY

Penalty Notice Fines for School are changing

These changes came into force from 19th August 2024

- 1st Offence**
The first time a penalty notice is issued for term time leave or irregular attendance it will be: **£160** per adult, per child (paid with 28 days) Reduced to **£80** per adult per child if paid in 21 days.
- 2nd Offence (within three years)**
The second penalty notice issued for term time leave or irregular attendance it will be: **£160** per adult per child, paid within 28 days. There will be no reduced rate offered
- 3rd Offence and any further offences in three years**
The third time an offence is committed for term time leave or irregular attendance a penalty notice will not be issued. The case will be presented to the Magistrates Court. Magistrates fines can be up to **£2500** per parent, per child.
Cases found guilty in the Magistrates' Court can show on a parent's future DBS certificate due to failing to safeguard a child's education

10 sessions (5 days) within a 10-week period
Penalty Notice Fines will be considered when there has been 10 sessions of unauthorised absence within a 10-week period

- *children had perfect attendance last week! Can we beat this next week?*

Attendance Update

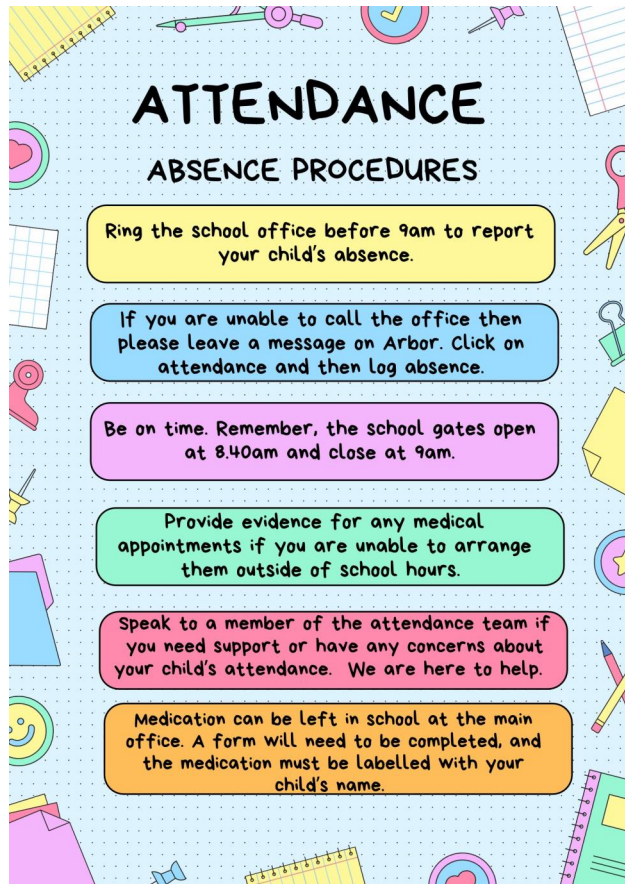
We work really hard each and every week to make sure every class beats out school target of 97% - this will help us to succeed

Our Attendance this week - --%

Our Attendance this year so far - --%

Unfortunately due to Arbor being down we have no figures this week.

Cotton Eye Joe was today's Feel Good Friday song chosen by Q1.





Dojo Winners



PR Megan W

QR Savannah J

P1 Adam M	Q1 Kobie Rose H
P2 Nurain A	Q2 Cienna S
P3 Gwendolyn R	Q3 Vanessa M
P4 Lyla O	Q4 Elliot R
P5 Alex R	Q5 Isla R
P6 Aamir A	Q6 Lexi G

Star Badge Winners



PR Lavayah Rose PR	QR Oceana J
P1 Billy M	Q1 Ayusman K
P2 Reuben O	Q2 Ava P
P3 Harry M	Q3 Harry C
P4 Eliza Mae H	Q4 Darcie M
P5 Adwaita R	Q5 Alex M
P6 Lucas H	Q6 Rory M

The Queens Park Way Award

PR Sarah K	QR Grace G
P1 Chizaram M	Q1 Shakirah A
P2 Layla W	Q2 Paisley B
P3 Daisy Mae P	Q3 Theo T

P4 Olivia G

Q4 Elva G

P5 Ivy R

Q5 Tommy B

P6 Amelia J

Q6 Amelia F

**Some of the wonderful achievements and adventures of our children
this week**





2 - Another triathlon completed by Faith. Well Done.





3 - Eveline received the awesome award at football this week for working really hard on her dribbling and tackling techniques.



4 - Ava helped with the prayer over the water at a christening. She read it in front of the whole church



Have a wonderful weekend!