DISHES AND THEIR ALLERGEN CONTENT – St Mary of the Angels Primary School – Week 1 (gluten free options available)

DISHES						Lupin Flour	Milk		MUSTARD			ISLAM!		WNE Geer WNE
	Celery	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pizza – Cheese & Tomato and Potato Wedges		V					√							
Pizza – Ham & Pepperoni and Potato Wedges		V					V							
Creamy Chicken Curry with Rice and Naan Bread							$\sqrt{}$		√					
Quorn Curry with Rice and Naan Bread				$\sqrt{}$			$\sqrt{}$		√				√	
Naan Bread														
Sausage & Mash		V					V							√
Quorn Sausage & Mash		V					V							
Lasagne & Garlic Bread		√							√					
Quorn Lasagne & Garlic Bread		V		V			V						1	
Fish & Chips		V												

Review date: 10/10/25 Reviewed by: Mrs H. Stott



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DISHES					No.	Jupin Flour	Milk		MUSTARD			SSEAME OK.		Boor
	Celery	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Jacket Potato														
Cookies														
Iced Sponge		√					1							
Jelly														
Muffins		√		V			√							
Chocolate Brownie		√												
Fruit Pots														
Yogurts							V							
Cheese							V							
Crackers		√												

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You can find this template, including more information at www.food.gov.uk/allergy

DISHES AND THEIR ALLERGEN CONTENT – St Mary of the Angels Primary School – Week 1 (gluten free options available)

DISHES						Lupin Flour	Milk		MUSTARD					Beer WNE
	Celery	Cereals containing gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide

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